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(54) Title: COMBINATION THERAPY FOR THE TREATMENT OF DIABETES

(57) Abstract: The present invention relates to compositions comprising an anti-obesity agent and an anti-diabetic agent useful for the treatment of diabetes, diabetes associated with obesity and diabetes-related disorders. The present invention further relates to methods of treating or preventing obesity, and obesity-related disorders, in a subject in need thereof by administering a composition of the present invention. The present invention further provides for pharmaceutical compositions, medicaments, and kits useful in carrying out these methods.



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## TITLE OF THE INVENTION

## COMBINATION THERAPY FOR THE TREATMENT OF DIABETES

## BACKGROUND OF THE INVENTION

5 Diabetes is caused by multiple factors and is most simply characterized by elevated levels of plasma glucose (hyperglycemia) in the fasting state. There are two generally recognized forms of diabetes: type 1 diabetes, or insulin-dependent diabetes mellitus (IDDM), in which patients produce little or no insulin, the hormone which regulates glucose utilization, and type 2 diabetes, or noninsulin-dependent diabetes mellitus (NIDDM), wherein patients produce insulin and even exhibit  
10 hyperinsulinemia (plasma insulin levels that are the same or even elevated in comparison with non-diabetic subjects), while at the same time demonstrating hyperglycemia. Type 1 diabetes is typically treated with exogenous insulin administered via injection. However, type 2 diabetics often develop "insulin resistance", such that the effect of insulin in stimulating glucose and lipid metabolism in the main insulin-sensitive tissues, namely, muscle, liver and adipose tissues, is diminished. Patients who are  
15 insulin resistant but not diabetic have elevated insulin levels that compensate for their insulin resistance, so that serum glucose levels are not elevated. In patients with NIDDM, the plasma insulin levels, even when they are elevated, are insufficient to overcome the pronounced insulin resistance, resulting in hyperglycemia.

Insulin resistance is primarily due to a receptor binding defect that is not yet completely  
20 understood. Resistance to insulin results in insufficient activation of glucose uptake, diminished oxidation of glucose and storage of glycogen in muscle, inadequate insulin repression of lipolysis in adipose tissue and inadequate glucose production and secretion by the liver.

The persistent or uncontrolled hyperglycemia that occurs in diabetics is associated with increased morbidity and premature mortality. Type 2 diabetics are at increased risk of developing cardiovascular  
25 complications, e.g., atherosclerosis, coronary heart disease, stroke, peripheral vascular disease, hypertension, nephropathy, neuropathy and retinopathy.

Non-insulin dependent diabetes is also associated with cardiac hypertrophy, in particular left ventricular hypertrophy (Devereux, R. B., *Circulation*, 101:2271-2276 (2000)). Cardiac hypertrophy, such as left ventricular hypertrophy, is due to the response of the heart to chronic pressure or volume  
30 overload. Left ventricular hypertrophy (LVH) is characterized by thickening of the left ventricular wall, including increased left ventricular mass and increased left ventricular wall thickness, and is defined as a left ventricular mass index exceeding 131 g/m<sup>2</sup> of the body surface area in men, and 100 g/m<sup>2</sup> in women (Savage et al., *The Framingham Study*, *Circulation*, 75 (1 Pt 2): 26-33 (1987)).

Left ventricular hypertrophy is independently associated with increased incidence of  
35 cardiovascular disease, such as congestive heart failure, ischaemic heart disease, cardiovascular and all-cause mortality, sudden death, and stroke. Regression of left ventricular hypertrophy has been associated

with a reduction in cardiovascular risk. It has also been found that the incidence of morbid events in patients with progression of left ventricular hypertrophy is greater than in patients with regression of left ventricular hypertrophy.

Current treatments for hypertrophy include non-pharmacological interventions, such as weight reduction, sodium restriction, and aerobic physical exercise can reduce left ventricular mass (Ghali, J.K. et al., *American Journal of Geriatric Cardiology*, 6:38-49 (1997)).

Many patients who have insulin resistance but have not yet developed type 2 diabetes are also at a risk of developing metabolic syndrome, also referred to as syndrome X, insulin resistance syndrome, or plurimetabolic syndrome. The period of 5 to 10 years preceding the development of impaired glucose tolerance is associated with a number of hormonal imbalances, which give rise to an enlargement of visceral fat mass, hypertension, insulin resistance, and hyperlipidemia (Bjornstop, P., *Current Topics in Diabetes Research*, eds. Belfore, F., Bergman, R. N., and Molinath, G. M., *Front Diabetes, Basel, Karger*, 12:182-192 (1993)). Similarly, metabolic syndrome is characterized by insulin resistance, along with abdominal obesity, hyperinsulinemia, high blood pressure, low HDL and high VLDL. Although the causal relationship between the various components of metabolic syndrome remains to be confirmed, insulin resistance appears to play an important role (Requen, G.M., et al., *N. Eng. J. Med.* 334:374-381 (1996); Despres, J-P., et al., *N. Engl. J. Med.* 334:952-957 (1996); Wajchenberg, B. L., et al., *Diabetes /Metabolism Rev.* 10:19-29 (1994)). Metabolic syndrome patients, whether or not they develop overt diabetes mellitus, are at increased risk of developing the cardiovascular complications listed above. Associations have also been found between left ventricular hypertrophy and metabolic syndrome (Lind, L. et al., *J Hypertens.* 13:433-38 (1995)).

Diabetes is treated with a variety of therapeutic agents including insulin sensitizers, such as PPAR $\gamma$  agonists, such as glitazones; biguanides; protein tyrosine phosphatase-1B inhibitors; dipeptidyl peptidase IV inhibitors; insulin; insulin mimetics; sulfonylureas; meglitinides;  $\alpha$ -glucoside hydrolase inhibitors; and  $\alpha$ -amylase inhibitors.

Increasing the plasma level of insulin by administration of sulfonylureas (e.g. tolbutamide and glipizide) or meglitinides, which stimulate the pancreatic  $\beta$ -cells to secrete more insulin, and/or by injection of insulin when sulfonylureas or meglitinides become ineffective, can result in insulin concentrations high enough to stimulate insulin-resistant tissues. However, dangerously low levels of plasma glucose can result, and increasing insulin resistance due to the even higher plasma insulin levels can occur. The biguanides increase insulin sensitivity resulting in some correction of hyperglycemia. Metformin monotherapy is often used for treating type 2 diabetic patients who are also obese and/or dyslipidemic. Lack of appropriate response to metformin is often followed by treatment with sulfonylureas, thiazolidinediones, insulin, or alpha glucosidase inhibitors. However, the two biguanides, phenformin and metformin, can also induce lactic acidosis and nausea/diarrhea, respectively. Alpha glucosidase inhibitors, such as acarbose, work by delaying absorption of glucose in the intestine. Alpha-

amylase inhibitors inhibit the enzymatic degradation of starch or glycogen into maltose, which also reduces the amounts of bioavailable sugars.

The glitazones, also known as thiazolidinediones (i.e. 5-benzylthiazolidine-2,4-diones), are a more recently described class of compounds with potential for a novel mode of action in ameliorating many symptoms of type 2 diabetes. These agents substantially increase insulin sensitivity in muscle, liver and adipose tissue in several animal models of type 2 diabetes resulting in partial or complete correction of the elevated plasma levels of glucose without occurrence of hypoglycemia. The glitazones that are currently marketed are agonists of the peroxisome proliferator activated receptor (PPAR) gamma subtype. PPAR-gamma agonism is generally believed to be responsible for the improved insulin sensitization that is observed with the glitazones. Newer PPAR agonists that are being developed for treatment of Type 2 diabetes and/or dyslipidemia are agonists of one or more of the PPAR alpha, gamma and delta subtypes.

However, treatment of diabetes with PPAR  $\gamma$  agonists has been associated with cardiac hypertrophy, or an increase in heart weight. Recent labeling revisions for Avandia® (rosiglitazone maleate), a PPAR  $\gamma$  agonist, indicate that patients may experience fluid accumulation and volume-related events such as edema and congestive heart failure. Cardiac hypertrophy related to PPAR  $\gamma$  agonist treatment is typically treated by withdrawing PPAR treatment.

Treatment of type 2 diabetes also typically includes physical exercise, weight control and dieting. While physical exercise and reductions in dietary intake of calories will dramatically improve the diabetic condition, compliance with this treatment is very poor because of well-entrenched sedentary lifestyles and excess food consumption, especially of foods containing high amounts of saturated fat. However, weight reduction and increased exercise are difficult for most people with diabetes.

Abnormal glucose homeostasis is also associated both directly and indirectly with obesity, hypertension and alterations in lipid, lipoprotein and apolipoprotein metabolism. Obesity increases the likelihood of insulin resistance, and increases the likelihood that the resulting insulin resistance will increase with increasing body weight. Therefore, therapeutic control of glucose homeostasis, lipid metabolism, obesity and hypertension are critically important in the clinical management and treatment of diabetes mellitus.

Obesity, which can be defined as a body weight more than 20% above the ideal body weight, is a major health concern in Western societies. It is estimated that about 97 million adults in the United States are overweight or obese. Obesity is the result of a positive energy balance, as a consequence of increased ratio of caloric intake to energy expenditure. The molecular factors regulating food intake and body weight balance are incompletely understood. [B. Staels et al., J. Biol. Chem. 270(27), 15958 (1995); F. Lonnquist et al., Nature Medicine 1(9), 950 (1995)]. Although the genetic and/or environmental factors leading to obesity are poorly understood, several genetic factors have been identified.



Epidemiological studies have shown that increasing degrees of overweight and obesity are important predictors of decreased life expectancy. Obesity causes or exacerbates many health problems, both independently and in association with other diseases. The medical problems associated with obesity, which can be serious and life-threatening, include type 2 diabetes mellitus, hypertension, elevated plasma insulin concentrations, insulin resistance, dyslipidemias, hyperlipidemia, endometrial, breast, prostate, kidney and colon cancer, osteoarthritis; respiratory complications, such as obstructive sleep apnea, gallstones, arteriosclerosis, heart disease, abnormal heart rhythms, and heart arrhythmias (Kopelman, P.G., *Nature* 404, 635-643 (2000)). Obesity is also associated with metabolic syndrome, cardiac hypertrophy, in particular left ventricular hypertrophy, premature death, and with a significant increase in mortality and morbidity from stroke, myocardial infarction, congestive heart failure, coronary heart disease, and sudden death.

Abdominal obesity has been linked with a much higher risk of coronary artery disease, and with three of its major risk factors: high blood pressure, diabetes that starts in adulthood, and high levels of fats (lipids) in the blood. Losing weight dramatically reduces these risks. Abdominal obesity is further closely associated with glucose intolerance, hyperinsulinemia, hypertriglyceridemia, and other disorders associated with metabolic syndrome (syndrome X), such as raised high blood pressure, decreased levels of high density lipoproteins (HDL) and increased levels of very low density lipoproteins (VLDL) (Montague et al., *Diabetes*, 2000, 49: 883-888).

Obesity and obesity-related disorders, such as diabetes, are often treated by encouraging patients to lose weight by reducing their food intake or by increasing their exercise level, thereby increasing their energy output. A sustained weight loss of 5% to 10% of body weight has been shown to improve the comorbidities associated with obesity, such as diabetes, and can lead to improvement of obesity-related disorders such as diabetes, left ventricular hypertrophy, osteoarthritis, and pulmonary and cardiac dysfunction.

Weight loss drugs used for the treatment of obesity include orlistat (Davidson, M.H. et al. (1999) *JAMA* 281:235-42), dexfenfluramine (Guy Grand, B. et al. (1989) *Lancet* 2:1142-5), sibutramine (Bray, G. A. et al. (1999) *Obes. Res.* &:189-98) and phentermine (Douglas, A. et al. (1983) *Int. J. Obes.* 7:591-5). However, the side effects of these drugs and anti-obesity agents may limit their use. Dexfenfluramine was withdrawn from the market because of suspected heart valvulopathy; orlistat is limited by gastrointestinal side effects; and the use of sibutramine is limited by its cardiovascular side effects which have led to reports of deaths and its withdrawal from the market in Italy.

There is a continuing need for new methods of treating diabetes, diabetes associated with obesity, and diabetes-related disorders. There is also a need for new methods of treating and preventing obesity and obesity related disorders, such as metabolic syndrome. There is currently no effective treatment for metabolic syndrome.

The present invention addresses this problem by providing a combination therapy comprising of at least one anti-obesity agent and at least one anti-diabetic agent for the treatment of diabetes, diabetes associated with obesity, and diabetes-related disorders. The combination of an anti-obesity agent and an anti-diabetic agent, at their respective clinical doses, is expected to be more effective than treatment with either agent alone. Treatment with a combination of an anti-obesity agent and an anti-diabetic agent at sub-clinical doses is expected to produce clinical efficacy with fewer side effects than treatment with either single agent at the monotherapy clinical dose. As a result, combination therapy is more likely to achieve the desired medical benefits without the trial and error involved in prescribing each agent individually during primary care.

There is also a need for a method of treating diabetes with a PPAR  $\gamma$  agonist without the cardiac hypertrophy side effect associated with PPAR  $\gamma$  agonist monotherapy. The present invention provides a combination therapy comprising the administration of at least one NPY5 antagonist and at least one PPAR  $\gamma$  agonist for the treatment of diabetes, while mitigating the left ventricular hypertrophy side effect associated with PPAR  $\gamma$  agonist treatment.

The present invention further provides a method for synergistically treating and/or preventing metabolic syndrome comprised of administering the compositions of the present invention in combination with an anti-hypertensive agent and/or an anti-dyslipidemic agent to a subject in need thereof. Metabolic syndrome is a multi-factorial disease characterized by obesity, diabetes, hypertension and dyslipidemia. Due to the polygenic nature of the metabolic syndrome etiology, it is predicted that the combination therapies of the present invention will be more effective than currently available monotherapies in treating or reducing the risk of metabolic syndrome. Combinations of different agents with different modes of action, eg., a combination of an anti-obesity agent, an anti-diabetic agent, and an anti-hypertensive agent, will achieve a better outcome relative to monotherapies using agents with only one mode of action. Additionally, combination therapy is more likely to achieve the desired medical benefits without the trial and error of prescribing each agent alone in primary care.

## SUMMARY OF THE INVENTION

The present invention provides compositions comprising at least one anti-obesity agent and at least one anti-diabetic agent useful in the treatment, control and/or prevention of diabetes, diabetes associated with obesity, and diabetes-related disorders.

The present invention provides compositions comprising an anti-obesity agent selected from the group consisting of: a 5HT (serotonin) transporter inhibitor, a NE (norepinephrine) transporter inhibitor, a CB-1 (cannabinoid-1 receptor) antagonist/inverse agonist, a ghrelin antibody, a ghrelin antagonist, a H3 (histamine H3) antagonist/inverse agonist, a MCH1R (melanin concentrating hormone 1R) antagonist, a MCH2R (melanin concentrating hormone 2R) agonist/antagonist, a NPY1 (neuropeptide Y Y1) antagonist, a NPY2 (neuropeptide Y Y2) agonist, a NPY5 (neuropeptide Y Y5) antagonist, leptin, a

leptin derivative, an opioid antagonist, an orexin antagonist, a BRS3 (bombesin receptor subtype 3) agonist, a CCK-A (cholecystokinin-A) agonist, a CNTF (ciliary neurotrophic factor), a CNTF derivative, a GHS (growth hormone secretagogue receptor) agonist, 5HT2c (serotonin receptor 2c) agonist, a Mc3r (melanocortin 3 receptor) agonist, a Mc4r (melanocortin 4 receptor) agonist, a monoamine reuptake inhibitor, a serotonin reuptake inhibitor, topiramate, phytopharm compound 57, an ACC2 (acetyl-CoA carboxylase-2) inhibitor, a  $\beta$ 3 (beta adrenergic receptor 3) agonist, a DGAT1 (diacylglycerol acyltransferase 1) inhibitor, a DGAT2 (diacylglycerol acyltransferase 2) inhibitor, a FAS (fatty acid synthase) inhibitor, a PDE (phosphodiesterase) inhibitor, a thyroid hormone  $\beta$  agonist, an UCP-1 (uncoupling protein 1), 2, or 3 activator, an acyl-estrogen, a glucocorticoid antagonist, an 11 $\beta$  HSD-1 (11-beta hydroxy steroid dehydrogenase type 1) inhibitor, a SCD-1 (stearoyl-CoA desaturase-1) inhibitor, a lipase inhibitor, a fatty acid transporter inhibitor, a dicarboxylate transporter inhibitor, a glucose transporter inhibitor, a phosphate transporter inhibitor; and pharmaceutically acceptable salts and esters thereof.

The present invention provides compositions comprising an anti-diabetic agent selected from the group consisting of:

- (1) a sulfonylurea;
  - (2) a meglitinide;
  - (3) an  $\alpha$ -amylase inhibitor;
  - (4) an  $\alpha$ -glucoside hydrolase inhibitor;
  - (5) a PPAR $\gamma$  agonist;
  - (6) a PPAR  $\alpha/\gamma$  agonist;
  - (7) a biguanide;
  - (8) glucagon-like peptide 1 (GLP-1) agonist;
  - (9) a protein tyrosine phosphatase-1B (PTP-1B) inhibitor;
  - (10) a dipeptidyl peptidase IV (DP-IV) inhibitor;
  - (11) an insulin secretagogue;
  - (12) a fatty acid oxidation inhibitor;
  - (13) an A2 antagonist;
  - (14) a c-jun amino-terminal kinase inhibitor;
  - (15) insulin;
  - (16) an insulin mimetic;
  - (17) a glycogen phosphorylase inhibitor;
  - (18) a VPAC2 receptor agonist; and
  - (19) a glucokinase activator;
- and pharmaceutically acceptable salts and esters thereof.

The compositions of the present invention are useful in the treatment, control and/or prevention of diabetes, in particular non-insulin dependent diabetes mellitus (NIDDM) in humans.

The compositions of the present invention are further useful in the treatment, control and/or prevention of hyperlipidemia; dyslipidemia; obesity; abdominal obesity; hypercholesterolemia; hypertriglyceridemia; atherosclerosis; coronary heart disease, stroke, hypertension, peripheral vascular disease, vascular restenosis; nephropathy; neuropathy; inflammatory conditions, such as, but not limited to, irritable bowel syndrome, inflammatory bowel disease, including Crohn's disease and ulcerative colitis; other inflammatory conditions; pancreatitis; neurodegenerative disease; retinopathy; neoplastic conditions, such as, but not limited to adipose cell tumors, adipose cell carcinomas, such as liposarcoma, cancers, including gastric and bladder cancers; angiogenesis; Alzheimer's disease; psoriasis; and other disorders where insulin resistance is a component.

The compositions of the present invention are also useful in the treatment, control and/or prevention of overeating; bulimia; elevated plasma insulin concentrations; insulin resistance; glucose tolerance; lipid disorders; low HDL levels; high LDL levels; hyperglycemia; neoplastic conditions, such as endometrial, breast, prostate, kidney and colon cancer; osteoarthritis; obstructive sleep apnea; gallstones; abnormal heart rhythms; heart arrhythmias; myocardial infarction; congestive heart failure; sudden death; ovarian hyperandrogenism, (polycystic ovary disease); craniopharyngioma; the Prader-Willi Syndrome; Frohlich's syndrome; GH-deficient subjects; normal variant short stature; Turner's syndrome; and other pathological conditions showing reduced metabolic activity or a decrease in resting energy expenditure as a percentage of total fat-free mass, e.g., children with acute lymphoblastic leukemia.

Neuropeptide Y (NPY), via G protein-coupled NPY Y5 receptors (NPY5), is implicated in the development of cardiac hypertrophy, and left ventricular hypertrophy, during chronic stimulation of the sympathetic system by potentiating  $\alpha$ -adrenergic signals. Recent studies have shown that agonism of the NPY5 receptor in rodent cardiac myocytes may mediate hypertrophy (Bell, D. et al., J-Pharmacol-Exp-Ther. 303: 581-91 (2002)).

NPY5 antagonists are expected to be beneficial in the treatment and /or prevention of cardiac hypertrophy. Treatment with a combination of a NPY5 antagonist and a PPAR  $\gamma$  (gamma) agonist is expected to prevent the left ventricular hypertrophy associated with PPAR gamma agonist treatment. Furthermore, combination therapy with a PPAR gamma agonist and a NPY5 antagonist is beneficial for the treatment of diabetes, including diabetes associated with obesity, while minimizing cardiac hypertrophy, including left ventricular hypertrophy. The combination of a PPAR gamma agonist and a NPY5 antagonist has the unexpected benefit of treating diabetes, while mitigating the cardiac hypertrophy side effect associated with PPAR gamma agonist monotherapy.

The compositions of the present invention are also useful in the treatment, control and/or prevention of diabetes while mitigating cardiac hypertrophy, including left ventricular hypertrophy. In

particular, the compositions of the present invention comprising a NPY Y5 antagonist and a PPAR  $\gamma$  agonist are useful in the treatment, control and/or prevention of diabetes while mitigating the cardiac hypertrophy side effect, in particular the left ventricular hypertrophy side effect, associated with with PPAR  $\gamma$  agonist treatment.

5           The compositions of the present invention are further useful in the treatment, control and/or prevention of metabolic syndrome.

          The present invention is also concerned with treatment of these conditions, and the use of the compositions of the present invention for manufacture of a medicament useful for treating these conditions.

10           The invention is also concerned with pharmaceutical compositions comprising an anti-obesity agent and an anti-diabetic agent, as active ingredients.

          The present invention is also concerned with the use of an anti-obesity agent and an anti-diabetic agent, for the manufacture of a medicament for the treatment of diabetes, diabetes associated with obesity, and diabetes-related disorders, which comprises an effective amount of the anti-obesity agent and the anti-diabetic agent, together or separately.

15           The present invention is also concerned with a product containing an anti-obesity agent and an anti-diabetic agent, as a combined preparation for simultaneous, separate or sequential use in diabetes, diabetes associated with obesity, and diabetes-related disorders.

          The present invention also relates to the treatment of diabetes, diabetes associated with obesity, and diabetes-related disorders, with a combination of an anti-obesity agent and an anti-diabetic agent, which may be administered separately.

20           The invention also relates to combining separate pharmaceutical combinations into a kit form.

#### DETAILED DESCRIPTION OF THE INVENTION

25           The present invention provides compositions comprising at least one anti-obesity agent and at least one anti-diabetic agent useful in the treatment or prevention of diabetes, diabetes associated with obesity, and diabetes-related disorders.

          The methods and compositions of the present invention comprise an anti-obesity agent. The anti-obesity agent useful in the compositions of the present invention may be any agent useful to decrease food intake known in the art. The anti-obesity agent may be peptidal or non-peptidal in nature, however, the use of a non-peptidal agent is preferred. For convenience, the use of an orally active anti-obesity agent is also preferred.

30           In one embodiment of the present invention, the anti-obesity agent useful in the compositions of the present invention is selected from the group consisting of:

- 35           (1)     a 5HT transporter inhibitor,

- (2) a NE transporter inhibitor,  
(3) a CB-1 antagonist/inverse agonist,  
(4) a ghrelin antibody,  
(5) a ghrelin antagonist,  
5 (6) a H3 antagonist/inverse agonist,  
(7) a MCH1R antagonist,  
(8) a MCH2R agonist/antagonist,  
(9) a NPY1 antagonist,  
(10) a NPY2 agonist,  
10 (11) a NPY5 antagonist,  
(12) leptin,  
(13) a leptin derivative,  
(14) an opioid antagonist,  
(15) an orexin antagonist,  
15 (16) a BRS3 agonist,  
(17) a CCK-A agonist,  
(18) a CNTF,  
(19) a CNTF derivative,  
(20) a GHS agonist,  
20 (21) 5HT2c agonist,  
(22) a Mc3r agonist,  
(23) a Mc4r agonist,  
(24) a monoamine reuptake inhibitor,  
(25) a serotonin reuptake inhibitor,  
25 (26) topiramate,  
(27) phytopharm compound 57,  
(28) an ACC2 inhibitor,  
(29) a  $\beta$ 3 agonist,  
(30) a DGAT1 inhibitor,  
30 (31) a DGAT2 inhibitor,  
(32) a FAS inhibitor,  
(33) a PDE inhibitor,  
(34) a thyroid hormone  $\beta$  agonist,  
(35) an UCP-1, 2, or 3 activator,  
35 (36) an acyl-estrogen,  
(37) a glucocorticoid antagonist,

- (38) an 11 $\beta$  HSD-1 inhibitor,
- (39) a SCD-1 inhibitor,
- (40) a lipase inhibitor;
- (41) a fatty acid transporter inhibitor,
- 5 (42) a dicarboxylate transporter inhibitor,
- (43) a glucose transporter inhibitor, and
- (44) a phosphate transporter inhibitor;

and pharmaceutically acceptable salts and esters thereof;

provided that when the anti-obesity agent is a Mc4r agonist, then the anti-diabetic agent is not selected  
 10 from a sulfonylurea, an  $\alpha$ -glucoside hydrolase inhibitor, a PPAR  $\gamma$  agonist, a biguanide, a protein tyrosine  
 phosphatase-1B inhibitor, insulin and an insulin mimetic.

In another embodiment of the present invention, the anti-obesity agent is selected from the group  
 consisting of:

- 15 (1) a 5HT transporter inhibitor;
- (2) a NE transporter inhibitor;
- (3) a CB-1 antagonist/inverse agonist;
- (4) a ghrelin antagonist;
- (5) a H3 antagonist/inverse agonist;
- (6) a MCH1R antagonist;
- 20 (7) a MCH2R agonist/antagonist;
- (8) a NPY1 antagonist;
- (9) a NPY2 agonist;
- (10) a NPY5 antagonist;
- (11) an opioid antagonist;
- 25 (12) an orexin antagonist;
- (13) a BRS3 agonist;
- (14) a CCK-A agonist;
- (15) a CNTF;
- (16) a CNTF derivative;
- 30 (17) a GHS agonist;
- (18) 5HT2c agonist;
- (19) a Mc3r agonist;
- (20) a Mc4r agonist;
- (21) a monoamine reuptake inhibitor;
- 35 (22) a serotonin reuptake inhibitor;

- (23) topiramate;
- (24) phytopharm compound 57;
- (25) an ACC2 inhibitor;
- (26) a  $\beta$ 3 agonist;
- (27) a DGAT1 inhibitor;
- (28) a DGAT2 inhibitor;
- (29) a FAS inhibitor;
- (30) a PDE inhibitor;
- (31) a thyroid hormone  $\beta$  agonist;
- (32) an UCP-1, 2, or 3 activator;
- (33) an acyl-estrogen;
- (34) a glucocorticoid antagonist;
- (35) an 11 $\beta$  HSD-1 inhibitor;
- (36) a SCD-1 inhibitor;
- (37) a lipase inhibitor;
- (38) a fatty acid transporter inhibitor;
- (39) a dicarboxylate transporter inhibitor; and
- (40) a glucose transporter inhibitor;

and pharmaceutically acceptable salts and esters thereof;

provided that when the anti-obesity agent is a Mc4r agonist, then the anti-diabetic agent is not selected from a sulfonylurea, an  $\alpha$ -glucoside hydrolase inhibitor, a PPAR  $\gamma$  agonist, a biguanide, a protein tyrosine phosphatase-1B inhibitor, insulin and an insulin mimetic.

In a class of this embodiment, the anti-obesity agent is a CB-1 antagonist/inverse agonist, and pharmaceutically acceptable salts or esters thereof. In a subclass of this class, the CB-1 antagonist/inverse agonist is selected from rimonabant, and pharmaceutically acceptable salts or esters thereof.

In another class of this embodiment, the anti-obesity agent is an opioid antagonist, and pharmaceutically acceptable salts or esters thereof. In a subclass of this class, the opioid antagonist is selected from nalmefene, and pharmaceutically acceptable salts or esters thereof.

In another class of this embodiment, the anti-obesity agent is a CNTF derivative, and pharmaceutically acceptable salts or esters thereof. In subclass of this class, the CNTF derivative is selected from axokine, and pharmaceutically acceptable salts or esters thereof.

In another class of this embodiment, the anti-obesity agent is a monoamine reuptake inhibitor, and pharmaceutically acceptable salts or esters thereof. In a subclass of this class, the monoamine reuptake inhibitor is selected from sibutramine, and pharmaceutically acceptable salts and esters thereof.



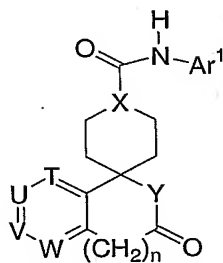
In another class of this embodiment, the anti-obesity agent is an acyl-estrogen, and pharmaceutically acceptable salts or esters thereof. In a subclass of this class, the acyl-estrogen, is selected from oleoyl-estrone, and pharmaceutically acceptable salts or esters thereof.

In a class of this embodiment, the anti-obesity agent is a lipase inhibitor, and pharmaceutically acceptable salts or esters thereof. In a subclass of this embodiment, the lipase inhibitor is orlistat, and the pharmaceutically acceptable salts thereof.

In another class of this embodiment, the anti-obesity agent is a NPY2 agonist, and pharmaceutically acceptable salts or esters thereof. In a subclass of this class, the NPY2 agonist is selected from the group consisting of peptide YY (PYY), and PYY3-36, and pharmaceutically acceptable salts thereof. In another subclass of this class, the NPY2 agonist is PYY3-36, and pharmaceutically acceptable salts thereof.

In another class of this embodiment, the anti-obesity agent is a NPY5 antagonist, and pharmaceutically acceptable salts or esters thereof.

In a subclass of this class, the NPY5 antagonists useful in the present invention are represented by the compounds of structural Formula I:



(I)

and pharmaceutically acceptable salts and esters thereof, wherein Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,

- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- 5 (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxy carbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

10 Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- 15 (a) halogen,
- (b) cyano,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- 20 (f) hydroxy,
- (g) lower alkoxy,
- (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- 25 (k) lower alkanoyl, and
- (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- 30 (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- 35 (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and

(d) lower alkoxy; and

wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

(1) nitrogen, and

5 (2) methine; and

Y is selected from the group consisting of

(1) imino, unsubstituted or optionally substituted with lower alkyl, and

(2) oxygen.

10 In a sub-class of this subclass, the NPY5 antagonist is selected from the group consisting of:

(1) N-(4-benzoylphenyl)-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide,

(2) 3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isoindoline-1,4'-piperidine]-1'-carboxamide,

(3) N-(7-methyl-2-quinolyl)-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide,

(4) N-(4-benzoylphenyl)-2-methyl-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide,

15 (5) N-(4-benzoylphenyl)-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(6) 3,4-dihydro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(7) 3,4-dihydro-N-(7-methyl-2-quinolyl)-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

20 (8) N-(4-acetylphenyl)-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(9) 3,4-dihydro-3-oxo-N-[1-(2-quinolyl)-4-imidazolyl]-spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

25 (10) 3,4-dihydro-3-oxo-N-(5-oxo-5,6,7,8-tetrahydro-2-naphthyl)spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(11) 3,4-dihydro-N-[5-(2-methyl-1-propenyl)-2-pyrazinyl]-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(12) 3,4-dihydro-3-oxo-N-(3-phenyl-5-isoxazolyl)spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

30 (13) N-[1-(7-benzo[b]furanyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

(14) N-[1-(3-difluoromethoxyphenyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

35 (15) 3,4-dihydro-3-oxo-N-[4-(2-pyridylcarbonyl)phenyl]-spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,

- (16) N-(3,4-dichlorophenyl)-3,4-dihydro-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- (17) N-[1-(3-chlorophenyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- 5 (18) 3,4-dihydro-3-oxo-N-(5-phenyl-2-thiazolyl)spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- (19) 3,4-dihydro-3-oxo-N-[5-(2-pyridyl)-2-pyrazinyl]spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- (20) 3,4-dihydro-N-(4-methyl-2-benzothiazolyl)-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- 10 (21) N-(5-chloro-2-benzoxazolyl)-3,4-dihydro-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide,
- (22) N-(4-benzoylphenyl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (23) 3-oxo-N-(5-phenyl-2-pyrazinyl)-spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 15 (24) N-(7-methyl-2-quinolyl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (25) 3-oxo-N-(3-phenyl-5-isoxazolyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (26) 3-oxo-N-(7-trifluoromethylpyrido[3,2-b]pyridin-2-yl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 20 (27) 3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (28) 3-oxo-N-[1-(3-quinolyl)-4-imidazolyl]spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 25 (29) 3-oxo-N-(5-phenyl-3-pyrazolyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (30) N-[5-(4-chlorophenyl)-3-pyrazolyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (31) 3-oxo-N-[5-(3-quinolyl)-3-pyrazolyl]spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 30 (32) N-[5-(3-fluorophenyl)-2-pyrimidinyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (33) 3-oxo-N-[5-(3-trifluoromethylphenyl)-2-pyrimidinyl]-spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 35 (34) N-[5-(3-chlorophenyl)-2-pyrimidinyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,

- (35) N-(7-difluoromethoxypyrido[3,2-b]pyridin-2-yl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (36) 3-oxo-N-(5-phenyl-1,2,4-thiadiazol-3-yl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 5 (37) N-{1-[3-(2-hydroxyethyl)phenyl]-4-imidazolyl}-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (38) N-[4-(1-ethyl-2-imidazolyl)phenyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (39) N-[1-(3-methoxyphenyl)-4-imidazolyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 10 (40) 6-fluoro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (41) 6-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 15 (42) 5-fluoro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (43) 5-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (44) N-(4-benzoylphenyl)-3,4-dihydro-3-oxospiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide,
- 20 (45) 3,4-dihydro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide,
- (46) N-(5-benzoyl-2-pyrazinyl)-3,4-dihydro-3-oxospiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide,
- 25 (47) trans-N-(4-benzoylphenyl)-3'-oxospiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (48) trans-3'-oxo-N-(5-phenyl-2-pyrazinyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (49) trans-3'-oxo-N-(1-phenyl-4-imidazolyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- 30 (50) trans-3'-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (51) trans-N-[1-(3,5-difluorophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- 35 (52) trans-3'-oxo-N-(5-phenyl-3-pyrazolyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,

- (53) trans-N-[1-(2-fluorophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (54) trans-N-(4-acetyl-3-trifluoromethylphenyl)-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- 5 (55) trans-3'-oxo-N-[1-(3-quinolyl)-4-imidazolyl]-spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (56) trans-N-[1-(3-cyanophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide,
- (57) trans-N-(4-benzoylphenyl)-3-oxospiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 10 (58) trans-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (59) trans-3-oxo-N-(3-phenyl-5-isoxazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 15 (60) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (61) trans-N-(4-benzoylphenyl)-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (62) trans-N-(4-benzoylphenyl)-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 20 (63) N-[5-(4-hydroxyphenyl)-2-pyrazinyl]-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (64) N-[5-(3-hydroxyphenyl)-2-pyrazinyl]-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 25 (65) 4-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (66) 7-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (67) 6-ethyl-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- 30 (68) 6-hydroxy-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide,
- (69) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 35 (70) trans-N-[5-(3-fluorophenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(71) trans-N-[5-(2-fluorophenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(72) trans-3-oxo-N-(4-phenyl-2-oxazolyl)spiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

5 (73) trans-N-[5-(2-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(74) trans-N-[5-(3-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

10 (75) trans-N-[5-(3-fluoromethoxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(76) trans-N-[5-(3-fluoromethylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(77) trans-N-[5-(3-fluoro-5-methoxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

15 (78) trans-N-[5-(2-fluoro-5-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(79) trans-N-[4-(3-fluoromethoxyphenyl)-2-oxazolyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

20 (80) trans-N-[5-(3-hydroxymethylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(81) trans-N-[5-(3-hydroxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(82) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

25 (83) trans-N-[5-(3-fluoromethylphenyl)-2-pyrimidinyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(84) trans-N-[5-(3-fluoromethoxyphenyl)-2-pyrimidinyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

30 (85) trans-3-oxo-N-(6-phenyl-1,2,4-triazin-3-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(86) trans-N-[5-(2-difluoromethoxyphenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

(87) trans-N-[5-(3-difluoromethoxyphenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

35 (88) trans-N-[5-(3-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,

- (89) trans-N-[5-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (90) trans-N-(4-benzoylphenyl)-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 5 (91) trans-N-[1-(3,5-difluorophenyl)-4-imidazolyl]-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (92) trans-3-oxo-N-[2-phenyl-4-pyridyl]spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (93) trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-
- 10 4'-carboxamide,
- (94) trans-3-oxo-N-(1-phenyl-3-pyrrolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (95) trans-N-[1-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 15 (96) trans-3-oxo-N-(1-phenyl-3-pyrazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (97) trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (98) trans-N-[1-(3-fluorophenyl)-4-pyrazolyl]-3-oxospiro[4-azaisobenzofuran-1(3H),1'-
- 20 cyclohexane]-4'-carboxamide,
- (99) trans-3-oxo-N-(1-phenyl-3-pyrazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (100) trans-N-[1-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 25 (101) trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (102) trans-3-oxo-N-(5-phenyl-1,2,4-thiadiazol-3-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (103) trans-3-oxo-N-(5-phenyl-3-isoxazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-
- 30 4'-carboxamide,
- (104) trans-3-oxo-N-(6-phenyl-3-pyridyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- (105) trans-3-oxo-N-(2-phenyl-3-thiazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,
- 35 (106) trans-3-oxo-N-(2-phenyl-1,2,3-triazol-4-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide,



and pharmaceutically acceptable salts and esters thereof.

In another sub-class of this class, the NPY5 antagonist is selected from the group consisting of

(1) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

5 (2) trans-N-[5-(2-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(3) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(4) trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(5) trans-N-[1-(3-fluorophenyl)-4-pyrazolyl]-3-oxospiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide; and

(6) trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

15 and pharmaceutically acceptable salts and esters thereof.

In another sub-class of this class, the NPY5 antagonist is trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

In another sub-class of this class, the NPY5 antagonist is  
20 trans-N-[5-(2-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

In another sub-class of this class, the NPY5 antagonist is trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

25 In another sub-class of this class, the NPY5 antagonist is trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

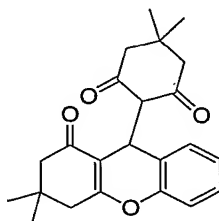
In another sub-class of this class, the NPY5 antagonist is trans-N-[1-(3-fluorophenyl)-4-pyrazolyl]-3-oxospiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-  
30 carboxamide, and pharmaceutically acceptable salts and esters thereof.

In another sub-class of this class, the NPY5 antagonist is trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

In yet another sub-class of this class, the NPY5 antagonist is  
35 3-oxo-N-(5-phenyl-2-pyrazinyl)-spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide, and pharmaceutically acceptable salts and esters thereof.

The NPY5 antagonists of formula I and their preparation are disclosed in U.S. Patent Nos. 6,326,375; 6,335,345; and International Publication No. WO 01/14376.

In another subclass of this class of the present invention, the NPY5 antagonist useful in the present invention is represented by the compound of structural Formula II:



(II)

(Compound A)

and pharmaceutically acceptable salts, esters and tautomers thereof.

The NPY5 antagonist of Formula II (Compound A) and its preparation are disclosed in J. Organic Chemistry, vol. 31, No. 5, p. 1639 (1966); and US Patent No. 6,258,837.

In another embodiment of the present invention, the anti-obesity agent is selected from the group consisting of: (1) aminorex; (2) ampechloral;  
(3) amphetamine; (4) benzphetamine; (5) bupropion; (6) chlorphentermine; (7) clobenzorex; (8) cloforex;  
(9) clominorex; (10) clortermine; (11) cyclexedrine; (12) dexfenfluramine; (13) dextroamphetamine;  
(14) diethylpropion; (15) diphemethoxidine; (16) N-ethylamphetamine; (17) fenbutrazate; (18)  
fenfluramine; (19) fenisorex; (20) fenproporex; (21) fludorex; (22) fluminorex; (23)  
furfurylmethylamphetamine; (24) levamfetamine; (25) levophacetoperane; (26) mazindol; (27)  
mefenorex; (28) metamfepramone; (29) methamphetamine; (30) norpseudoephedrine; (31) pentorex; (32)  
phendimetrazine; (33) phenmetrazine; (34) phentermine; (35) phenylpropanolamine; and (36) picilorex;  
and (37) zonisamide; and pharmaceutically acceptable salts thereof; provided that when the anti-obesity agent is dexfenfluramine, fenfluramine, mazindol, or phentermine, then the anti-diabetic agent is not a PPAR  $\alpha$  agonist or a PPAR  $\gamma$  agonist.

In a class of this embodiment, the anti-obesity agent is selected from the group consisting of: dexfenfluramine, fenfluramine, and phentermine,

and pharmaceutically acceptable salts thereof; provided that when the anti-obesity agent is dexfenfluramine, fenfluramine, mazindol, or phentermine, then the anti-diabetic agent is not a PPAR  $\alpha$  agonist or a PPAR  $\gamma$  agonist.

The methods and compositions of the present invention comprise an anti-diabetic agent. The anti-diabetic agent useful in the compositions of the present invention may be any agent useful to treat diabetes known in the art. The anti-diabetic agent may be peptidal or non-peptidal in nature, however,

the use of a non-peptidal agent is preferred. For convenience, the use of an orally active anti-diabetic agent is also preferred.

The anti-diabetic agent useful in the compositions of the present invention is selected from the group consisting of:

- 5                   (1)     a sulfonylurea;
- (2)     a meglitinide;
- (3)     an  $\alpha$ -amylase inhibitor;
- (4)     an  $\alpha$ -glucoside hydrolase inhibitor;
- (5)     a PPAR $\gamma$  agonist;
- 10               (20)    a PPAR  $\alpha/\gamma$  agonist;
- (21)    a biguanide;
- (6)     glucagon-like peptide 1 (GLP-1) agonist;
- (7)     a protein tyrosine phosphatase-1B (PTP-1B) inhibitor;
- (8)     a dipeptidyl peptidase IV (DP-IV) inhibitor;
- 15               (9)     an insulin secreatagogue;
- (10)    a fatty acid oxidation inhibitor;
- (11)    an A2 antagonist;
- (12)    a c-jun amino-terminal kinase inhibitor;
- (13)    insulin;
- 20               (14)    an insulin mimetic;
- (15)    a glycogen phosphorylase inhibitor;
- (16)    a VPAC2 receptor agonist; and
- (17)    a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof;

- 25   provided that when the anti-diabetic agent is a PPAR  $\alpha$  or a PPAR  $\gamma$  agonist, then the anti-obesity agent is not selected from a NPY5 antagonist, a monoamine reuptake inhibitor, a  $\beta$ 3 agonist, and a lipase inhibitor.

In one embodiment of this invention, the anti-diabetic agent is selected from the group consisting of:

- 30                   (1)     a sulfonylurea;
- (2)     a meglitinide;
- (3)     an  $\alpha$ -amylase inhibitor;
- (4)     an  $\alpha$ -glucoside hydrolase inhibitor;
- (5)     a PPAR $\gamma$  agonist;
- 35               (22)    a PPAR  $\alpha/\gamma$  agonist;
- (23)    a biguanide;

- (6) glucagon-like peptide 1 (GLP-1) agonist;
- (7) a protein tyrosine phosphatase-1B (PTP-1B) inhibitor;
- (8) a dipeptidyl peptidase IV (DP-IV) inhibitor;
- (9) an insulin secreatagogue;
- 5 (10) a fatty acid oxidation inhibitor;
- (11) an A2 antagonist;
- (12) insulin; and
- (13) an insulin mimetic;

10 and pharmaceutically acceptable salts and esters thereof; provided that when the anti-diabetic agent is a PPAR  $\alpha$  or a PPAR  $\gamma$  agonist, then the anti-obesity agent is not selected from a NPY5 antagonist, a monoamine reuptake inhibitor, a  $\beta$ 3 agonist, and a lipase inhibitor.

15 In another embodiment of this invention, the anti-diabetic agent is a sulfonylurea, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the sulfonylurea is selected from acetohexamide; chlorpropamide; diabinese; glibenclamide; glipizide; glyburide; glimepiride; gliclazide; glipentide; gliquidone; glisohexamide; tolazamide; and tolbutamide; pharmaceutically acceptable salts or esters thereof.

In another embodiment, the anti-diabetic agent is a meglitinide, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the meglitinide is selected from the group consisting of repaglinide; and nateglinide; and pharmaceutically acceptable salts or esters thereof.

20 In another embodiment, the anti-diabetic agent is an  $\alpha$ -amylase inhibitor, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the  $\alpha$ -amylase inhibitor is selected from the group consisting of tendamistat, trestatin, and AI-3688; and pharmaceutically acceptable salts and esters thereof.

25 In another embodiment, the anti-diabetic agent is an  $\alpha$ -glucosidase inhibitor, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the  $\alpha$ -glucosidase inhibitor is selected from acarbose; adiposine; camiglibose; emiglitate; miglitol; voglibose, pradimicin-Q, and salbostatin; CKD-711; MDL-25,637; MDL-73,945; and MOR 14; and pharmaceutically acceptable salts or esters thereof.

30 In another embodiment, the anti-diabetic agent is a PPAR $\gamma$  (PPAR gamma) agonist, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the PPAR $\gamma$  agonist is selected from the group consisting of: balaglitazone; ciglitazone; darglitazone; englitazone; isaglitazone (MCC-555); pioglitazone; rosiglitazone; troglitazone; CLX-0921; 5-BTZD; GW-0207, LG-100641, LY-300512, LY-519818, R483 (Roche), T131 (Tularik); and pharmaceutically acceptable salts or esters thereof.

35 In another embodiment, the anti-diabetic agent is a PPAR $\alpha/\gamma$  dual agonist. In one class of this embodiment, the PPAR $\alpha/\gamma$  dual agonists is selected from the group consisting of CLX-0940, GW-1536,

GW1929, GW-2433, KRP-297, L-796449, LR-90, MK-0767, and SB 219994 and pharmaceutically acceptable salts or esters thereof.

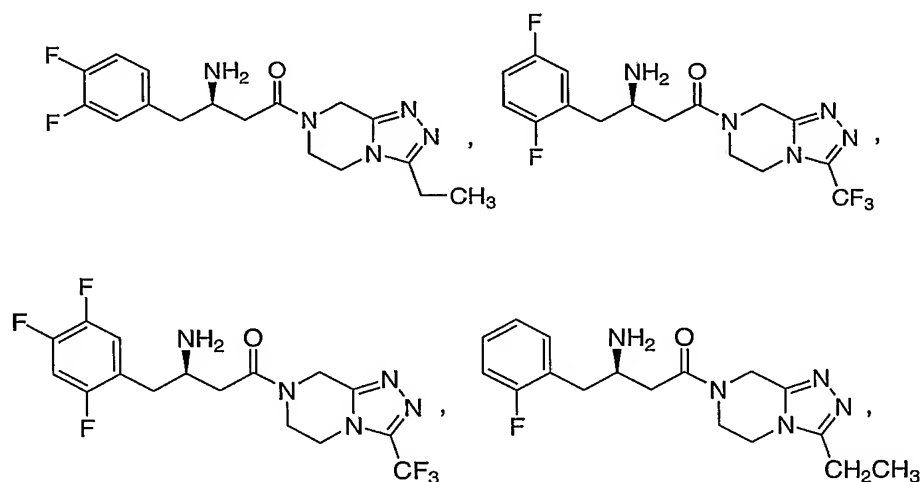
In another embodiment, the anti-diabetic agent is a biguanide, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the biguanide is selected from the group consisting of buformin; metformin; and phenformin; and pharmaceutically acceptable salts or esters thereof.

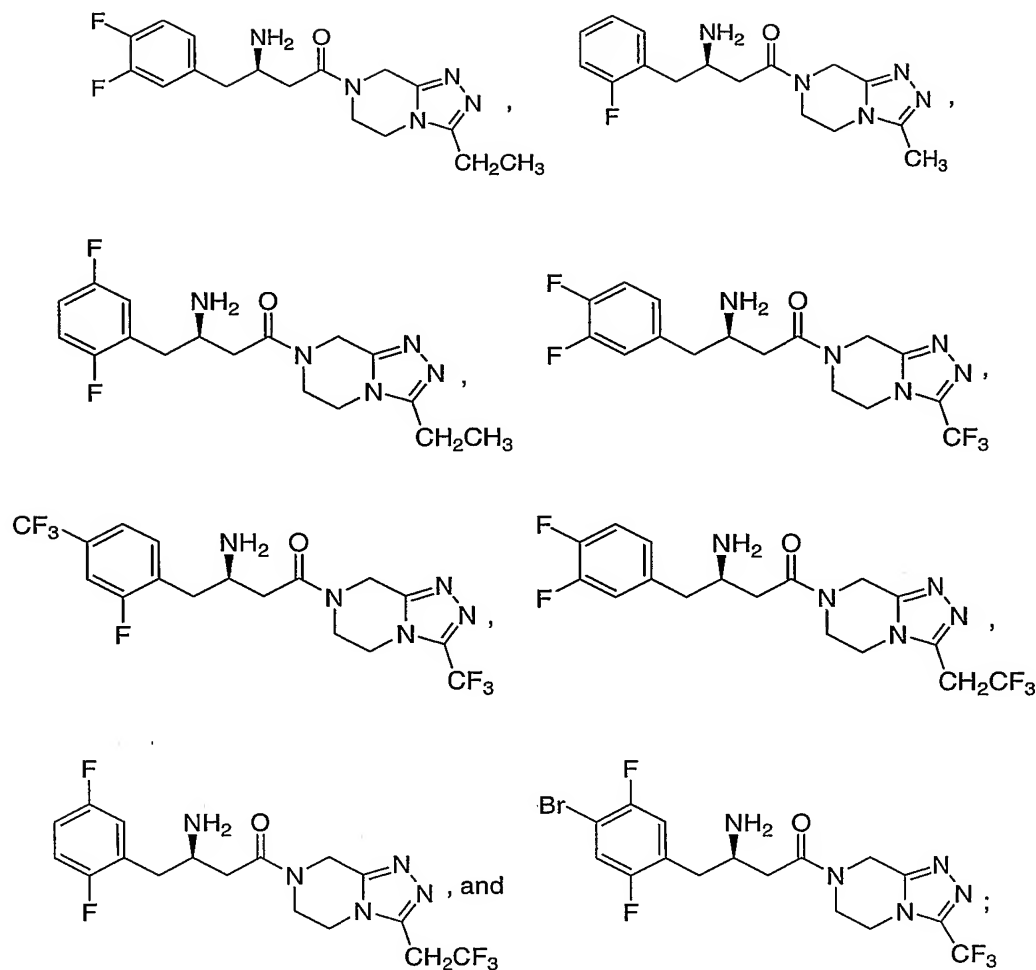
In another embodiment, the anti-diabetic agent is a GLP-1 agonist, and pharmaceutically acceptable salts or esters thereof. In one class of this embodiment, the GLP-1 agonist is selected from the group consisting of exendin-3 and exendin-4, and pharmaceutically acceptable salts or esters thereof.

In another embodiment, the anti-diabetic agent is a protein tyrosine phosphatase-1B (PTP-1B) inhibitor, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the PTP-1B inhibitor is selected from A-401,674, KR 61639, OC-060062, OC-83839, OC-297962, MC52445, and MC52453, and pharmaceutically acceptable salts and esters thereof.

In another embodiment, the anti-diabetic agent is a dipeptidyl peptidase IV (DP-IV) inhibitor, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the dipeptidyl peptidase IV (DP-IV) inhibitor is selected from the group consisting of isoleucine thiazolidide, NVP-DPP728, P32/98, LAF 237, TSL 225, valine pyrrolidide, TMC-2A/2B/2C, CD-26 inhibitors, and SDZ 274-444, and pharmaceutically acceptable salts or esters thereof.

The NPY5 antagonists of the present invention may be combined with a dipeptidyl peptidase-IV (DP-IV) inhibitor, such as one disclosed in U.S. Patent No. 6,699,871 (Mar. 2, 2004), the contents of which are incorporated by reference herein in their entirety. In particular, the NPY-Y5 antagonists may be combined with a DP-IV inhibitor selected from the group consisting of:





5 or a pharmaceutically acceptable salt thereof.

In another embodiment, the anti-diabetic agent is an insulin secretagogue, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment the insulin secretagogue is selected from the group consisting of linogiride; and A-4166; and pharmaceutically acceptable salts and esters thereof.

10 In another embodiment, the anti-diabetic agent is a fatty acid oxidation inhibitor; and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the fatty acid oxidation inhibitor is selected from the group consisting of clomoxir; and etomoxir; and pharmaceutically acceptable salts and esters thereof.

15 In another embodiment, the anti-diabetic agent is an A2-antagonist; and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the A2-antagonist is selected from the group consisting of midaglizole; isaglidole; deriglidole; idazoxan; earoxan; fluparoxan; and pharmaceutically acceptable salts and esters thereof.

In another embodiment, the anti-diabetic agent is insulin, and pharmaceutically acceptable salts or esters thereof.

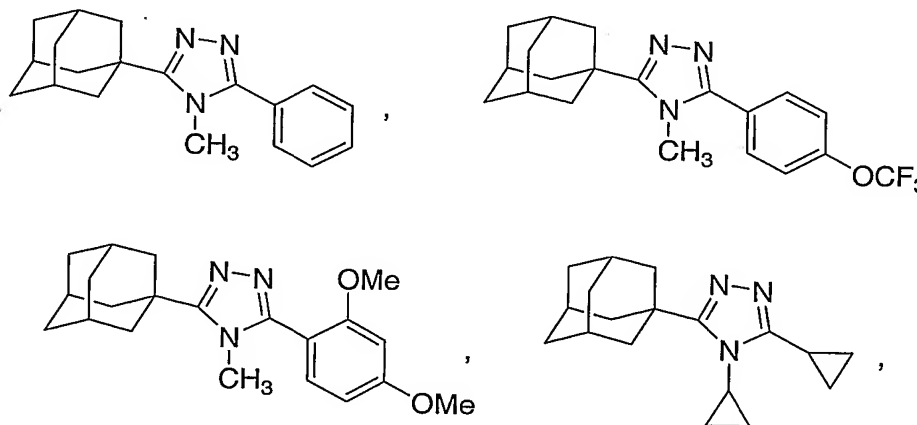
In another embodiment, the anti-diabetic agent is an insulin mimetic, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the insulin mimetic is selected from the group consisting of biota; LP-100; novarapid; insulin detemir; insulin lispro; insulin glargine; insulin zinc suspension (lente and ultralente); Lys-Pro insulin, GLP-1 (73-7) (insulintropin); and GLP-1 (7-36)-NH<sub>2</sub>), and pharmaceutically acceptable salts or esters thereof.

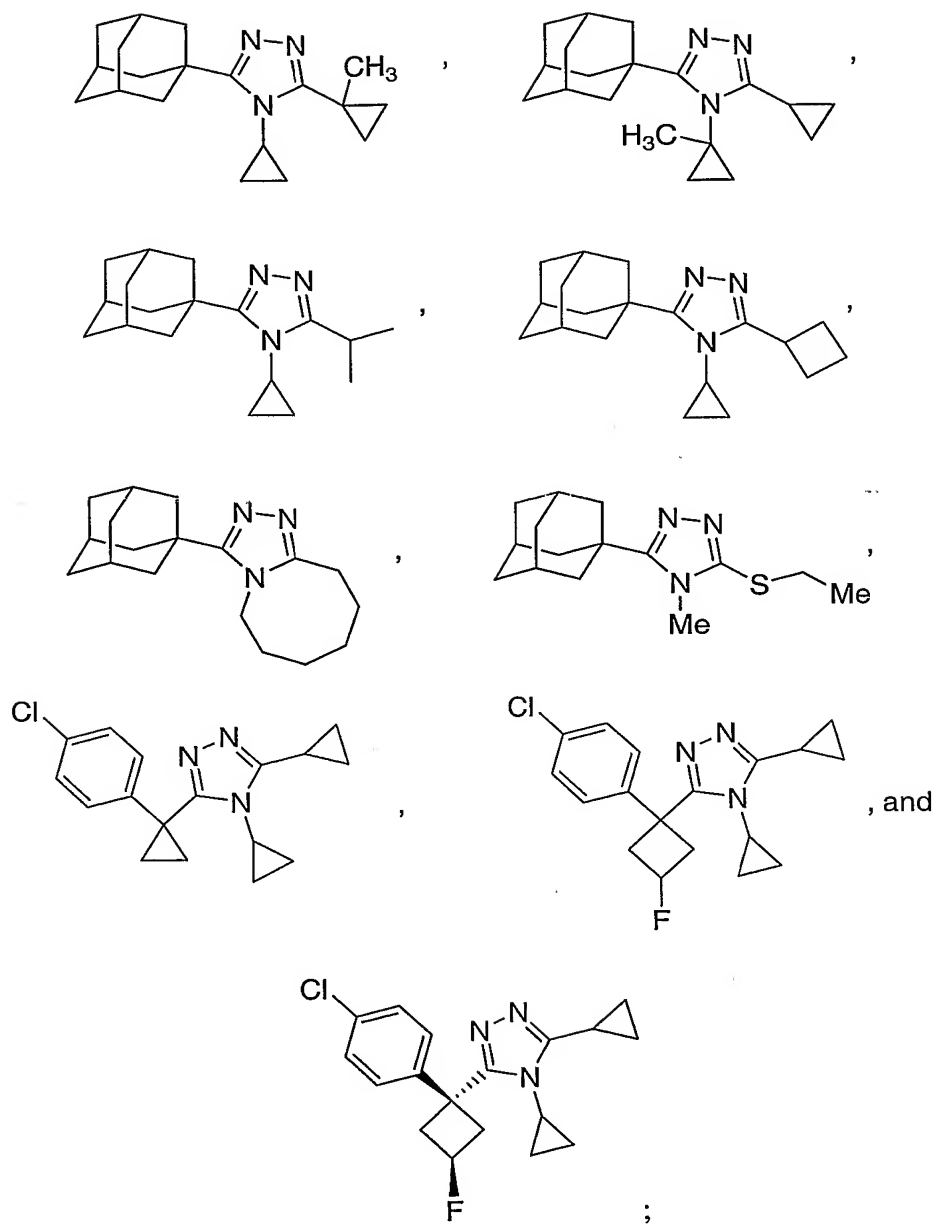
In another embodiment, the anti-diabetic agent is a glycogen phosphorylase inhibitor, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the glycogen phosphorylase inhibitor is selected from CP-368,296, CP-316,819, and BAYR3401.

In another embodiment, the anti-diabetic agent is a glucokinase activator, and pharmaceutically acceptable salts or esters thereof.

In another embodiment, the anti-diabetic agent is a non-thiazolidinedione PPAR ligand, and pharmaceutically acceptable salts or esters thereof. In a class of this embodiment, the non-thiazolidinedione PPAR ligand is selected from JT-501, and farglitazar (GW-2570/GI-262579), and pharmaceutically acceptable salts or esters thereof.

In another embodiment of the present invention, the anti-diabetic compound is an 11 $\beta$  HSD-1 inhibitor. Animal models have shown that 11 $\beta$  HSD-1 inhibitors function as anti-obesity agents, anti-dyslipidemic agents, and anti-diabetic agents. The NPY5 antagonists of the present invention may be combined with an 11 $\beta$  HSD-1 inhibitor, including but not limited to, the compounds disclosed in International Patent Application Nos. WO03/065983; and WO03/104,207. In a class of this embodiment, the NPY-Y5 antagonists may be combined with an 11 $\beta$  HSD-1 inhibitor selected from the group consisting of:

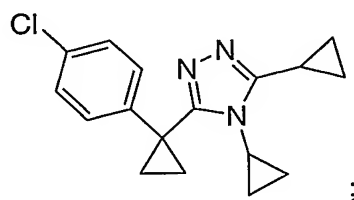




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or a pharmaceutically acceptable salt or prodrug thereof.

In a subclass of this class, the 11β HSD-1 inhibitor selected from the group consisting of:

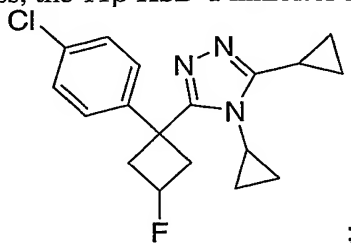


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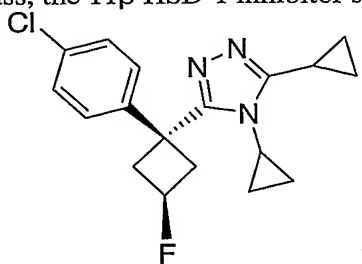
as well as pharmaceutically acceptable salts and solvates thereof.

In another subclass of this class, the 11 $\beta$  HSD-1 inhibitor selected from the group consisting of:



as well as pharmaceutically acceptable salts and solvates thereof.

5 In another subclass of this class, the 11 $\beta$  HSD-1 inhibitor selected from the group consisting of:



as well as pharmaceutically acceptable salts and solvates thereof.

The present invention relates to a method of treating, controlling or preventing diabetes, particularly non-insulin dependent diabetes mellitus, in a subject in need thereof comprising administration of

- 10 (a) a therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and
- (b) a therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof;
- 15 to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing diabetes associated with obesity in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and
- 20 (b) a therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof;
- to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing hypercholesterolemia, atherosclerosis, low HDL levels, high LDL levels, hyperlipidemia, hypertriglyceridemia, and/or dyslipidemia, in a subject in need thereof comprising administration of

25 (a) a therapeutically effective amount of an anti-obesity agent, and

pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

5           The present invention relates to a method of treating, controlling or preventing hyperglycemia, in  
a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
10       and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing  
hypercholesterolemia, in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
15       pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

20           The present invention relates to a method of treating, controlling or preventing  
hypertriglyceridemia, in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
25       to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing lipid disorders,  
hyperlipidemia, or low HDL, in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
30       (b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing dyslipidemia,  
including low HDL cholesterol, in a subject in need thereof comprising administration of

- 35       (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and

- (b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing atherosclerosis, in  
5 a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
10 to a subject in need of such treatment.

It is understood that the sequelae of atherosclerosis (angina, claudication, heart attack, stroke,  
etc.) are thereby treated.

The present invention relates to a method of treating, controlling or preventing diabetes while  
mitigating cardiac hypertrophy, particularly left ventricular hypertrophy, in a subject in need thereof  
15 comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
20 to a subject in need of such treatment.

The present invention further relates to a method of treating, controlling or preventing diabetes  
while mitigating the cardiac hypertrophy side effect, particularly left ventricular hypertrophy side effect,  
associated with PPAR  $\gamma$  agonist treatment, in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of a NPY5 antagonist, and  
25 pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of a PPAR  $\gamma$  agonist,  
and pharmaceutically acceptable salts and esters thereof;  
to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing metabolic  
30 syndrome in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and  
pharmaceutically acceptable salts and esters thereof; and  
(b) a therapeutically effective amount of an anti-diabetic agent,  
and pharmaceutically acceptable salts and esters thereof;  
35 to a subject in need of such treatment.

The present invention also relates to a method of treating, controlling or preventing metabolic syndrome in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof;
  - 5 (b) a therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; and
  - (c) a therapeutically effective amount of an anti-hypertensive and/or a therapeutically effective amount of an anti-dyslipidemic agent;
- to a subject in need of such treatment.

10 The present invention relates to a method of treating a diabetes- related disorder in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and
  - (b) a therapeutically effective amount of an anti-diabetic agent,
  - 15 and pharmaceutically acceptable salts and esters thereof;
- to a subject in need of such treatment.

The present invention relates to a method of treating or preventing obesity in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and
  - 20 pharmaceutically acceptable salts and esters thereof; and
  - (b) a therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof;
- to a subject in need of such treatment.

The present invention relates to a method of treating or preventing an obesity-related disorder in

25 a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and
- (b) a therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof;
- 30 to a subject in need of such treatment.

The present invention relates to a method of treating, controlling or preventing atherosclerosis in a subject in need thereof comprising administration of

- (a) a therapeutically effective amount of an NPY5 antagonist agent, and pharmaceutically acceptable salts and esters thereof; and
- 35 (b) a therapeutically effective amount of a DP-IV inhibitor and pharmaceutically acceptable salts and esters thereof;

to a subject in need of such treatment.

The present invention also relates to pharmaceutical compositions, and medicaments useful for carrying out these methods.

5 The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; for the manufacture of a medicament for treatment, control, or prevention of diabetes which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

10 The present invention also relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; for the manufacture of a medicament for treatment, control, or prevention of diabetes associated with obesity which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately. The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent,  
15 and pharmaceutically acceptable salts and esters thereof; for the manufacture of a medicament for treatment, control, or prevention of a diabetes-related disorder which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters  
20 thereof; for the manufacture of a medicament for treatment, control, or prevention of obesity which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters  
25 thereof; for the manufacture of a medicament for treatment, control, or prevention of an obesity-related disorder which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters  
30 thereof; for the manufacture of a medicament for treatment, control, or prevention of metabolic syndrome which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters  
35 thereof; and one or more anti-hypertensive agents and/or anti-dyslipidemic agents, for the manufacture of a medicament for treatment, control or prevention of metabolic syndrome which comprises an effective

amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, and an anti-hypertensive agent and/or an anti-dyslipidemic agent, together or separately.

The present invention relates to the use of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; for the manufacture of a medicament for treatment, control, or prevention of diabetes while mitigating

cardiac hypertrophy, particularly left ventricular hypertrophy, which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention relates to the use of a NPY5 antagonist, and pharmaceutically acceptable salts and esters thereof; and a PPAR  $\gamma$  agonist, and pharmaceutically acceptable salts and esters thereof; for the manufacture of a medicament for treatment of diabetes while mitigating the cardiac hypertrophy side effect, particularly the left ventricular hypertrophy side effect, associated with PPAR  $\gamma$  agonist treatment, which comprises an effective amount of an anti-obesity agent and an effective amount of an anti-diabetic agent, together or separately.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in diabetes.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in a diabetes-related disorder.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in obesity.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in an obesity related disorder.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof; and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in metabolic syndrome.

The present invention further relates to a product containing an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof;

and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; and an anti-hypertensive agent and/or an anti-dyslipidemic agent as a combined preparation for simultaneous, separate or sequential use in metabolic syndrome.

The present invention further relates to a product containing an  
5 anti-obesity agent, and pharmaceutically acceptable salts and esters thereof;  
and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in diabetes while mitigating cardiac hypertrophy, particularly left ventricular hypertrophy.

The present invention further relates to a product containing a NPY5 antagonist and  
10 pharmaceutically acceptable salts and esters thereof;  
and a PPAR  $\gamma$  agonist, and pharmaceutically acceptable salts and esters thereof; as a combined preparation for simultaneous, separate or sequential use in diabetes while mitigating the cardiac hypertrophy side effect, particularly the left ventricular hypertrophy side effect, associated with PPAR  $\gamma$  agonist treatment.

15 The invention further provides pharmaceutical compositions comprising an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof, and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof, as active ingredients.

#### Anti-Obesity Agents

20 One of ordinary skill in the art can readily identify the agents useful in the compositions and methods of the present invention. Anti-obesity agents that are appetite suppressants can be evaluated in rodents according to the procedures described in: Daniels, A.J. et al., *Regulatory Peptides*, 106:47-54 (2002); Halaas, J.L. et. al., *Science*, 269: 543-546 (1995); and Strack, A.M., *Obesity Research*, 10:173-81 (2002). Anti-obesity agents that are metabolic rate enhancers are routinely evaluated in rodents (Atgie,  
25 C., *Comp. Biochem. Physiol. A. Mol. Integr. Physiol.* 119:629-36 (1998); Himms-Hagan, J., *American J. Physiology*, 266:R1371-82 (1994)), and, even when inactive in rodents, are tested in additional species such as dog and monkey before ultimately being tested in humans (Connacher, A.A. et. al., *Int'l J. Obesity*, 16: 685-694 (1992); Connacher, A.A. et. al., *Am. J. Clin. Nutr.*, 55: 258S-261S (1992);  
Connacher, A.A. et. al., *Brit. Med. J.*, 296: 1217-1220 (1998)). The utility of metabolic rate enhancers is  
30 supported by experiments with mice, in which the RII-beta gene has been deleted, that were shown to be resistant to diet induced obesity (D. E. Cummings et al. *Nature* 382: 622-626 (1996)). Anti-obesity agents that are nutrient absorption inhibitors can be evaluated in: Badr M.Z. and Chen, T.S., *Toxicology*, 34:333-40 (1985); Sorribas, V., *J. Pharm. Pharmacol.*, 44:1030-2 (1992).

As used herein, the term "appetite suppressant" includes compounds that reduce total food intake  
35 by more than 5 %, or reduce caloric intake or selectively reduce intake of specific components of the diet such as carbohydrates or fats by more than 5 %. As used herein, the term "metabolic rate enhancer"

includes compounds which, when administered to a subject, act to increase the metabolic rate of the subject, particularly those agents which increase metabolic rate by at least 5%, preferably 10%, most preferably 20% in 24 hour energy expenditure, and/or increase the oxidation of fatty acids relative to carbohydrates when administered to the subject. As used herein, the term "nutrient absorption inhibitor" includes compounds that inhibit the absorption of more than 10 % of the nutrients.

Among the anti-obesity agents useful in the compositions of this invention are those identified, with dosing information, in the Physician's Desk reference, Edition 56 (2002). Generally, the anti-obesity agents are administered at a dosage ranging from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg of body weight. The term "anti-obesity agent" includes within its meaning the compounds within the following therapeutic classes, or a combination of any of these compounds (e.g. a lipase inhibitor with an NPY5 antagonist):

Serotonin (5HT) transport inhibitors useful in this invention include, but are not limited to, paroxetine, fluoxetine, fenfluramine, fluvoxamine, sertraline, and imipramine.

Norepinephrine (NE) transport inhibitors useful in this invention include, but are not limited to, GW 320659, despiramine, talsupram, and nomifensine.

Cannabinoid receptor 1 (CB-1) antagonist/inverse agonists useful in the present invention include: U.S. Patent Nos. 5,532,237, 4,973,587, 5,013,837, 5,081,122, 5,112,820, 5,292,736, 5,624,941 and US 6,028,084; and PCT Application Nos. WO 96/33159, WO 98/33765, WO98/43636, WO98/43635, WO 01/09120, WO98/31227, WO98/41519, WO98/37061, WO00/10967, WO00/10968, WO97/29079, WO99/02499, WO 01/58869, WO 02/076949, WO 01/64632, WO 01/64633, WO 01/64634, and WO 03/007887; and EPO Application No. EP-658546. Specific CB-1 antagonists/inverse agonists useful in the present invention include, but are not limited to, rimonabant (Sanofi Synthelabo), SR-147778 (Sanofi Synthelabo), BAY 65-2520 (Bayer), and SLV 319 (Solvay).

CCK-A agonists useful in the present invention include GI 181771, and SR 146,131.

Ghrelin antagonists useful in the present invention, include: PCT Application Nos. WO 01/87335, and WO 02/08250.

Histamine 3 (H3) antagonist/inverse agonists useful in the present invention include: PCT Application No. WO 02/15905; and O-[3-(1H-imidazol-4-yl)propanol]carbamates (Kiec-Kononowicz, K. et al., Pharmazie, 55:349-55 (2000)), piperidine-containing histamine H3-receptor antagonists (Lazewska, D. et al., Pharmazie, 56:927-32 (2001), benzophenone derivatives and related compounds (Sasse, A. et al., Arch. Pharm.(Weinheim) 334:45-52 (2001)), substituted N-phenylcarbamates (Reidemeister, S. et al., Pharmazie, 55:83-6 (2000)), and proxifan derivatives (Sasse, A. et al., J. Med. Chem., 43:3335-43 (2000)). Specific H3 antagonists/inverse agonists useful in the present invention include, but are not limited to, thioperamide, 3-(1H-imidazol-4-yl)propyl N-(4-pentenyl)carbamate, clobenpropit, iodophenpropit, imoproxifan, GT2394 (Gliatech), and A331440.



Melanin-concentrating hormone 1 receptor (MCH1R) antagonists and melanin-concentrating hormone 2 receptor (MCH2R) agonist/antagonists useful in the present invention include PCT Patent Application Nos. WO 01/82925, WO 01/87834, WO 02/06245, WO 02/04433, and WO 02/51809; and Japanese Patent Application No. JP 13226269. Specific MCH1R antagonists useful in the present invention include, but are not limited to, T-226296 (Takeda), SB 568849, and SNAP 7941.

Neuropeptide Y1 (NPY1) antagonists useful in the present invention, include: U.S. Patent No. 6,001,836; and PCT Application Nos. WO 96/14307, WO 01/23387, WO 99/51600, WO 01/85690, WO 01/85098, WO 01/85173, and WO 01/89528. Specific examples of NPY1 antagonists useful in the present invention include, but are not limited to, BIBP3226, J-115814, BIBO 3304, LY-357897, CP-671906, and GI-264879A.

Neuropeptide Y2 (NPY2) agonists useful in the present invention, include, but are not limited to, peptide YY (PYY), and PYY3-36, peptide YY analogs, PYY agonists, and the compounds disclosed in WO 03/026591, WO 03/057235, and WO 03/027637.

Neuropeptide Y5 (NPY5) antagonists useful in the present invention, include, but are not limited to, the compounds described in: U.S. Patent Nos. 6,140,354, 6,191,160, 6,258,837, 6,313,298, 6,337,332, 6,329,395, and 6,340,683; U.S. Patent Nos. 6,326,375; 6,329,395; 6,337,332; 6,335,345; European Patent Nos. EP-01010691, and EP-01044970; and PCT International Patent Publication Nos. WO 97/19682, WO 97/20820, WO 97/20821, WO 97/20822, WO 97/20823, WO 98/27063, WO 00/107409, WO 00/185714, WO 00/185730, WO 00/64880, WO 00/68197, WO 00/69849, WO 01/09120, WO 01/85714, WO 01/85730, WO 01/07409, WO 01/02379, WO 01/02379, WO 01/23388, WO 01/23389, WO 01/44201, WO 01/62737, WO 01/62738, WO 01/09120, WO 02/20488, WO 02/22592, WO 02/48152, WO 02/49648, and WO 01/14376. Specific NPY 5 antagonists useful in the combinations of the present invention, include, but are not limited to GW-569180A, GW-594884A, GW-587081X, GW-548118X; FR 235,208; FR226928, FR 240662, FR252384; 1229U91, GI-264879A, CGP71683A, LY-377897, LY366377, PD-160170, SR-120562A, SR-120819A, JCF-104, and H409/22. Additional specific NPY 5 antagonists useful in the combinations of the present invention, include, but are not limited to the compounds described in Norman et al., J. Med. Chem. 43:4288-4312 (2000).

Leptin includes, but is not limited to, recombinant human leptin (PEG-OB, Hoffman La Roche) and recombinant methionyl human leptin (Amgen). Leptin derivatives (e.g., truncated forms of leptin) useful in the present invention include: Patent Nos. 5,552,524; 5,552,523; 5,552,522; 5,521,283; and PCT International Publication Nos. WO 96/23513; WO 96/23514; WO 96/23515; WO 96/23516; WO 96/23517; WO 96/23518; WO 96/23519; and WO 96/23520.

Opioid antagonists useful in the present invention include: PCT Application No. WO 00/21509. Specific opioid antagonists useful in the present invention include, but are not limited to, nalmefene (Revex ®), 3-methoxynaltrexone, naloxone, and naltrexone.

Orexin antagonists useful in the present invention include: PCT Patent Application Nos. WO 01/96302, WO 01/68609, WO 02/51232, WO 02/51838, and WO 03/023561. Specific orexin antagonists useful in the present invention include, but are not limited to, SB-334867-A.

5 Acyl-estrogens useful in the present invention include oleoyl-estrone (del Mar-Grasa, M. et al., Obesity Research, 9:202-9 (2001)).

Cholecystokinin-A (CCK-A) agonists useful in the present invention include U.S. Patent No. 5,739,106. Specific CCK-A agonists include, but are not limited to, AR-R 15849, GI 181771, JMV-180, A-71378, A-71623 and SR146131.

10 Specific ciliary neurotrophic factors (CNTF) useful in the present invention include, but are not limited to, GI-181771 (Glaxo-SmithKline); SR146131 (Sanofi Synthelabo); butabindide; PD170,292, PD 149164 (Pfizer). CNTF derivatives useful in the present invention include, but are not limited to, axokine (Regeneron); and PCT Application Nos. WO 94/09134, WO 98/22128, and WO 99/43813.

15 Growth hormone secretagogue (GHS) agonists useful in the present invention include: U.S. Patent No. 6358951, and U.S. Patent Application Nos. 2002/049196 and 2002/022637; and PCT Application Nos. WO 01/56592, and WO 02/32888. Specific GHS agonists include, but are not limited to, NN703, hexarelin, MK-0677, SM-130686, CP-424,391, L-692,429 and L-163,255.

20 5HT<sub>2c</sub> agonists useful in the present invention include: U.S. Patent No. 3,914,250; and PCT Application Nos. WO 02/36596, WO 02/48124, WO 02/10169, WO 01/66548, WO 02/44152; WO 02/51844, WO 02/40456, and WO 02/40457. Specific 5HT<sub>2c</sub> agonists useful in this invention include, but are not limited to, BVT933, DPCA37215, IK264; PNU 22394; WAY161503, R-1065, and YM 348.

25 Mc4r agonists useful in the present invention include: PCT Application Nos. WO 99/64002, WO 00/74679, WO 01/991752, WO 01/74844, WO 01/70708, WO 01/70337, WO 01/91752, WO 02/059095, WO 02/059107, WO 02/059108, WO 02/059117, WO 02/12166, WO 02/11715, WO 02/12178, WO 02/15909, WO 02/068387, WO 02/068388, WO 02/067869, WO 03/007949, and WO 03/009847. Specific Mc4r agonists useful in the present invention include CHIR86036 (Chiron); ME-10142, and ME-10145 (Melacure).

30 Monoamine reuptake inhibitors useful in the present invention include: PCT Application Nos. WO 01/27068, and WO 01/62341. Specific monoamine reuptake inhibitors useful in the present invention include, but are not limited to, sibutramine (Meridia ®/Reductil®) disclosed in U.S. Patent Nos. 4,746,680, 4,806,570, and 5,436,272, and U.S. Patent Publication No. 2002/0006964. The present invention encompasses sibutramine as a racemic mixture, as optically pure isomers (+) and (-), or a pharmaceutically acceptable salt, solvent, hydrate, clathrate or prodrug thereof; particularly sibutramine hydrochloride monohydrate.

Phytopharm compound 57 is also known as CP 644,673.

Serotonin reuptake inhibitors, and releasers, useful in the present invention include: dexfenfluramine, fluoxetine, and other serotonin reuptake inhibitors, including, but not limited to, those in U.S. Patent No. 6,365,633; and PCT Patent Application Nos. WO 01/27060, and WO 01/162341.

11 $\beta$  HSD-1 inhibitor useful in the present invention include, but are not limited to, BVT 3498, BVT 2733, and those compounds disclosed in WO 01/90091, WO 01/90090, WO 01/90092, which are incorporated by reference herein in their entirety.

Uncoupling Protein (UCP-1, UCP-2, and UCP-3) activators useful in the present invention include: PCT Patent Application No. WO 99/00123. Specific uncoupling protein (UCP-1, UCP-2, and UCP-3) activators useful in the present invention include, but are not limited to, phytanic acid, 4-[(E)-2-(5,6,7,8-tetrahydro-5,5,8,8-tetramethyl-2-naphthalenyl)-1-propenyl]benzoic acid (TTNPB), and retinoic acid.

$\beta$ 3 adrenergic receptor ( $\beta$ 3) agonists useful in the present invention include: US Patent Application Nos. 5,705,515, and US 5,451,677; and PCT Patent Application Nos. WO 01/74782, and WO 02/32897. Specific  $\beta$ 3 agonists useful in the present invention include, but are not limited to, AD9677/TAK677 (Dainippon/ Takeda), CL-316,243, SB 418790, BRL-37344, L-796568, BMS-196085, BRL-35135A, CGP12177A, BTA-243, GW 427353, Trecadrine, Zeneca D7114, and SR 59119A.

Thyroid hormone  $\beta$  agonists useful in the present invention include: PCT Application No. WO 02/15845; and Japanese Patent Application No. JP 2000256190. Specific thyroid hormone  $\beta$  agonists useful in the present invention include, but are not limited to, KB-2611 (KaroBioBMS).

Specific fatty acid synthase (FAS) inhibitors useful in the present invention, include, but are not limited to, Cerulenin and C75.

Specific phosphodiesterase (PDE) inhibitors useful in the present invention, include, but are not limited to, theophylline, pentoxifylline, zaprinast, sildenafil, amrinone, milrinone, cilostamide, rolipram, and cilomilast.

Lipase inhibitors useful in the present invention include, but are not limited to, those disclosed in PCT Application No. WO 01/77094, and U.S. Patent Nos. 4,598,089, 4,452,813, 5,512,565, 5,391,571, 5,602,151, 4,405,644, 4,189,438, and 4,242,453. Specific lipase inhibitors useful in the present invention include, but are not limited to, tetrahydrolipstatin (orlistat/Xenical®), Triton WR1339, RHC80267, lipstatin, teasaponin, and diethylumbelliferyl phosphate, FL-386, WAY-121898, Bay-N-3176, valilactone, esteracin, ebelactone A, ebelactone B, RHC 80267, stereoisomers thereof, and pharmaceutically acceptable salts of said compounds and stereoisomers.

Topiramate (Topimax®), indicated as an anti-convulsant, has been shown to increase weight loss.

Zonisamide (Zonegran ®), indicated as an anti-epileptic, has been shown to lead to weight loss.

### Anti-Diabetic Agents

One of ordinary skill in the art can readily identify the anti-diabetic agents useful in the compositions and methods of the present invention. Anti-diabetic agents can be evaluated in rodents (such as db/db mice) according to the procedures described in: Zhang et al., Science, Vol. 284: pages 974-977 (1999). Treatment endpoints for an anti-diabetic agent can include lowering of blood glucose acutely by a compound, lowering of blood glucose after chronic dosing of a compound, lowering of blood glucose in a glucose tolerance test, and lowering of plasma insulin level.

Anti-diabetic agents useful in the compositions of this invention, with dosing information, are identified in the Physician's Desk reference, Edition 56 (2002). Generally, the anti-diabetic agents are administered at a dosage ranging from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg of body weight. The term "anti-diabetic agent" includes within its meaning the compounds within the following therapeutic classes, or a combination of any of these compounds (e.g. a biguanide with a PPAR $\gamma$  agonist):

PPAR $\gamma$  agonists useful in the present invention include, but are not limited to, glitazones (e.g. balaglitazone, ciglitazone; darglitazone; englitazone; isaglitazone (MCC-555); pioglitazone; rosiglitazone; troglitazone; CLX-0921; 5-BTZD, and the like); GW-0207, LG-100641, LY-300512, LY-519818, R483 (Roche), T131 (Tularik), and compounds disclosed in WO97/27857, 97/28115, 97/28137 and 97/27847; and pharmaceutically acceptable salts or esters thereof.

PPAR $\alpha/\gamma$  dual agonists useful in the present invention, include, but are not limited to, CLX-0940, GW-1536, GW1929, GW-2433, KRP-297, L-796449, LR-90, MK-0767, SB 219994, and muraglitazar, and pharmaceutically acceptable salts or esters thereof. KRP-297 is 5-[(2,4-Dioxo-5-thiazolidinyl)methyl]-2-methoxy-N-[[4-(trifluoromethyl)phenyl] methyl]benzamide, and pharmaceutically acceptable salts or esters thereof.

PPAR $\delta$  agonists useful in the present invention include, but are not limited to, GW 501516, GW 590735, and compounds disclosed in JP 10237049, and WO 02/14291; and pharmaceutically acceptable salts or esters thereof.

Biguanides useful in the present invention include, but are not limited to, buformin; metformin; and phenformin; and pharmaceutically acceptable salts or esters thereof. Metformin (Glucophage  $\text{\textcircled{R}}$ ) is indicated for patients with non-insulin dependent diabetes mellitus, particularly those with refractory obesity. Physician's Desk Reference $\text{\textcircled{R}}$  page 1080-1086, (56<sup>th</sup> ed. 2002).

Protein tyrosine phosphatase-1B (PTP-1B) inhibitors useful in the present invention include, but are not limited to, A-401,674, KR 61639, OC-060062, OC-83839, OC-297962, MC52445, MC52453, and the compounds disclosed in WO 02/26707, WO 02/26743, JP 2002114768, and pharmaceutically acceptable salts or esters thereof.

Dipeptidyl peptidase IV (DP-IV) inhibitors, such as isoleucine thiazolidide; NVP-DPP728; P32/98; and LAF 237, P 3298, TSL 225, valine pyrrolidide, TMC-2A/2B/2C, CD-26 inhibitors, FE

999011, P9310/K364, VIP 0177, DPP4, SDZ 274-444; and the compounds disclosed in WO 03/004498 (16 January 2003); WO 03/004496 (16 January 2003); EP 1 258 476 (20 November 2002); WO 02/083128 (24 October 2002); WO 02/062764 (15 August 2002); WO 03/000250 (3 January 2003); WO 03/002530 (9 January 2003); WO 03/002531 (9 January 2003); WO 03/002553 (9 January 2003); WO 03/002593 (9 January 2003); WO 03/000180 (3 January 2003); and WO 03/000181 (3 January 2003).

Sulfonylureas useful in the present invention include, but are not limited to, acetohexamide; chlorpropamide; diabinese; glibenclamide; glipizide; glyburide; glimepiride; gliclazide; glipentide; gliquidone; glisohamide; tolazamide; and tolbutamide; pharmaceutically acceptable salts or esters thereof.

Meglitinides useful in the present invention include, but are not limited to, repaglinide; and nateglinide; and pharmaceutically acceptable salts or esters thereof.

Alpha glucoside hydrolase inhibitors (or glucoside inhibitors) useful in the present invention include, but are not limited to, acarbose; adiposine; camiglibose; emiglitate; miglitol; voglibose; pradimicin-Q; salbostatin; CKD-711; MDL-25,637; MDL-73,945; and MOR 14; and pharmaceutically acceptable salts or esters thereof; and the compounds disclosed in U.S. Patent Nos. 4,062,950; 4,174,439; 4,254,256; 4,701,559; 4,639,436; 5,192,772; 4,634,765; 5,157,116; 5,504,078; 5,091,418; 5,217,877; and 5,091,524.

Alpha-amylase inhibitors useful in the present invention include, but are not limited to, tendamistat, trestatin, and A1-3688; and pharmaceutically acceptable salts and esters thereof; and the compounds disclosed in U.S. Patent Nos. 4,451,455; 4,623,714; and 4,273,765.

Insulin secretagogues useful in the present invention include, but are not limited to, linoglitide; and A-4166; and pharmaceutically acceptable salts and esters thereof.

Fatty acid oxidation inhibitors useful in the present invention include, but are not limited to, clomoxir; and etomoxir, and pharmaceutically acceptable salts and esters thereof.

A2 antagonists useful in the present invention include, but are not limited to, midaglitazole; isaglidole; deriglidole; idazoxan; earoxan; fluparoxan; and pharmaceutically acceptable salts and esters thereof.

Insulin or insulin mimetics useful in the present invention include, but are not limited to, biota, LP-100, novarapid, insulin detemir, insulin lispro, insulin glargine, insulin zinc suspension (lente and ultralente); Lys-Pro insulin, GLP-1 (73-7) (insulintropin); and GLP-1 (7-36)-NH<sub>2</sub>, and pharmaceutically acceptable salts or esters thereof.

Glycogen phosphorylase inhibitors useful in the present invention include, but are not limited to, CP-368,296, CP-316,819, BAYR3401, and compounds disclosed in WO 01/94300, and WO 02/20530; and pharmaceutically acceptable salts or esters thereof.

GLP-1 agonists useful in the present invention include, but are not limited to, exendin-3 and exendin-4, and compounds disclosed in US 2003087821 and NZ 504256, and pharmaceutically acceptable salts or esters thereof.

Non-thiazolidinediones useful in the present invention include, but are not limited to, JT-501, and farglitazar (GW-2570/GI-262579); and pharmaceutically acceptable salts or esters thereof.

Glycokinase activators useful in this invention, include, but are not limited to, fused heteroaromatic compounds such as those disclosed in US 2002103199; and isoindolin-1-one-substituted propionamide compounds such as those disclosed in WO 02/48106.

The above compounds are only illustrative of the anti-obesity agents and anti-diabetic agents that can be used in the compositions of the present invention. As this listing of compounds is not meant to be comprehensive, the methods of the present invention may employ any anti-obesity agent and any anti-diabetic agent, and are not limited to any particular structural class of compounds.

The present invention further relates to the treatment or prevention of diabetes, diabetes associated with obesity, a diabetes-related disorder, obesity or an obesity-related disorder with a combination of an anti-obesity agent and an anti-diabetic agent, which may be administered separately, therefore the invention also relates to combining separate pharmaceutical compositions into a kit form. The kit, according to this invention, comprises two separate pharmaceutical compositions: a first unit dosage form comprising a prophylactically or therapeutically effective amount of the anti-obesity agent, or a pharmaceutically acceptable salt or ester thereof, and a pharmaceutically acceptable carrier or diluent in a first unit dosage form, and a second unit dosage form comprising a prophylactically or therapeutically effective amount of the anti-diabetic agent, or a pharmaceutically acceptable salt or ester thereof, and a pharmaceutically acceptable carrier or diluent in a second unit dosage form.

The present invention also relates to a kit comprising at least one unit dosage of a prophylactically or therapeutically effective amount of an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof, and at least one unit dosage of a prophylactically or therapeutically effective amount of an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof.

In one embodiment of the present invention, the kit further comprises a container. Such kits are especially suited for the delivery of solid oral forms such as tablets or capsules. Such a kit preferably includes a number of unit dosages. Such kits can include a card having the dosages oriented in the order of their intended use. An example of such a kit is a "blister pack". Blister packs are well known in the packaging industry and are widely used for packaging pharmaceutical unit dosage forms. If desired, a memory aid can be provided, for example in the form of numbers, letters, or other markings or with a calendar insert, designating the days or time in the treatment schedule in which the dosages can be administered.

#### Combination Therapy

The compositions of the present invention may be used in combination with other drugs that may also be useful in the treatment, prevention, or control of obesity, diabetes, diabetes associated with obesity, and diabetes-related disorders for which compounds comprising the compositions are useful.

Such other drugs may be administered, by a route and in an amount commonly used therefore, contemporaneously or sequentially with a composition of the present invention. When a composition of the present invention is used contemporaneously with one or more other drugs, a pharmaceutical composition in unit dosage form containing such other drugs and the composition of the present invention is preferred. However, the combination therapy also includes therapies in which the composition of the present invention and one or more other drugs are administered on different overlapping schedules. It is also contemplated that when used in combination with one or more other active ingredients, the composition of the present invention and the other active ingredients may be used in lower doses than when each is used singly. Accordingly, the pharmaceutical compositions of the present invention include those that contain one or more other active ingredients, in addition to a composition of the present invention.

Examples of other active ingredients that may be administered in combination with a composition of the present invention, and either administered separately or in the same pharmaceutical composition, include, but are not limited to:

(a) anti-dyslipidemic agents such as (i) bile acid sequestrants such as, cholestyramine, colesevelam, colestipol, dialkylaminoalkyl derivatives of a cross-linked dextran; Colestid®; LoCholest®; and Questran®, and the like; (ii) HMG-CoA reductase inhibitors such as atorvastatin, itavastatin, fluvastatin, lovastatin, pravastatin, rivastatin, rosuvastatin, simvastatin, and ZD-4522, and the like; (iii) HMG-CoA synthase inhibitors; (iv) cholesterol absorption inhibitors such as stanol esters, beta-sitosterol, sterol glycosides such as tiqueside; and azetidinones such as ezetimibe, vytorin, and the like; (v) acyl coenzyme A -cholesterol acyl transferase (ACAT) inhibitors such as avasimibe, eflucimibe, KY505, SMP 797, and the like; (vi) CETP inhibitors such as JTT 705, torcetrapib, CP 532,632, BAY63-2149, SC 591, SC 795, and the like; (vii) squalene synthetase inhibitors; (viii) anti-oxidants such as probucol, and the like; (ix) PPAR $\alpha$  agonists such as bezafibrate, ciprofibrate, clofibrate, etofibrate, fenofibrate, gemcabene, and gemfibrozil, GW 7647, BM 170744, LY518674; and other fibric acid derivatives, such as Atromid®, Lopid® and Tricor®, and the like; (x) FXR receptor modulators such as GW 4064, SR 103912, and the like; (xi) LXR receptor such as GW 3965, T9013137, and XTCO179628, and the like; (xii) lipoprotein synthesis inhibitors such as niacin; (xiii) renin angiotensin system inhibitors; (xiv) PPAR  $\delta$  partial agonists; (xv) bile acid reabsorption inhibitors, such as BARI 1453, SC435, PHA384640, S8921, AZD7706, and the like; (xvi) PPAR $\delta$  agonists such as GW 501516, and GW 590735, and the like; (xvii) triglyceride synthesis inhibitors; (xviii) microsomal triglyceride transport (MTTP) inhibitors, such as inplitapide, LAB687, and CP346086, and the like; (xix) transcription modulators; (xx) squalene epoxidase inhibitors; (xxi) low density lipoprotein (LDL) receptor inducers; (xxii) platelet aggregation inhibitors; (xxiii) 5-LO or FLAP inhibitors; and (xiv) niacin receptor agonists; and

(b) anti-hypertensive agents such as (i) diuretics, such as thiazides, including chlorthalidone, chlorthiazide, dichlorophenamide, hydroflumethiazide, indapamide, and hydrochlorothiazide; loop diuretics, such as bumetanide, ethacrynic acid, furosemide, and torsemide; potassium sparing agents, such as amiloride, and triamterene; and aldosterone antagonists, such as spironolactone, eplerenone, and the like; (ii) beta-adrenergic blockers such as acebutolol, atenolol, betaxolol, bevantolol, bisoprolol, bopindolol, carteolol, carvedilol, celiprolol, esmolol, indenolol, metoprolol, nadolol, nebivolol, penbutolol, pindolol, propanolol, sotalol, tertatolol, tilisolol, and timolol, and the like; (iii) calcium channel blockers such as amlodipine, aranidipine, azelnidipine, barnidipine, benidipine, bepridil, cinaldipine, clevidipine, diltiazem, efonidipine, felodipine, gallopamil, isradipine, lacidipine, lemdipine, lercanidipine, nicardipine, nifedipine, nilvadipine, nimodipine, nisoldipine, nitrendipine, manidipine, pranidipine, and verapamil, and the like; (iv) angiotensin converting enzyme (ACE) inhibitors such as benazepril; captopril; cilazapril; delapril; enalapril; fosinopril; imidapril; losinopril; moexipril; quinapril; quinaprilat; ramipril; perindopril; perindopril; quanipril; spirapril; tenocapril;trandolapril, and zofenopril, and the like; (v) neutral endopeptidase inhibitors such as omapatrilat, cadoxatril and ecadotril, fosidotril, sampatrilat, AVE7688, ER4030, and the like; (vi) endothelin antagonists such as tezosentan, A308165, and YM62899, and the like; (vii) vasodilators such as hydralazine, clonidine, minoxidil, and nicotinyl alcohol, and the like; (viii) angiotensin II receptor antagonists such as candesartan, eprosartan, irbesartan, losartan, prazosartan, tasosartan, telmisartan, valsartan, and EXP-3137, FI6828K, and RNH6270, and the like; (viii)  $\alpha/\beta$  adrenergic blockers as nipradilol, arotinolol and amosulalol, and the like; (x) alpha 1 blockers, such as terazosin, urapidil, prazosin, bunazosin, trimazosin, doxazosin, naftopidil, indoramin, WHIP 164, and XEN010, and the like; and (xi) alpha 2 agonists such as lofexidine, tiamenidine, moxonidine, rilmenidine and guanobenz, and the like. Combinations of anti-obesity agents and diuretics or beta blockers may further include vasodilators, which widen blood vessels. Representative vasodilators useful in the compositions and methods of the present invention include, but are not limited to, hydralazine (apresoline), clonidine (catapres), minoxidil (Loniten), and nicotinyl alcohol (roniacol).

The above combinations include combinations of a composition of the present invention not only with one other active compound, but also with two or more other active compounds. Non-limiting examples include combinations of the compositions of the present invention with one, two or more active compounds selected from anti-dyslipidemic agents, and anti-hypertensive agents. Combinations of the compositions of the present invention with one, two or more active compounds selected from anti-dyslipidemic agents, and anti-hypertensive agents will be useful to treat, control or prevent metabolic syndrome. Combinations of the compositions of the present invention comprising an anti-obesity agent, an anti-diabetic agent, in addition to an anti-dyslipidemic agent and/or an anti-hypertensive agent are more efficacious in the treatment, control, or prevention of metabolic syndrome than treatment with any of these agents alone. In particular, compositions comprising an anti-obesity agent, an anti-diabetic



agent, an anti-hypertensive agent and/or an anti-dyslipidemic agent will be useful to synergistically treat, control or prevent metabolic syndrome.

### Definitions

5           “Halogen atom” refers to fluorine atom, chlorine atom, bromine atom and iodine atom.

          “Lower alkyl” refers to a straight- or branched-chain alkyl group of C<sub>1</sub> to C<sub>6</sub>, for example, methyl, ethyl, propyl, isopropyl, butyl, isobutyl, sec-butyl, tert-butyl, pentyl, isopentyl, hexyl, isohexyl, and the like.

          “Halo(lower)alkyl” refers to the aforesaid lower alkyl substituted with 1 or more than 2, preferably 1 to 3 aforesaid halogen atoms identically or differently at the substitutable, arbitrary positions, for example, fluoromethyl, difluoromethyl, trifluoromethyl, 2-fluoroethyl, 1,2-difluoroethyl, chloromethyl, 2-chloroethyl, 1,2-dichloroethyl, bromomethyl, iodomethyl, and the like.

          “Hydroxy(lower)alkyl” refers to the aforesaid lower alkyl substituted with 1 or more than 2, preferably 1 or 2 hydroxy groups at the substitutable, arbitrary positions, for example, hydroxymethyl, 2-hydroxyethyl, 1-hydroxy-1-methylethyl, 1,2-dihydroxyethyl, 3-hydroxypropyl, and the like.

          “Cyclo(lower)alkyl” refers to a cycloalkyl group of C<sub>3</sub> to C<sub>6</sub>, for example, cyclopropyl, cyclobutyl, cyclopentyl, cyclohexyl, and the like.

          “Lower alkenyl” refers to a straight- or branched-chain alkenyl group of C<sub>2</sub> to C<sub>6</sub>, for example, vinyl, 1-propenyl, 2-propenyl, isopropenyl, 3-butenyl, 2-butenyl, 1-butenyl, 1-methyl-2-propenyl, 1-methyl-1-propenyl, 1-ethyl-1-ethenyl, 2-methyl-2-propenyl, 2-methyl-1-propenyl, 3-methyl-2-butenyl, 4-pentenyl, and the like.

          “Lower alkoxy” refers to a straight- or branched-chain alkoxy group of C<sub>1</sub> to C<sub>6</sub>, for example, methoxy, ethoxy, propoxy, isopropoxy, butoxy, sec-butoxy, isobutoxy, tert-butoxy, pentyloxy, isopentyloxy, hexyloxy, isohexyloxy, and the like.

25           “Halo(lower)alkoxy” refers to the aforesaid lower alkoxy substituted with 1 or more than 2, preferably 1 to 3 aforesaid halogen atoms identically or differently at the substitutable, arbitrary positions, for example, fluoromethoxy, difluoromethoxy, trifluoromethoxy, 2-fluoroethoxy, 1,2-difluoroethoxy, chloromethoxy, 2-chloroethoxy, 1,2-dichloroethoxy, bromomethoxy, iodomethoxy, and the like.

30           “Lower alkylthio” refers to a straight- or branched-chain alkylthio group of C<sub>1</sub> to C<sub>6</sub>, for example, methylthio, ethylthio, propylthio, isopropylthio, butylthio, sec-butylthio, isobutylthio, tert-butylthio, pentylthio, isopentylthio, hexylthio, isohexylthio, and the like.

          “Lower alkanoyl” refers to an alkanoyl group containing the aforesaid lower alkyl, that is, an alkanoyl group of C<sub>2</sub> to C<sub>7</sub>, for example acetyl, propionyl, butyryl, isobutyryl, valeryl, isovaleryl, pivaloyl, and the like.

          “Lower alkoxycarbonyl” refers to an alkoxycarbonyl group containing the aforesaid lower

alkoxy, that is, an alkoxycarbonyl group of C<sub>2</sub> to C<sub>7</sub>, for example, methoxycarbonyl, ethoxycarbonyl, propoxycarbonyl, isopropoxycarbonyl, butoxycarbonyl, isobutoxycarbonyl, tert-butoxycarbonyl, pentyloxycarbonyl, and the like.

“Lower alkylene optionally substituted with oxo” refers to a straight- or branched-chain alkylene group of C<sub>2</sub> to C<sub>6</sub> which may be substituted with 1 or more than 2, preferably 1 oxo group at a substitutable, arbitrary position, for example, ethylene, trimethylene, tetramethylene, pentamethylene, hexamethylene, 1-oxoethylene, 1-oxotrimethylene, 2-oxotrimethylene, 1-oxotetramethylene, 2-oxotetramethylene, and the like.

“Aryl” includes phenyl, naphthyl, and the like.

“Heteroaryl” refers to 5- or 6-membered monocyclic heteroaromatic group which contains 1 or more than 2, preferably 1 to 3 hetero atoms identically or differently selected from the group of oxygen atom, nitrogen atom and sulfur atom; or condensed heteroaromatic group, where the aforesaid monocyclic heteroaromatic group is condensed with the aforesaid aryl group, or with the identified or different aforesaid monocyclic heteroaromatic group each other, for example, pyrrolyl, furyl, thienyl, imidazolyl, pyrazolyl, thiazolyl, isothiazolyl, oxazolyl, isoxazolyl, 1,2,3-triazolyl, 1,2,4-triazolyl, tetrazolyl, oxadiazolyl, 1,2,3-thiadiazolyl, 1,2,4-thiadiazolyl, 1,3,4-thiadiazolyl, pyridyl, pyrazinyl, pyrimidinyl, pyridazinyl, 1,2,4-triazinyl, 1,3,5-triazinyl, indolyl, benzofuranyl, benzothienyl, benzimidazolyl, benzoxazolyl, benzisoxazolyl, benzothiazolyl, benzisothiazolyl, indazolyl, purinyl, quinolyl, isoquinolyl, phthalazyl, naphthylidynyl, quinoxalynyl, quinazolinyl, cinnolynyl, pteridinyl, pyrido[3,2-b]pyridyl, and the like.

“Lower alkylamino” refers to an amino group mono-substituted with the aforesaid lower alkyl, for example, methylamino, ethylamino, propylamino, isopropylamino, butylamino, sec-butylamino, tert-butylamino, and the like.

“Di-lower alkylamino” refers to an amino group di-substituted with identical or different aforesaid lower alkyl, for example, dimethylamino, diethylamino, ethylmethylamino, dipropylamino, methylpropylamino, diisopropylamino, and the like.

In order to disclose the aforesaid compounds of the general formula (I) more detailed, the various symbols used in the formula (I) are explained in more detail by the use of preferred embodiments.

Ar<sup>1</sup> represents aryl or heteroaryl which may be substituted, the substituent being selected from the group consisting of halogen, nitro, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, cyclo(lower)alkyl, lower alkenyl, lower alkoxy, halo(lower)alkoxy, lower alkylthio, carboxyl, lower alkanoyl, lower alkoxycarbonyl, lower alkylene optionally substituted with oxo, and a group represented by formula of -Q-Ar<sup>2</sup>.

“Aryl or heteroaryl which may be substituted, the substituent being selected from the group consisting of halogen, nitro, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, cyclo(lower)alkyl, lower

alkenyl, lower alkoxy, halo(lower)alkoxy, lower alkylthio, carboxyl, lower alkanoyl, lower alkoxycarbonyl, lower alkylene optionally substituted with oxo, and a group represented by formula of -Q-Ar<sup>2</sup>“ refers to unsubstituted aforesaid aryl or aforesaid heteroaryl, or the aforesaid aryl or aforesaid heteroaryl which has substituent(s) at the substitutable, arbitrary position(s). The aforesaid substituent  
5 can be, identically or differently, one or more than 2, preferably 1 or 2 selected from the group consisting of halogen, nitro, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, cyclo(lower)alkyl, lower alkenyl, lower alkoxy, halo(lower)alkoxy, lower alkylthio, carboxyl, lower alkanoyl, lower alkoxycarbonyl, lower alkylene optionally substituted with oxo, and a group of formula: -Q-Ar<sup>2</sup>.

10 Halogen atom as the aforesaid substituent includes fluorine atom, chlorine atom, and the like preferably.

Lower alkyl as the aforesaid substituent includes methyl, ethyl, propyl, isopropyl, and the like preferably.

Halo(lower)alkyl as the aforesaid substituent includes difluoromethyl, trifluoromethyl, and the like preferably.

15 Hydroxy(lower)alkyl as the aforesaid substituent includes hydroxymethyl, 2-hydroxyethyl, 1-hydroxy-1-methylethyl, and the like preferably.

Cyclo(lower)alkyl as the aforesaid substituent includes cyclopropyl, cyclobutyl, and the like preferably.

20 Lower alkenyl as the aforesaid substituent includes vinyl, 1-propenyl, 2-methyl-1-propenyl, and the like preferably.

Lower alkoxy as the aforesaid substituent includes methoxy, ethoxy, and the like preferably.

Halo(lower)alkoxy as the aforesaid substituents includes fluoromethoxy, difluoromethoxy, trifluoromethoxy, and the like preferably.

25 Lower alkylthio as the aforesaid substituent includes methylthio, ethylthio, and the like preferably.

Lower alkanoyl as the aforesaid substituent includes acetyl, propionyl, and the like preferably.

Lower alkoxycarbonyl as the aforesaid substituent includes methoxycarbonyl, ethoxycarbonyl, and the like preferably.

30 Lower alkylene optionally substituted with oxo as the aforesaid substituent includes 1-oxotetramethylene, and the like preferably.

In a group of formula: -Q-Ar<sup>2</sup> as the aforesaid substituent, Ar<sup>2</sup> represents aryl or heteroaryl which may be substituted, the substituent being selected from the group consisting of halogen, cyano, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, hydroxy, lower alkoxy, halo(lower)alkoxy, lower alkylamino, di-lower alkylamino, lower alkanoyl and aryl;

35 Q represents a single bond or carbonyl.

“Aryl or heteroaryl which may be substituted, the substituent being selected from the group

consisting of halogen, cyano, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, hydroxy, lower alkoxy, halo(lower)alkoxy, lower alkylamino, di-lower alkylamino, lower alkanoyl and aryl” refers to unsubstituted aforesaid aryl or aforesaid heteroaryl, or the aforesaid aryl or aforesaid heteroaryl which has substituent(s) at the substitutable, arbitrary position(s). The aforesaid substituent can be, identically or differently, one or not less than 2, preferably 1 or 2 selected from the group consisting of halogen, cyano, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, hydroxy, lower alkoxy, halo(lower)alkoxy, lower alkylamino, di-lower alkylamino, lower alkanoyl and aryl.

Halogen atom as the aforesaid substituent includes, preferably, fluorine atom, chlorine atom, and the like.

Lower alkyl as the aforesaid substituent includes, preferably, methyl, ethyl, propyl, isopropyl, and the like.

Halo(lower)alkyl as the aforesaid substituent includes, preferably, difluoromethyl, trifluoromethyl, and the like.

Hydroxy(lower)alkyl as the aforesaid substituent includes, preferably, hydroxymethyl, 2-hydroxyethyl, 1-hydroxy-1-methylethyl, and the like.

Lower alkoxy as the aforesaid substituent includes, preferably, methoxy, ethoxy, and the like.

Halo(lower)alkoxy as the aforesaid substituent includes, preferably, fluoromethoxy, difluoromethoxy, trifluoromethoxy, and the like.

Lower alkylamino as the aforesaid substituent includes, preferably, methylamino, ethylamino, and the like.

Di-lower alkylamino as the aforesaid substituent includes, preferably, dimethylamino, diethylamino, and the like.

Lower alkanoyl as the aforesaid substituent includes, preferably, acetyl, propionyl, and the like.

Aryl as the aforesaid substituent includes, preferably, phenyl, and the like.

The substituent(s) of Ar<sup>2</sup> include, preferably, halogen, cyano, lower alkyl, halo(lower)alkyl, hydroxy(lower)alkyl, hydroxy, halo(lower)alkoxy, and the like.

Aryl in Ar<sup>2</sup> includes, preferably, phenyl, and the like and heteroaryl includes imidazolyl, pyridyl, benzofuranyl, quinolyl, and the like.

Consequently, a group of formula: -Q-Ar<sup>2</sup> includes, for example, phenyl, 2-fluorophenyl, 3-fluorophenyl, 4-fluorophenyl, 2,3-difluorophenyl, 2,4-difluorophenyl, 3,5-difluorophenyl, 2-chlorophenyl, 3-chlorophenyl, 4-chlorophenyl, 2-cyanophenyl, 3-cyanophenyl, 4-cyanophenyl, 2-methylphenyl, 3-methylphenyl, 4-methylphenyl, 2-fluoro-5-methylphenyl, 3-fluoromethylphenyl, 2-trifluoromethylphenyl, 3-trifluoromethylphenyl, 4-trifluoromethylphenyl, 2-methoxyphenyl, 3-methoxyphenyl, 4-methoxyphenyl, 3-fluoro-5-methoxyphenyl, 3-fluoromethoxyphenyl, 3-difluoromethoxyphenyl, 3-(2-hydroxyethyl)phenyl, 3-hydroxymethylphenyl, 3-(1-hydroxy-1-methylethyl)phenyl, 3-hydroxyphenyl, 4-hydroxyphenyl, 2-imidazolyl, 1-ethyl-2-imidazolyl, 1,2,4-

thiadiazol-5-yl, 1,3,4-thiadiazol-2-yl, 2-pyridyl, 3-pyridyl, 4-pyridyl, 2-ethyl-4-pyridyl, 4-pyrimidinyl, 5-pyrimidinyl, 4-benzo[b]furanyl, 5-benzo[b]furanyl, 7-benzo[b]furanyl, 2-quinolyl, 3-quinolyl, 4-quinolyl, 5-quinolyl, 6-quinolyl, 8-quinolyl, benzoyl, 2-pyridylcarbonyl, and the like, and preferably, phenyl, 2-fluorophenyl, 3-fluorophenyl, 3,5-difluorophenyl, 3-chlorophenyl, 4-chlorophenyl, 3-cyanophenyl, 3-trifluoromethylphenyl, 3-difluoromethoxyphenyl, 3-(2-hydroxyethyl)phenyl, 3-hydroxyphenyl, 4-hydroxyphenyl, 1-ethyl-2-imidazolyl, 2-pyridyl, 7-benzo[b]furanyl, 2-quinolyl, 3-quinolyl, benzoyl, 2-pyridylcarbonyl, and the like.

The substituent of Ar<sup>1</sup> includes, preferably, halogen, lower alkyl, halo(lower)alkyl, lower alkenyl, lower alkanoyl, lower alkylene optionally substituted with oxo, and a group of formula: -Q-Ar<sup>2</sup>, and the like.

Aryl in Ar<sup>1</sup> includes, preferably, phenyl, and the like and heteroaryl of Ar<sup>1</sup> includes pyrrolyl, imidazolyl, pyrazolyl, thiazolyl, oxazolyl, isoxazolyl, 1,2,3-triazolyl, 1,2,4-thiadiazolyl, pyridyl, pyrazinyl, pyrimidinyl, 1,2,4-triazinyl, benzoxazolyl, benzothiazolyl, quinolyl, pyrido[3,2-b]pyridyl, and the like.

Consequently, Ar<sup>1</sup> includes, for example, 3-fluorophenyl, 4-fluorophenyl, 3,4-difluorophenyl, 3-chlorophenyl, 4-chlorophenyl, 3,4-dichlorophenyl, 4-acetylphenyl, 5-oxo-5,6,7,8-tetrahydro-2-naphthyl, 4-acetyl-3-trifluoromethylphenyl, 4-(1-ethyl-2-imidazolyl)phenyl, 3-(2-pyridyl)phenyl, 3-(4-pyridyl)phenyl, 4-(2-pyridyl)phenyl, 4-(3-pyridyl)phenyl, 4-(2-ethyl-4-pyridyl)phenyl, 4-(4-pyrimidinyl)phenyl, 4-benzoylphenyl, 4-(2-pyridylcarbonyl)phenyl, 1-phenyl-3-pyrrolyl, 1-phenyl-4-imidazolyl, 1-(2-fluorophenyl)-4-imidazolyl, 1-(3-fluorophenyl)-4-imidazolyl, 1-(4-fluorophenyl)-4-imidazolyl, 1-(2,3-difluorophenyl)-4-imidazolyl, 1-(2,4-difluorophenyl)-4-imidazolyl, 1-(3,5-difluorophenyl)-4-imidazolyl, 1-(3-chlorophenyl)-4-imidazolyl, 1-(2-cyanophenyl)-4-imidazolyl, 1-(3-cyanophenyl)-4-imidazolyl, 1-(4-cyanophenyl)-4-imidazolyl, 1-(3-trifluoromethylphenyl)-4-imidazolyl, 1-[3-(2-hydroxyethyl)phenyl]-4-imidazolyl, 1-[3-(1-hydroxy-1-methylethyl)phenyl]-4-imidazolyl, 1-(3-methoxyphenyl)-4-imidazolyl, 1-(2-difluoromethoxyphenyl)-4-imidazolyl, 1-(3-difluoromethoxyphenyl)-4-imidazolyl, 1-(4-difluoromethoxyphenyl)-4-imidazolyl, 1-(2-pyridyl)-4-imidazolyl, 1-(4-benzo[b]furanyl)-4-imidazolyl, 1-(5-benzo[b]furanyl)-4-imidazolyl, 1-(7-benzo[b]furanyl)-4-imidazolyl, 1-(2-quinolyl)-4-imidazolyl, 1-(3-quinolyl)-4-imidazolyl, 1-(4-quinolyl)-4-imidazolyl, 1-(5-quinolyl)-4-imidazolyl, 1-(6-quinolyl)-4-imidazolyl, 1-(8-quinolyl)-4-imidazolyl, 1-phenyl-3-pyrazolyl, 5-phenyl-3-pyrazolyl, 1-phenyl-4-pyrazolyl, 1-(2-fluorophenyl)-3-pyrazolyl, 5-(2-fluorophenyl)-3-pyrazolyl, 5-(3-fluorophenyl)-3-pyrazolyl, 1-(3-fluorophenyl)-4-pyrazolyl, 1-(4-fluorophenyl)-3-pyrazolyl, 5-(4-fluorophenyl)-3-pyrazolyl, 5-(2-chlorophenyl)-3-pyrazolyl, 5-(3-chlorophenyl)-3-pyrazolyl, 5-(4-chlorophenyl)-3-pyrazolyl, 5-(2-difluoromethoxyphenyl)-3-pyrazolyl, 5-(3-difluoromethoxyphenyl)-3-pyrazolyl, 2-methyl-5-phenyl-3-pyrazolyl, 5-(2-pyridyl)-3-pyrazolyl, 5-(2-quinolyl)-3-pyrazolyl, 5-(3-quinolyl)-3-pyrazolyl, 4-phenyl-2-thiazolyl, 5-phenyl-2-thiazolyl, 5-(3-chlorophenyl)-2-thiazolyl, 5-(4-chlorophenyl)-2-thiazolyl, 5-(4-methoxyphenyl)-2-thiazolyl, 5-(2-pyridyl)-2-thiazolyl, 2-phenyl-4-

thiazolyl, 4-phenyl-2-oxazolyl, 5-phenyl-2-oxazolyl, 4-(2-fluoromethoxyphenyl)-2-oxazolyl, 4-(3-fluoromethoxyphenyl)-2-oxazolyl, 5-phenyl-3-isoxazolyl, 3-phenyl-5-isoxazolyl, 3-(2-chlorophenyl)-5-isoxazolyl, 3-(3-chlorophenyl)-5-isoxazolyl, 3-(4-chlorophenyl)-5-isoxazolyl, 3-(2-pyridyl)-5-isoxazolyl, 2-phenyl-1,2,3-triazol-4-yl, 5-phenyl-1,2,4-thiadiazol-3-yl, 5-phenyl-1,3,4-thiadiazol-2-yl, 5-(3-chlorophenyl)-1,3,4-thiadiazol-2-yl, 5-(2-pyridyl)-1,3,4-thiadiazol-2-yl, 5-(2-ethyl-4-pyridyl)-1,3,4-thiadiazol-2-yl, 5-phenyl-2-pyridyl, 6-phenyl-3-pyridyl, 2-phenyl-4-pyridyl, 5-(2-pyridyl)-2-pyridyl, 5-benzoyl-2-pyridyl, 6-benzoyl-3-pyridyl, 5-chloro-2-pyrazinyl, 5-(2-methyl-1-propenyl)-2-pyrazinyl, 5-acetyl-2-pyrazinyl, 5-propionyl-2-pyrazinyl, 5-phenyl-2-pyrazinyl, 5-(3-hydroxyphenyl)-2-pyrazinyl, 5-(4-hydroxyphenyl)-2-pyrazinyl, 5-(1,2,4-thiadiazol-5-yl)-2-pyrazinyl, 5-(1,3,4-thiadiazol-2-yl)-2-pyrazinyl, 5-(2-pyridyl)-2-pyrazinyl, 5-(3-pyridyl)-2-pyrazinyl, 5-(5-pyrimidinyl)-2-pyrazinyl, 5-(3-quinolyl)-2-pyrazinyl, 5-benzoyl-2-pyrazinyl, 5-(2-pyridylcarbonyl)-2-pyrazinyl, 5-acetyl-2-pyrimidinyl, 5-acetyl-3-methyl-2-pyrimidinyl, 4-phenyl-2-pyrimidinyl, 5-phenyl-2-pyrimidinyl, 6-phenyl-4-pyrimidinyl, 2-phenyl-5-pyrimidinyl, 5-(2-fluorophenyl)-2-pyrimidinyl, 5-(3-fluorophenyl)-2-pyrimidinyl, 5-(4-fluorophenyl)-2-pyrimidinyl, 5-(2-chlorophenyl)-2-pyrimidinyl, 5-(3-chlorophenyl)-2-pyrimidinyl, 5-(4-chlorophenyl)-2-pyrimidinyl, 5-(2-methylphenyl)-2-pyrimidinyl, 5-(3-methylphenyl)-2-pyrimidinyl, 5-(2-fluoromethylphenyl)-2-pyrimidinyl, 5-(3-fluoromethylphenyl)-2-pyrimidinyl, 5-(2-trifluoromethylphenyl)-2-pyrimidinyl, 5-(3-trifluoromethylphenyl)-2-pyrimidinyl, 5-(4-trifluoromethylphenyl)-2-pyrimidinyl, 5-(2-hydroxymethylphenyl)-2-pyrimidinyl, 5-(3-hydroxymethylphenyl)-2-pyrimidinyl, 5-(2-hydroxyphenyl)-2-pyrimidinyl, 5-(3-hydroxyphenyl)-2-pyrimidinyl, 5-(2-methoxyphenyl)-2-pyrimidinyl, 5-(3-methoxyphenyl)-2-pyrimidinyl, 5-(4-methoxyphenyl)-2-pyrimidinyl, 5-(2-fluoromethoxyphenyl)-2-pyrimidinyl, 5-(3-fluoromethoxyphenyl)-2-pyrimidinyl, 5-(2-fluoro-5-methylphenyl)-2-pyrimidinyl, 5-(3-fluoro-5-methoxyphenyl)-2-pyrimidinyl, 6-phenyl-3-pyridazinyl, 6-phenyl-1,2,4-triazin-3-yl, 5-chloro-2-benzoxazolyl, 5-fluoro-2-benzothiazolyl, 4-methyl-2-benzothiazolyl, 2-methyl-5-benzothiazolyl, 4-methoxy-2-benzothiazolyl, 3-quinolyl, 6-quinolyl, 7-methyl-2-quinolyl, 2-methyl-6-quinolyl, 6-chloro-2-quinoxalyl, pyrido[3,2-b]pyridin-2-yl, 7-chloropyrido[3,2-b]pyridin-2-yl, 7-methylpyrido[3,2-b]pyridin-2-yl, 7-trifluoromethylpyrido[3,2-b]pyridin-2-yl, 7-difluoromethoxypyrido[3,2-b]pyridin-2-yl, 7-acetylpyrido[3,2-b]pyridin-2-yl, and the like, preferably 3,4-dichlorophenyl, 4-acetylphenyl, 5-oxo-5,6,7,8-tetrahydro-2-naphthyl, 4-acetyl-3-trifluoromethylphenyl, 4-(1-ethyl-2-imidazolyl)phenyl, 4-benzoylphenyl, 4-(2-pyridylcarbonyl)phenyl, 1-phenyl-3-pyrrolyl, 1-phenyl-4-imidazolyl, 1-(2-fluorophenyl)-4-imidazolyl, 1-(3,5-difluorophenyl)-4-imidazolyl, 1-(3-chlorophenyl)-4-imidazolyl, 1-(3-cyanophenyl)-4-imidazolyl, 1-[3-(2-hydroxyethyl)phenyl]-4-imidazolyl, 1-(3-difluoromethoxyphenyl)-4-imidazolyl, 1-(7-benzo[b]furanyl)-4-imidazolyl, 1-(2-quinolyl)-4-imidazolyl, 1-(3-quinolyl)-4-imidazolyl, 1-phenyl-3-pyrazolyl, 5-phenyl-3-pyrazolyl, 1-phenyl-4-pyrazolyl, 1-(3-fluorophenyl)-4-pyrazolyl, 1-(4-fluorophenyl)-3-pyrazolyl, 5-(4-chlorophenyl)-3-pyrazolyl, 5-(3-quinolyl)-3-pyrazolyl, 5-phenyl-2-thiazolyl, 3-phenyl-5-isoxazolyl, 5-(2-methyl-1-propenyl)-2-pyrazinyl, 5-phenyl-2-pyrazinyl, 5-(3-hydroxyphenyl)-2-pyrazinyl, 5-(4-

hydroxyphenyl)-2-pyrazinyl, 5-(2-pyridyl)-2-pyrazinyl, 5-benzoyl-2-pyrazinyl, 5-phenyl-2-pyrimidinyl, 5-(2-fluorophenyl)-2-pyrimidinyl, 5-(3-fluorophenyl)-2-pyrimidinyl, 5-(3-chlorophenyl)-2-pyrimidinyl, 5-(3-trifluoromethyl-phenyl)-2-pyrimidinyl, 5-chloro-2-benzoxazolyl, 4-methyl-2-benzothiazolyl, 7-methyl-2-quinolyl, 7-trifluoromethylpyrido[3,2-b]pyridin-2-yl, and the like, especially 1-phenyl-3-pyrazolyl, 5-phenyl-3-pyrazolyl, 5-phenyl-2-pyrazinyl, 5-(3-hydroxyphenyl)-2-pyrazinyl, 5-(4-hydroxyphenyl)-2-pyrazinyl, 5-phenyl-2-pyrimidinyl, 5-(2-fluorophenyl)-2-pyrimidinyl, 5-(3-fluorophenyl)-2-pyrimidinyl, 7-trifluoro-methylpyrido[3,2-b]pyridin-2-yl, and the like.

n represents 0 or 1, 0 is preferable.

T, U, V and W represent independently nitrogen atom or methine which may have a substituent selected from the group consisting of halogen, lower alkyl, hydroxy and lower alkoxy, where at least two of them represent the said methine group.

"Methine which may have a substituent selected from the group consisting of halogen, lower alkyl, hydroxy and lower alkoxy" refers to unsubstituted methine or methine having a substituent which can be selected from the group consisting of halogen, lower alkyl, hydroxy and lower alkoxy.

Halogen atom as the aforesaid substituent includes preferably fluorine atom, chlorine atom, and the like.

Lower alkyl as the aforesaid substituent includes preferably methyl, ethyl, and the like.

Lower alkoxy as the aforesaid substituent includes preferably methoxy, ethoxy, and the like.

The aforesaid substituent include preferably halogen, and the like.

The preferred mode of T, U, V and W includes, for example, T, U, V and W are independently methine optionally having the aforesaid substituent, preferably halogen; or one of T, U, V and W is nitrogen atom.

X represents methine or nitrogen.

Y represents imino which may be substituted with lower alkyl, or oxygen.

"Imino which may be substituted with lower alkyl" refers to unsubstituted imino or imino substituted with lower alkyl.

The aforesaid lower alkyl includes, preferably, methyl, ethyl, and the like.

Y is preferably unsubstituted imino or oxygen, especially oxygen.

The term "pharmaceutically acceptable salts" refers to the pharmaceutically acceptable and common salts, for example, a base addition salt to carboxyl group when the compound has a carboxyl group, or an acid addition salt to amino or basic heterocyclyl when the compound has an amino or basic heterocyclyl group, including quaternary ammonium salts, prepared from pharmaceutically acceptable non-toxic bases or acids including inorganic or organic bases and inorganic or organic acids. Salts derived from inorganic bases include aluminum, ammonium, calcium, copper, ferric, ferrous, lithium, magnesium, manganic salts, manganous, potassium, sodium, zinc, and the like. Particularly preferred are the ammonium, calcium, magnesium, potassium, and sodium salts. Salts derived from pharmaceutically

acceptable organic non-toxic bases include salts of primary, secondary, and tertiary amines, substituted amines including naturally occurring substituted amines, cyclic amines, and basic ion exchange resins, such as arginine, betaine, caffeine, choline, N,N'-dibenzylethylenediamine, diethylamine, 2-diethylaminoethanol, 2-dimethylaminoethanol, ethanolamine, ethylenediamine, N-ethyl-morpholine, N-ethylpiperidine, glucamine, glucosamine, histidine, hydrabamine, isopropylamine, lysine, methylglucamine, morpholine, piperazine, piperidine, polyamine resins, procaine, purines, theobromine, triethylamine, trimethylamine, tripropylamine, tromethamine, and the like. The term "pharmaceutically acceptable salt" further includes all acceptable salts such as acetate, lactobionate, benzenesulfonate, laurate, benzoate, malate, bicarbonate, maleate, bisulfate, mandelate, bitartrate, mesylate, borate, methylbromide, bromide, methylnitrate, calcium edetate, methylsulfate, camsylate, mucate, carbonate, napsylate, chloride, nitrate, clavulanate, N-methylglucamine, citrate, ammonium salt, dihydrochloride, oleate, edetate, oxalate, edisylate, pamoate (embonate), estolate, palmitate, esylate, pantothenate, fumarate, phosphate/diphosphate, gluceptate, polygalacturonate, gluconate, salicylate, glutamate, stearate, glycolylarsanilate, sulfate, hexylresorcinate, subacetate, hydrabamine, succinate, hydrobromide, tannate, hydrochloride, tartrate, hydroxynaphthoate, teoclate, iodide, tosylate, trifluoro acetate, isothionate, triethiodide, lactate, pantoate, valerate, and the like which can be used as a dosage form for modifying the solubility or hydrolysis characteristics or can be used in sustained release or pro-drug formulations.

It will be understood that, as used herein, references to anti-obesity agents, and to anti-diabetic agents are meant to also include the pharmaceutically acceptable salts and esters thereof.

The term "at least one anti-obesity agent" includes within its meaning a single anti-obesity agent or two anti-obesity agents, each of which may be selected from a distinct class of anti-obesity agents, e.g. an NPY5 antagonist with a lipase inhibitor. The term "at least one anti-diabetic agent" includes within its meaning a single anti-diabetic agent or two anti-diabetic agents, each of which may be selected from a distinct class of anti-diabetic agents, e.g. a PPAR $\gamma$  agonist with a sulfonylurea.

The pharmaceutically acceptable salts of the composition of the instant invention include the composition wherein one of the individual components of the composition is in the form of a pharmaceutically acceptable salt, or the composition wherein all of the individual components are in the form of pharmaceutically acceptable salts (wherein the salts for each of the components can be the same or different), or a pharmaceutically acceptable salt of the combined components (i.e., a salt of the composition).

The "pharmaceutically acceptable esters" in the present invention refer to non-toxic esters, for example, the pharmaceutically acceptable, common esters on carboxyl group when the compound has a carboxyl group, for example, esters with lower alkyls (for example methyl, ethyl, propyl, isopropyl, butyl, sec-butyl, tert-butyl, pentyl, isopentyl, neopentyl, cyclopropyl, cyclobutyl, cyclopentyl), aralkyls (for example benzyl, phenethyl), lower alkenyls (for example allyl, 2-butenyl), lower alkoxy (lower



alkyls (for example methoxymethyl, 2-methoxyethyl, 2-ethoxyethyl), lower alkanoyloxy (lower) alkyls (for example acetoxymethyl, pivaloyloxy-methyl, 1-pivaloyloxyethyl), lower alkoxycarbonyl (lower) alkyls (for example methoxycarbonylmethyl, isopropoxycarbonylmethyl), carboxy-(lower)alkyls (for example carboxymethyl), lower alkoxycarbonyloxy-(lower)alkyls (for example 1-  
5 (ethoxycarbonyloxy)ethyl, 1-(cyclohexyl-oxycarbonyloxy)ethyl), carbamoyloxy(lower)alkyls (for example carbamoyloxymethyl), phthalidyl group, (5-substituted-2-oxo-1,3-dioxol-4-yl)methyl (for example (5-methyl-2-oxo-1,3-dioxol-4-yl)methyl), and the like.

The compounds in the compositions of the present invention include stereoisomers, such as optical isomers, diastereomers and geometrical isomers, or tautomers depending on the mode of  
10 substitution. The compounds may contain one or more chiral centers and occur as racemates, racemic mixtures and as individual diastereomers, enantiomeric mixtures or single enantiomers, or tautomers, with all isomeric forms being included in the present invention. The present invention is meant to comprehend all such isomeric forms of the compounds in the compositions of the present invention, and their mixtures. Therefore, where a compound is chiral, the separate enantiomers, substantially free of the  
15 other, are included within the scope of the invention; further included are all mixtures of the two enantiomers. Also included within the scope of the invention are polymorphs, hydrates and solvates of the compounds of the instant invention.

The present invention includes within its scope prodrugs of the compounds in the compositions of this invention. In general, such prodrugs will be functional derivatives of the compounds in these  
20 compositions which are readily convertible in vivo into the required compound. Thus, in the methods of treatment of the present invention, the term "administering" shall encompass the treatment of obesity and obesity-related disorders with the compounds specifically disclosed as elements of the composition or with compounds which may not be specifically disclosed, but which convert to the specified compounds in vivo after administration to the patient. Conventional procedures for the selection and preparation of  
25 suitable prodrug derivatives are described, for example, in "Design of Prodrugs," ed. H. Bundgaard, Elsevier, 1985.

### Utilities

The compositions of the present invention are useful for the treatment or prevention of diabetes,  
30 and especially non-insulin dependent diabetes mellitus (NIDDM). The diabetes herein may be due to any cause, whether genetic or environmental.

The compositions of the present invention are useful for the treatment or prevention of diabetes associated with obesity. Diabetes associated with obesity may be associated with, caused by, or result from obesity.

35 The compositions of the present invention are useful for the treatment or prevention of diabetes-related disorders. The diabetes-related disorders herein are associated with, caused by, or result from

diabetes. Examples of diabetes-related disorders include hyperglycemia, impaired glucose tolerance, insulin resistance, obesity, lipid disorders, dyslipidemia, hyperlipidemia, hypertriglyceridemia, hypercholesterolemia, low HDL levels, high LDL levels, atherosclerosis and its sequelae, vascular restenosis, irritable bowel syndrome, inflammatory bowel disease, including Crohn's disease and ulcerative colitis, other inflammatory conditions, pancreatitis, abdominal obesity, neurodegenerative disease, retinopathy, neoplastic conditions, adipose cell tumors, adipose cell carcinomas, such as liposarcoma, prostate cancer and other cancers, including gastric, breast, bladder and colon cancers, angiogenesis, Alzheimer's disease, psoriasis, high blood pressure, metabolic syndrome (syndrome X), ovarian hyperandrogenism (polycystic ovary syndrome), and other disorders where insulin resistance is a component. The compositions of the present invention are particularly useful for the treatment, control or prevention of hyperglycemia, impaired glucose tolerance, obesity, dyslipidemia, hyperlipidemia, hypertriglyceridemia, hypercholesterolemia, low HDL levels, atherosclerosis, and metabolic syndrome.

The compositions of the present invention are also useful for the treatment or prevention of metabolic syndrome. The compositions of the present invention further comprising an anti-hypertensive agent and/or an anti-dyslipidemic agent are useful for the treatment or prevention of metabolic syndrome.

The compositions of the present invention are useful for the treatment or prevention of diabetes while mitigating cardiac hypertrophy, including left ventricular hypertrophy. The compositions of the present invention comprised of at least one NPY5 antagonist and at least one PPAR  $\gamma$  agonist are useful for the treatment or prevention of diabetes while mitigating the cardiac hypertrophy side effect, including left ventricular hypertrophy side effect, of PPAR  $\gamma$  agonist treatment.

The compositions of the present invention are useful for the treatment, control, or prevention of obesity. The obesity herein may be due to any cause, whether genetic or environmental. The compositions comprised of an anti-obesity agent, such as a NPY5 antagonist, and an anti-diabetic agent are also useful to treat and/or prevent the weight gain associated with treatment with a diabetic agent.

The compositions of the present invention are useful for the treatment, control, or prevention of obesity-related disorders. The obesity-related disorders herein are associated with, caused by, or result from obesity. Examples of obesity-related disorders include obesity, diabetes, overeating, binge eating, and bulimia, hypertension, elevated plasma insulin concentrations and insulin resistance, dyslipidemia, hyperlipidemia, endometrial, breast, prostate, kidney and colon cancer, osteoarthritis, obstructive sleep apnea, gallstones, heart disease, abnormal heart rhythms and arrhythmias, myocardial infarction, congestive heart failure, coronary heart disease, sudden death, stroke, polycystic ovary disease, craniopharyngioma, Prader-Willi Syndrome, Frohlich's syndrome, GH-deficient subjects, normal variant short stature, Turner's syndrome, and other pathological conditions showing reduced metabolic activity or a decrease in resting energy expenditure as a percentage of total fat-free mass, e.g, children with acute lymphoblastic leukemia. Further examples of obesity-related disorders are metabolic syndrome, also known as syndrome X, insulin resistance syndrome, reproductive hormone abnormalities, sexual and

reproductive dysfunction, such as impaired fertility, infertility, hypogonadism in males and hirsutism in females, fetal defects associated with maternal obesity, gastrointestinal motility disorders, such as obesity-related gastro-esophageal reflux, respiratory disorders, such as obesity-hypoventilation syndrome (Pickwickian syndrome), breathlessness, cardiovascular disorders, inflammation, such as systemic inflammation of the vasculature, arteriosclerosis, hypercholesterolemia, lower back pain, gallbladder disease, hyperuricemia, gout, and kidney cancer, and increased anesthetic risk. The compositions of the present invention are also useful to treat Alzheimer's disease.

The term "diabetes," as used herein, includes both insulin-dependent diabetes mellitus (i.e., IDDM, also known as type 1 diabetes) and non-insulin-dependent diabetes mellitus (i.e., NIDDM, also known as Type 2 diabetes). Type 1 diabetes, or insulin-dependent diabetes, is the result of an absolute deficiency of insulin, the hormone which regulates glucose utilization. Type 2 diabetes, or insulin-independent diabetes (i.e., non-insulin-dependent diabetes mellitus), often occurs in the face of normal, or even elevated levels of insulin and appears to be the result of the inability of tissues to respond appropriately to insulin. The development of Type 2 diabetes is related to obesity; most of the Type 2 diabetics are also obese. The compositions of the present invention are useful for treating both Type 1 and Type 2 diabetes. The compositions of the present invention are especially effective in treating diabetes associated with obesity. The term "diabetes associated with obesity" refers to diabetes caused by obesity or resulting from obesity. The compositions are especially effective for treating Type 2 diabetes. The compositions of the present invention are also useful for treating and/or preventing gestational diabetes mellitus.

Diabetes is characterized by a fasting plasma glucose level of greater than or equal to 126 mg/dl. A diabetic subject has a fasting plasma glucose level of greater than or equal to 126 mg/dl. Prediabetes is characterized by an impaired fasting plasma glucose (FPG) level of greater than or equal to 110 mg/dl and less than 126 mg/dl; or impaired glucose tolerance; or insulin resistance. A prediabetic subject is a subject with impaired fasting glucose (a fasting plasma glucose (FPG) level of greater than or equal to 110 mg/dl and less than 126 mg/dl); or impaired glucose tolerance (a 2 hour plasma glucose level of  $\geq 140$  mg/dl and  $< 200$  mg/dl); or insulin resistance, resulting in an increased risk of developing diabetes.

Treatment of diabetes mellitus refers to the administration of a compound or combination of the present invention to treat a diabetic subject. One outcome of treatment may be decreasing the glucose level in a subject with elevated glucose levels. Another outcome of treatment may be decreasing insulin levels in a subject with elevated insulin levels. Another outcome of treatment may be decreasing plasma triglycerides in a subject with elevated plasma triglycerides. Another outcome of treatment is decreasing LDL cholesterol in a subject with high LDL cholesterol levels. Another outcome of treatment may be increasing HDL cholesterol in a subject with low HDL cholesterol levels. Another outcome of treatment is increasing insulin sensitivity. Another outcome of treatment may be enhancing glucose tolerance in a subject with glucose intolerance. Yet another outcome of treatment may be decreasing insulin resistance

in a subject with increased insulin resistance or elevated levels of insulin. Prevention of diabetes mellitus, in particular diabetes associated with obesity, refers to the administration of a compound or combination of the present invention to prevent the onset of diabetes in a subject in need thereof. A subject in need of preventing diabetes is a prediabetic subject that is overweight or obese.

5           The term "hypertension" as used herein includes essential, or primary, hypertension wherein the cause is not known or where hypertension is due to greater than one cause, such as changes in both the heart and blood vessels; and secondary hypertension wherein the cause is known. Causes of secondary hypertension include, but are not limited to obesity; kidney disease; hormonal disorders; use of certain drugs, such as oral contraceptives, corticosteroids, cyclosporin, and the like. The term "hypertension" encompasses high blood pressure, in which both the systolic and diastolic pressure levels are elevated (≥140 mmHg/≥90 mmHg), and isolated systolic hypertension, in which only the systolic pressure is elevated to greater than or equal to 140 mm Hg, while the diastolic pressure is less than 90 mm Hg. Normal blood pressure may be defined as below 120 mm Hg (systolic pressure) over 80 mm Hg (diastolic pressure). A hypertensive subject is a subject with hypertension. A pre-hypertensive subject is a subject with a blood pressure that is between 120 mmHg over 80 mmHg and 139 mmHg over 89 mmHg. One outcome of treatment is decreasing blood pressure in a subject with high blood pressure. Treatment of hypertension refers to the administration of the combinations of the present invention to treat hypertension in a hypertensive subject. Prevention of hypertension refers to the administration of the combinations of the present invention to a pre-hypertensive subject to prevent the onset of hypertension or a hypertension related disorder.

Dyslipidemias or disorders of lipid metabolism, include various conditions characterized by abnormal concentrations of one or more lipids (i.e. cholesterol and triglycerides), and/or apolipoproteins (i.e., apolipoproteins A, B, C and E), and/or lipoproteins (i.e., the macromolecular complexes formed by the lipid and the apolipoprotein that allow lipids to circulate in blood, such as LDL, VLDL and IDL). Hyperlipidemia is associated with abnormally high levels of lipids, LDL and VLDL cholesterol, and/or triglycerides. Treatment of dyslipidemia refers to the administration of the combinations of the present invention to a dyslipidemic subject. Prevention of dyslipidemia refers to the administration of the combinations of the present invention to a pre-dyslipidemic subject. A pre-dyslipidemic subject is a subject with higher than normal lipid levels that is not yet dyslipidemic.

30           The term "metabolic syndrome", also known as syndrome X, is defined in the Third Report of the National Cholesterol Education Program Expert Panel on Detection, Evaluation and Treatment of High Blood Cholesterol in Adults (ATP-III). E.S. Ford et al., JAMA, vol. 287 (3), Jan. 16, 2002, pp 356-359. Briefly, a person is defined as having metabolic syndrome if the person has three or more of the following disorders: abdominal obesity, hypertriglyceridemia, low HDL cholesterol, high blood pressure, and high fasting plasma glucose. The criteria for these are defined in ATP-III. Treatment of metabolic syndrome refers to the administration of the combinations of the present invention to a subject with

metabolic syndrome. Prevention of metabolic syndrome refers to the administration of the combinations of the present invention to a subject with two of the disorders that define metabolic syndrome. A subject with two of the disorders that define metabolic syndrome is a subject that has developed two of the disorders that define metabolic syndrome, but has not yet developed three or more of the disorders that

5 define metabolic syndrome.

Left ventricular hypertrophy (LVH) is identified based on left ventricular mass index (LVMI) and relative wall thickness (RWT). Left ventricular mass index is defined as left ventricular mass in grams divided by body surface area in meters<sup>2</sup>. Relative wall thickness is defined as  $2 \times \text{posterior wall thickness} / \text{left ventricular end diastolic diameter}$ . Normal LVMI values are typically 85 and normal RWT approximately 0.36. A male subject with LVH has a LVMI greater than 131 g/m<sup>2</sup>; a female subject with LVH has a LVMI greater than 100 g/m<sup>2</sup>. A subject with an elevated LVMI value is a male subject with a LVMI between 85 g/m<sup>2</sup> and 131 g/m<sup>2</sup>, or a female subject with a LVMI between 85 g/m<sup>2</sup> and 100 g/m<sup>2</sup>. Treatment of cardiac hypertrophy, or left ventricular hypertrophy, refers to the administration of the combinations of the present invention to a subject with cardiac hypertrophy or left ventricular

10 approximately 0.36. A male subject with LVH has a LVMI greater than 131 g/m<sup>2</sup>; a female subject with LVH has a LVMI greater than 100 g/m<sup>2</sup>. A subject with an elevated LVMI value is a male subject with a LVMI between 85 g/m<sup>2</sup> and 131 g/m<sup>2</sup>, or a female subject with a LVMI between 85 g/m<sup>2</sup> and 100 g/m<sup>2</sup>. Treatment of cardiac hypertrophy, or left ventricular hypertrophy, refers to the administration of the combinations of the present invention to a subject with cardiac hypertrophy or left ventricular

15 hypertrophy. Prevention of cardiac hypertrophy, or left ventricular hypertrophy, refers to the administration of the combinations of the present invention to decrease or maintain the LVMI in a subject with an elevated LVMI value or to prevent the increase of LVMI in a subject with a normal LVMI value.

One outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular mass. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be a decrease in the rate of increase of ventricular mass. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular wall thickness. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be the decrease in the rate of increase in ventricular wall thickness. One outcome of treatment of diabetes while mitigating cardiac hypertrophy, or left ventricular hypertrophy, may be a decrease in ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in the rate of increase of ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular wall thickness. Another outcome of treatment of diabetes while mitigating cardiac

20 decrease in ventricular mass. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be a decrease in the rate of increase of ventricular mass. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular wall thickness. Another outcome of treatment of cardiac hypertrophy or left ventricular hypertrophy may be the decrease in the rate of increase in ventricular wall thickness. One outcome of treatment of diabetes while mitigating cardiac hypertrophy, or left ventricular hypertrophy, may be a decrease in ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in the rate of increase of ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular wall thickness. Another outcome of treatment of diabetes while mitigating cardiac

25 mitigating cardiac hypertrophy, or left ventricular hypertrophy, may be a decrease in ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in the rate of increase of ventricular mass. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy or left ventricular hypertrophy may be a decrease in ventricular wall thickness. Another outcome of treatment of diabetes while mitigating cardiac hypertrophy of left ventricular hypertrophy may be the decrease in the rate of increase in ventricular wall thickness.

30 hypertrophy of left ventricular hypertrophy may be the decrease in the rate of increase in ventricular wall thickness.

The term "obesity" as used herein is a condition in which there is an excess of body fat. The operational definition of obesity is based on the Body Mass Index (BMI), which is calculated as body weight per height in meters squared (kg/m<sup>2</sup>). "Obesity" refers to a condition whereby an otherwise healthy subject has a Body Mass Index (BMI) greater than or equal to 30 kg/m<sup>2</sup>, or a condition whereby a subject with at least one co-morbidity has a BMI greater than or equal to 27 kg/m<sup>2</sup>. An "obese subject"

35 healthy subject has a Body Mass Index (BMI) greater than or equal to 30 kg/m<sup>2</sup>, or a condition whereby a subject with at least one co-morbidity has a BMI greater than or equal to 27 kg/m<sup>2</sup>. An "obese subject"

is an otherwise healthy subject with a Body Mass Index (BMI) greater than or equal to 30 kg/m<sup>2</sup> or a subject with at least one co-morbidity with a BMI greater than or equal to 27 kg/m<sup>2</sup>. A "subject at risk of obesity" is an otherwise healthy subject with a BMI of 25 kg/m<sup>2</sup> to less than 30 kg/m<sup>2</sup> or a subject with at least one co-morbidity with a BMI of 25 kg/m<sup>2</sup> to less than 27 kg/m<sup>2</sup>.

5           The increased risks associated with obesity occur at a lower Body Mass Index (BMI) in Asians. In Asian countries, including Japan, "obesity" refers to a condition whereby a subject with at least one obesity-induced or obesity-related co-morbidity, that requires weight reduction or that would be improved by weight reduction, has a BMI greater than or equal to 25 kg/m<sup>2</sup>. In Asian countries, including Japan, an "obese subject" refers to a subject with at least one obesity-induced or obesity-  
10 related co-morbidity that requires weight reduction or that would be improved by weight reduction, with a BMI greater than or equal to 25 kg/m<sup>2</sup>. In Asia-Pacific, a "subject at risk of obesity" is a subject with a BMI of greater than 23 kg/m<sup>2</sup> to less than 25 kg/m<sup>2</sup>.

As used herein, the term "obesity" is meant to encompass all of the above definitions of obesity.

Obesity-induced or obesity-related co-morbidities include, but are not limited to, diabetes, non-  
15 insulin dependent diabetes mellitus - type 2, diabetes associated with obesity, impaired glucose tolerance, impaired fasting glucose, insulin resistance syndrome, dyslipidemia, hypertension, hypertension associated with obesity, hyperuricacidemia, gout, coronary artery disease, myocardial infarction, angina pectoris, sleep apnea syndrome, Pickwickian syndrome, fatty liver; cerebral infarction, cerebral thrombosis, transient ischemic attack, orthopedic disorders, arthritis deformans, lumbodinia,  
20 emmeniopathy, and infertility, lower back pain, and increased anesthetic risk. In particular, co-morbidities include: hypertension, hyperlipidemia, dyslipidemia, glucose intolerance, cardiovascular disease, sleep apnea, diabetes mellitus, and other obesity-related conditions.

Treatment of obesity and obesity-related disorders refers to the administration of the compounds or combinations of the present invention to reduce or maintain the body weight of an obese subject. One  
25 outcome of treatment may be reducing the body weight of an obese subject relative to that subject's body weight immediately before the administration of the compounds or combinations of the present invention. Another outcome of treatment may be preventing body weight regain of body weight previously lost as a result of diet, exercise, or pharmacotherapy. Another outcome of treatment may be decreasing the occurrence of and/or the severity of obesity-related diseases. Yet another outcome of  
30 treatment may be decreasing the risk of developing diabetes in an overweight or obese subject. The treatment may suitably result in a reduction in food or calorie intake by the subject, including a reduction in total food intake, or a reduction of intake of specific components of the diet such as carbohydrates or fats; and/or the inhibition of nutrient absorption; and/or the inhibition of the reduction of metabolic rate; and in weight reduction in patients in need thereof. The treatment may also result in an alteration of  
35 metabolic rate, such as an increase in metabolic rate, rather than or in addition to an inhibition of the

reduction of metabolic rate; and/or in minimization of the metabolic resistance that normally results from weight loss.

Prevention of obesity and obesity-related disorders refers to the administration of the compounds or combinations of the present invention to reduce or maintain the body weight of a subject at risk of obesity. One outcome of prevention may be reducing the body weight of a subject at risk of obesity relative to that subject's body weight immediately before the administration of the compounds or combinations of the present invention. Another outcome of prevention may be preventing body weight regain of body weight previously lost as a result of diet, exercise, or pharmacotherapy. Another outcome of prevention may be preventing obesity from occurring if the treatment is administered prior to the onset of obesity in a subject at risk of obesity. Another outcome of prevention may be decreasing the occurrence and/or severity of obesity-related disorders if the treatment is administered prior to the onset of obesity in a subject at risk of obesity. Moreover, if treatment is commenced in already obese subjects, such treatment may prevent the occurrence, progression or severity of obesity-related disorders, such as, but not limited to, arteriosclerosis, Type 2 diabetes, polycystic ovary disease, cardiovascular diseases, osteoarthritis, dermatological disorders, hypertension, insulin resistance, hypercholesterolemia, hypertriglyceridemia, and cholelithiasis.

In particular, the compositions of the present invention comprising a combination of an anti-obesity agent, such as a NPY5 antagonist, and a DP-IV inhibitor are useful to the treatment of atherosclerosis. The term "atherosclerosis" as used herein encompasses vascular diseases and conditions that are recognized and understood by physicians practicing in the relevant fields of medicine. Atherosclerotic cardiovascular disease, coronary heart disease (also known as coronary artery disease or ischemic heart disease), cerebrovascular disease and peripheral vessel disease are all clinical manifestations of atherosclerosis and are therefore encompassed by the terms "atherosclerosis" and "atherosclerotic disease." The combination comprised of a therapeutically effective amount of an anti-obesity agent in combination with a therapeutically effective amount of an anti-diabetic agent may be administered to prevent or reduce the risk of occurrence, or recurrence where the potential exists, of a coronary heart disease event, a cerebrovascular event, or intermittent claudication. Coronary heart disease events are intended to include CHD death, myocardial infarction (i.e., a heart attack), and coronary revascularization procedures. Cerebrovascular events are intended to include ischemic or hemorrhagic stroke (also known as cerebrovascular accidents) and transient ischemic attacks. Intermittent claudication is a clinical manifestation of peripheral vessel disease. The term "atherosclerotic disease event" as used herein is intended to encompass coronary heart disease events, cerebrovascular events, and intermittent claudication. It is intended that persons who have previously experienced one or more non-fatal atherosclerotic disease events are those for whom the potential for recurrence of such an event exists.

The terms "administration of" and or "administering a" compound should be understood to mean providing a compound of the invention or a prodrug of a compound of the invention to a subject in need of treatment. The instant pharmaceutical compositions include administration of a single pharmaceutical dosage formulation which contains an anti-obesity agent and an anti-diabetic agent, as well as administration of each active agent in its own separate pharmaceutical dosage formulation. Where separate dosage formulations are used, the individual components of the composition can be administered at essentially the same time, i.e., concurrently, or at separately staggered times, i.e. sequentially prior to or subsequent to the administration of the other component of the composition. The instant pharmaceutical composition is therefore to be understood to include all such regimes of simultaneous or alternating treatment, and the terms "administration" and "administering" are to be interpreted accordingly. Administration in these various ways are suitable for the present compositions as long as the beneficial pharmaceutical effect of the combination of the anti-obesity agent and the anti-diabetic agent is realized by the patient at substantially the same time. Such beneficial effect is preferably achieved when the target blood level concentrations of each active drug are maintained at substantially the same time. It is preferred that the combination of the anti-obesity agent and the anti-diabetic agent be co-administered concurrently on a once-a-day dosing schedule; however, varying dosing schedules, such as the anti-obesity agent once a day and the anti-diabetic agent once, twice or more times per day, is also encompassed herein. A single oral dosage formulation comprised of both agents in the combination, for example an anti-obesity agent and an anti-diabetic agent, is preferred. A single dosage formulation will provide convenience for the patient, which is an important consideration especially for patients with diabetes, metabolic syndrome, or obese patients who may be in need of multiple medications.

The term "subject", as used herein refers to an animal, preferably a mammal, most preferably a human, who has been the object of treatment, observation or experiment. In one embodiment the term "mammal" is a "human" said human being either male or female. The instant combinations are also useful for treating or preventing obesity and obesity-related disorders in cats and dogs. As such, the term "mammal" includes companion animals such as cats and dogs.

The term "subject in need thereof" refers to a subject who is in need of treatment or prophylaxis as determined by a researcher, veterinarian, medical doctor or other clinician. In one embodiment, a subject in need thereof is a mammal. In another embodiment, a subject in need thereof is an obese subject. In another embodiment, a subject in need thereof is an obese subject with diabetes. In another embodiment, a subject in need thereof is an obese subject at risk of developing diabetes. In another embodiment, a subject in need thereof is a diabetic subject. In another embodiment, a subject in need thereof is an obese diabetic subject. In another embodiment, a subject in need thereof is a diabetic subject at risk of developing obesity. In another embodiment, a subject in need thereof is an obese subject with metabolic syndrome. In another embodiment, a subject in need thereof is an obese subject at



risk of developing metabolic syndrome. In another embodiment, a subject in need thereof is a diabetic subject with metabolic syndrome. In another embodiment, a subject in need thereof is a diabetic subject at risk of developing metabolic syndrome. In another embodiment, a subject in need thereof is an obese diabetic subject with metabolic syndrome. In another embodiment, a subject in need thereof is an obese subject at risk of developing metabolic syndrome. In another embodiment, a subject in need thereof is a diabetic subject at risk of developing metabolic syndrome. In another embodiment, a subject in need thereof is an obese diabetic subject at risk of developing metabolic syndrome.

In another embodiment, a subject in need thereof is an obese subject with cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is a diabetic subject with cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is an obese diabetic subject with cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is an obese subject at risk of developing cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is a diabetic subject at risk of developing cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is an obese diabetic subject at risk of developing cardiac hypertrophy, or left ventricular hypertrophy. In another embodiment, a subject in need thereof is an obese diabetic subject with cardiac hypertrophy, or left ventricular hypertrophy, undergoing PPAR  $\gamma$  agonist treatment. In another embodiment, a subject in need thereof is an obese diabetic subject undergoing PPAR  $\gamma$  agonist treatment and at risk of developing cardiac hypertrophy, or left ventricular hypertrophy.

The administration of the composition of the present invention in order to practice the present methods of therapy is carried out by administering a therapeutically effective amount of the compounds in the composition to a subject in need of such treatment or prophylaxis. The need for a prophylactic administration according to the methods of the present invention is determined via the use of well known risk factors. The effective amount of an individual compound is determined, in the final analysis, by the physician in charge of the case, but depends on factors such as the exact disease to be treated, the severity of the disease and other diseases or conditions from which the patient suffers, the chosen route of administration, other drugs and treatments which the patient may concomitantly require, and other factors in the physician's judgment.

The term "therapeutically effective amount" as used herein means the amount of the active compounds in the composition that will elicit the biological or medical response in a tissue, system, subject, or human that is being sought by the researcher, veterinarian, medical doctor or other clinician, which includes alleviation of the symptoms of the disorder being treated. The novel methods of treatment of this invention are for disorders known to those skilled in the art.

The term "prophylactically effective amount" as used herein means the amount of the active compounds in the composition that will elicit the biological or medical response in a tissue, system, subject, or human that is being sought by the researcher, veterinarian, medical doctor or other clinician,

to prevent the onset of diabetes, diabetes associated with obesity, a diabetes associated disorder, obesity or an obesity-related disorder in a subject at risk of developing the disorder.

The magnitude of prophylactic or therapeutic dose of the active ingredients (e.g. the anti-obesity agent, and the anti-diabetic agent) of the composition will, of course, vary with the nature of the severity of the condition to be treated and with the particular compound in the composition and its route of administration. It will also vary according to the age, weight and response of the individual patient. In general, the daily dose range of each compound in the combination lies within the range of from about 0.0001 mg/kg to about 100 mg/kg, preferably from about 0.001 mg/kg to about 50 mg/kg body weight of a subject in single or divided doses. On the other hand, it may be necessary to use dosages outside these limits in some cases.

For use where a composition for intravenous administration is employed, a suitable dosage range is from about 0.0001 mg/kg to about 50 mg/kg, preferably from 0.001 mg/kg to about 20 mg/kg of each compound in the composition per day.

In the case where an oral composition is employed, a suitable dosage range is, e.g. from about 0.001 mg/kg to about 100 mg/kg of each compound in the composition per day, preferably from about 0.01 mg to about 2000 mg per day. For oral administration, the compositions are preferably provided in the form of tablets containing from 0.01 mg to 1,000 mg, e.g. 0.01, 0.05, 0.1, 0.2, 0.5, 1.0, 2.5, 5, 10, 15, 20, 25, 30, 40, 50, 75, 100, 125, 150, 175, 200, 225, 250, 500, 750, 850, 1,000 and 2,000 milligrams of each active ingredient for the symptomatic adjustment of the dosage to the subject to be treated. This dosage regimen may be adjusted to provide the optimal therapeutic response.

In general, for treating and/or preventing diabetes, diabetes associated with obesity, a diabetes-related disorder, obesity and an obesity related disorder, the anti-obesity agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single dose or in divided doses two to six times per day, or in sustained release form; and the anti-diabetic agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single dose or in divided doses two to six times per day, or in sustained release form. The dosage regimen may be adjusted to provide the optimal therapeutic response.

In general, for treating diabetes while mitigating cardiac hypertrophy, including left ventricular hypertrophy, the anti-diabetic agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single dose or in divided doses two to six times per day, or in sustained release form; and the anti-obesity agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single

dose or in divided doses two to six times per day, or in sustained release form. The dosage regimen may be adjusted to provide the optimal therapeutic response.

In general, for treating and/or preventing metabolic syndrome, the anti-diabetic agent and the anti-obesity agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single dose or in divided doses two to six times per day, or in sustained release form. The dosage regimen may be adjusted to provide the optimal therapeutic response.

In general, for treating and/or preventing metabolic syndrome, the anti-diabetic agent, the anti-obesity agent, the anti-hypertensive agent and the anti-dyslipidemic agent in the combination is administered at a daily dosage of from about 0.0001 mg/kg to about 100 mg/kg of body weight, preferably from about 0.001 mg/kg to about 50 mg/kg, given in a single dose or in divided doses two to six times per day, or in sustained release form. The dosage regimen may be adjusted to provide the optimal therapeutic response.

The compounds of this invention can be administered to humans in the dosage ranges specific for each compound.

Leptin may be administered at a daily dosage of from about 0.01 mg/kg to about 20 mg/kg, preferably, from about 0.01 mg/kg to about 0.3 mg/kg, preferably injected in a single dose or in divided doses.

Nalmefene may be administered at a daily dosage of from about 0.0001 mg/kg to about 10 mg/kg, preferably from about 0.001 to about 0.05 mg/kg.

Orlistat may be administered at a daily dosage of from about 20 mg to about 1200 mg, preferably from about 120 mg to 400 mg in a single dose or divided doses 2 to 3 times per day or in sustained release form; more preferably a 120 mg single dose 3 times per day, or in sustained release form.

Sibutramine may be administered at a daily dosage of from about 0.01 mg/kg to about 10 mg/kg, preferably from about 0.01 mg/kg to about 1 mg/kg in a single dose or in divided doses 2 to 3 times per day, or in sustained release form; more preferably the single daily dose of sibutramine is 5 mg, 10 mg, 15 mg, 20 mg or 30 mg orally.

Rimonabant may be administered at a daily dosage of from about 0.01 mg/kg to about 8 mg/kg, more preferably from about 0.3 mg/kg to about 3 mg/kg of body weight in a single dose or in divided doses 2 to 3 times per day, or in sustained release form.

Topiramate (Topamax®) may be administered at a daily dosage of from about 10 mg to about 1,600 mg per day, preferably from about 50 mg to about 400 mg per day in a single dose or in divided doses, or in sustained release form.

Zonisamide may be administered at a daily dosage of from about 10 mg to about 1,500 mg per day, preferably from about 100 mg to about 600 mg per day in a single dose or in divided doses, or in sustained release form. More preferably zonisamide may be administered at a daily dosage of from

about 100 mg/d orally, with gradual increase to 400 mg/d and further increase to 600 mg/d for patients losing less than 5% of body weight at the end of 12 weeks.

Specific dosages for other commercially available anti-diabetic agents which are useful in the present invention may be found in the Physician's Desk Reference, Edition 56 (2002).

5       The effective dosage of each of the active ingredients employed in the composition may vary depending on the particular compound employed, the mode of administration, the condition being treated and the severity of the condition being treated. Thus, the dosage regimen utilizing the compositions of the present invention is selected in accordance with a variety of factors including type, species, age, general health, body weight, diet, sex and medical condition of the subject; the severity of the condition  
10       to be treated; the renal and hepatic function of the patient; the drug combination; and the particular compounds employed and their routes of administration. A physician, clinician or veterinarian of ordinary skill can readily determine and prescribe the effective amount of the drug required to prevent, counter or arrest the progress of the condition.

15       The weight ratio of the agents in the combinations of the present invention (e.g. the anti-obesity agent; the anti-diabetic agent) may be varied and will depend upon the effective dose of each ingredient. Generally, an effective dose of each will be used. Thus, for example, when an anti-obesity agent, such as an NPY5 antagonist, is combined with an anti-diabetic agent, such as a PPAR  $\gamma$  agonist such as rosiglitazone (Avandia®), or pioglitazone (Actos®), the weight ratio of the NPY5 antagonist to the PPAR  $\gamma$  agonist will generally range from about 1000:1 to about 1:1000, preferably about 200:1 to about  
20       1:200. Compositions of the agents in the combinations of the present invention (e.g. the anti-obesity agent; the anti-diabetic agent) will generally also be within the aforementioned range, but in each case, an effective dose of each active ingredient should be used.

25       Another aspect of the present invention provides pharmaceutical compositions comprising a pharmaceutical carrier and a therapeutically effective amount of each compound in the composition of the present invention. The term "composition", as in pharmaceutical composition, is intended to encompass a product comprising the active ingredient(s), and the inert ingredient(s), such as pharmaceutically acceptable excipients, that make up the carrier, as well as any product which results, directly or indirectly, from combination, complexation or aggregation of any two or more of the ingredients, or from dissociation of one or more of the ingredients, or from other types of reactions or  
30       interactions of one or more of the ingredients. Accordingly, the pharmaceutical compositions of the present invention encompass any composition made by admixing an anti-obesity agent and an anti-diabetic agent, and pharmaceutically acceptable excipients.

Any suitable route of administration may be employed for providing a subject, especially a human, with an effective dosage of a composition of the present invention. For example, oral, rectal,  
35       topical, parenteral, ocular, pulmonary, nasal, and the like may be employed. Dosage forms include tablets, troches, dispersions, suspensions, solutions, capsules, creams, ointments, aerosols, and the like.

The pharmaceutical compositions of the present invention comprise a combination of one or more anti-obesity agents, and one or more anti-diabetic agents, as active ingredients or a pharmaceutically acceptable salt or ester thereof, and may also contain a pharmaceutically acceptable carrier and optionally other therapeutic ingredients. By "pharmaceutically acceptable" it is meant the carrier, diluent or excipient must be compatible with the other ingredients of the formulation and not deleterious to the recipient thereof. In particular, the term "pharmaceutically acceptable salts" refers to salts prepared from pharmaceutically acceptable non-toxic bases or acids including inorganic bases or acids and organic bases or acids.

The compositions include compounds suitable for oral, rectal, topical, parenteral (including subcutaneous, intramuscular, and intravenous), ocular (ophthalmic), pulmonary (aerosol inhalation), or nasal administration, although the most suitable route in any given case will depend on the nature and severity of the conditions being treated and on the nature of the active ingredient. These compositions may be conveniently presented in unit dosage form and prepared by any of the methods well-known in the art of pharmacy.

For administration by inhalation, the compositions of the present invention are conveniently delivered in the form of an aerosol spray presentation from pressurized packs or nebulizers. The compositions may also be delivered as powders which may be formulated and the powder composition may be inhaled with the aid of an insufflation powder inhaler device. The preferred delivery systems for inhalation are metered dose inhalation (MDI) aerosol, which may be formulated as a suspension or solution of the instant composition in suitable propellants, such as fluorocarbons or hydrocarbons and dry powder inhalation (DPI) aerosol, which may be formulated as a dry powder of the composition with or without additional excipients.

Suitable topical formulations of the compositions of the present invention include transdermal devices, aerosols, creams, solutions, ointments, gels, lotions, dusting powders, and the like. The topical pharmaceutical compositions containing the compositions of the present invention ordinarily include about 0.005% to 5% by weight of the active compounds in admixture with a pharmaceutically acceptable vehicle. Transdermal skin patches useful for administering the compositions of the present invention include those well known to those of ordinary skill in that art. To be administered in the form of a transdermal delivery system, the dosage administration will, of course be continuous rather than intermittent throughout the dosage regimen.

The compositions of the present invention can also be administered in the form of liposome delivery systems, such as small unilamellar vesicles, large unilamellar vesicles and multilamellar vesicles. Liposomes can be formed from a variety of phospholipids, such as cholesterol, sterylamine or phosphatidylcholines.

Compositions of the present invention may also be delivered by the use of monoclonal antibodies as individual carriers to which the compound molecules are coupled. The compounds in these

compositions may also be coupled with soluble polymers as targetable drug carriers. Such polymers can include polyvinylpyrrolidone, pyran copolymer, polyhydroxypropyl-methacrylamide phenol, polyhydroxyethylasparamidephton, or polyethyleneoxidepolylysine substituted with palmitoyl residues. Furthermore, the compositions of the present invention may be coupled to a class of biodegradable polymers useful in achieving controlled release of a drug, for example, polylactic acid, polyepsilon caprolactone, polyhydroxybutyric acid, polyorthoesters, polyacetals, polydihydropyrans, polycyanoacrylates and cross-linked or amphipathic block copolymers of hydrogels.

Compositions of the present invention may also be delivered as a suppository employing bases such as cocoa butter, glycerinated gelatin, hydrogenated vegetable oils, mixtures of polyethylene glycols of various molecular weights and fatty acid esters of polyethylene glycol.

In practical use, each compound in the compositions of the present invention (e.g. each anti-obesity agent; each anti-diabetic agent) can be combined as the active ingredients in intimate admixture with a pharmaceutical carrier according to conventional pharmaceutical compounding techniques. The carrier may take a wide variety of forms depending on the form of preparation desired for administration, e.g., oral or parenteral (including intravenous). In preparing the compositions for oral dosage form, any of the usual pharmaceutical media may be employed, such as, for example, water, glycols, oils, alcohols, flavoring agents, preservatives, coloring agents and the like in the case of oral liquid preparations, such as, for example, suspensions, elixirs and solutions; or carriers such as starches, sugars, microcrystalline cellulose, diluents, granulating agents, lubricants, binders, disintegrating agents and the like in the case of oral solid preparations such as, for example, powders, capsules, pellet, powder and tablets, with the solid oral preparations being preferred over the liquid preparations. Because of their ease of administration, tablets and capsules represent the most advantageous oral dosage unit form in which case solid pharmaceutical carriers are obviously employed. If desired, tablets may be coated by standard aqueous or nonaqueous techniques.

In addition to the common dosage forms set out above, the composition may also be administered by controlled release means and/or delivery devices such as those described in U.S. Patent Nos. 3,845,770; 3,916,899; 3,536,809; 3,598,123; 3,630,200 and 4,008,719.

Pharmaceutical compositions of the present invention suitable for oral administration may be presented as discrete units such as capsules (including timed release and sustained release formulations), pills, cachets, powders, granules or tablets each containing a predetermined amount of the active ingredients, as a powder or granules or as a solution or a suspension in an aqueous liquid, a non-aqueous liquid, an oil-in-water emulsion or a water-in-oil liquid emulsion, including elixirs, tinctures, solutions, suspensions, syrups and emulsions. Such compositions may be prepared by any of the methods of pharmacy but all methods include the step of bringing into association the active ingredient with the carrier which constitutes one or more necessary ingredients. In general, the compositions are prepared by uniformly and intimately admixing the active ingredient with liquid carriers or finely divided solid

carriers or both, and then, if necessary, shaping the product into the desired presentation. For example, a tablet may be prepared by compression or molding, optionally with one or more accessory ingredients. Compressed tablets may be prepared by compressing in a suitable machine, the active ingredient in a free-flowing form such as powder or granules, optionally mixed with a binder, lubricant, inert diluent, surface active or dispersing agent. Molded tablets may be made by molding in a suitable machine, a mixture of the powdered compound moistened with an inert liquid diluent.

For example, for oral administration in the form of a tablet, capsule, pellet, or powder, the active ingredient can be combined with an oral, non-toxic, pharmaceutically acceptable inert carrier such as lactose, starch, sucrose, glucose, methyl cellulose, magnesium stearate, mannitol, sorbitol, croscarmellose sodium and the like; for oral administration in liquid form, e.g., elixirs, syrups, slurries, emulsions, suspensions, solutions, and effervescent compositions, the oral drug components can be combined with any oral, non-toxic, pharmaceutically acceptable inert carrier such as ethanol, glycerol, water, oils and the like. Moreover, when desired or necessary, suitable binders, lubricants, disintegrating agents, buffers, coatings, and coloring agents can also be incorporated. Suitable binders can include starch, gelatin, natural sugars such as glucose, anhydrous lactose, free-flow lactose, beta-lactose, and corn sweeteners, natural and synthetic gums, such as acacia, guar, tragacanth or sodium alginate, carboxymethyl cellulose, polyethylene glycol, waxes, and the like. Lubricants used in these dosage forms include sodium oleate, sodium stearate, magnesium stearate, sodium benzoate, sodium acetate, sodium chloride and the like. Various other materials may be present as coatings or to modify the physical form of the dosage unit. For instance, tablets may be coated with shellac, sugar or both. A syrup or elixir may contain, in addition to the active ingredient, sucrose as a sweetening agent, methyl and propylparabens as preservatives, a dye and a flavoring such as cherry or orange flavor. When a dosage unit form is a capsule, it may contain, in addition to materials of the above type, a liquid carrier such as a fatty oil.

Desirably, each tablet contains from 0.01 to 1,000 mg, particularly 0.01, 0.05, 0.1, 0.2, 0.5, 1.0, 2.5, 5, 10, 15, 20, 25, 30, 40, 50, 75, 100, 125, 150, 175, 200, 225, 250, 500, 750, 850 and 1,000 milligrams of each active ingredient in the composition of the present invention (e.g. each anti-obesity agent, each anti-diabetic agent, each anti-hypertensive agent, each anti-dyslipidemic agent) for the symptomatic adjustment of the dosage to the subject to be treated; and each cachet or capsule contains from about 0.01 to 1,000 mg, particularly 0.01, 0.05, 0.1, 0.2, 0.5, 1.0, 2.5, 5, 10, 15, 20, 25, 30, 40, 50, 75, 100, 125, 150, 175, 200, 225, 250, 500, 750, 850 and 1,000 milligrams of each active ingredient in the composition of the present invention (e.g. each anti-obesity agent, each anti-diabetic agent, each anti-hypertensive agent, each anti-dyslipidemic agent) for the symptomatic adjustment of the dosage to the subject to be treated.

Exemplifying the invention is a pharmaceutical composition comprising an anti-obesity agent and an anti-diabetic agent described above and a pharmaceutically acceptable carrier.

Also exemplifying the invention is a pharmaceutical composition made by combining any of the anti-obesity agents and anti-diabetic agents described above and a pharmaceutically acceptable carrier. An illustration of the invention is a process for making a pharmaceutical composition comprising combining any of the anti-obesity agents and anti-diabetic agents described above and a pharmaceutically acceptable carrier.

The dose may be administered in a single daily dose or the total daily dosage may be administered in divided doses of two to six times daily. Furthermore, based on the properties of the individual compound selected for administration, the dose may be administered less frequently, e.g., weekly, twice weekly, monthly, etc. The unit dosage will, of course, be correspondingly larger for the less frequent administration.

When administered via intranasal routes, transdermal routes, by rectal or vaginal suppositories, or through a continual intravenous solution, the dosage administration will, of course, be continuous rather than intermittent throughout the dosage regimen.

The following are examples of representative pharmaceutical dosage forms for the compositions of the present invention:

<u>Injectable Suspension (I.M.)</u>	<u>mg/mL</u>
NPY5 antagonist of Formula I or II	0.70
rosiglitazone (Avandia®)	1.0
cyclodextrin	Q.S. ed to
(35% weight/volume)	1 ml volume
<u>glycerol</u>	<u>63.05</u>
Water for injection to a total volume of 1 mL	

<u>Tablet</u>	<u>mg/tablet</u>
NPY5 antagonist of Formula I or II	25
rosiglitazone (Avandia®)	20
Microcrystalline Cellulose	40.5
Lactose	101.5
Croscarmellose Sodium	5.0
Hydroxypropylcellulose	6.0
Sodium Dodecyl Sulfate	1.0
<u>Magnesium Stearate</u>	<u>1.0</u>
	200

<u>Capsule</u>	<u>mg/capsule</u>
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NPY5 antagonist of Formula I or II	100
Pioglitazone (Actos®)	20
Lactose	65
<u>Sodium Dodecyl Sulfate</u>	<u>15</u>
5	200

<u>Aerosol</u>	<u>Per canister</u>
NPY5 antagonist of Formula I or II	4 mg
Pioglitazone (Actos®)	9 mg
10 Lecithin, NF Liq. Conc.	1.2 mg
Trichlorofluoromethane, NF	4.025 g
<u>Trichlorodifluoromethane, NF</u>	<u>12.15 g</u>

It will be understood that the scope of compositions of the compounds of this invention with  
 15 other agents useful for treating or preventing obesity and obesity-related conditions includes in principle  
 any combination with any pharmaceutical composition useful for treating obesity and obesity-related  
 disorders.

In order to illustrate the invention, the following examples are included. These examples do not  
 20 limit the invention. They are only meant to suggest a method of reducing the invention to practice.  
 Those skilled in the art may find other methods of practicing the invention which are readily apparent to  
 them. However, those methods are also deemed to be within the scope of this invention.

#### 25 EXAMPLE 1

In vivo study for combination therapy with a NPY5 antagonist and an anti-diabetic agent (effect on  
obesity/food intake and glucose/insulin).

30 DIO mice are treated simultaneously with an effective dose of a NPY5 antagonist and an  
 effective dose of an anti-diabetic agent.

#### Materials and Methods

Male C57BL/6J mice (CLEA Japan Inc., 12-16 months old at the beginning of the drug  
 35 administration) are used. Mice are given water and regular pellet chow (CE-2, CLEA Japan Inc.) *ad*  
*libitum*. They are kept in an animal room which is maintained at  $23 \pm 2$  °C temperature,  $55 \pm 15$  %

relative humidity and on a 12-hr light-dark cycle (7:00-19:00) during a quarantine and acclimatization period of 1 week. Before the start of drug administration, mice are fed a MHF diet (Oriental BioService Co., Tokyo, Japan) for about 9 to 10 months until the body weight gain reaches a plateau. After the body weight gain reaches a plateau, the diet is changed to a powder MHF diet. The powder MHF diet is given by powder feeder (small dishes). Diet and dishes are changed everyday, and daily food intake is measured. During this period, animals are orally administered vehicle (0.5% methylcellulose in distilled water) by gavage once-daily. After the stable feeding is observed, the amount of new food is adjusted to daily food intake + 0.3 g, to minimize the amount of spilled food. After the acclimation period, the MHF diet-fed mice are divided into two groups to match average values of body weight and food intake (n=8-12). One of the groups is orally administered vehicle while the second group is administered a combination of Compound A, a Y5 antagonist anti-obesity agent, and an anti-diabetic compound, such as a PPAR $\gamma$  agonist such as rosiglitazone. Compound A is given at a dose of 100 mg/kg once-daily and rosiglitazone is given at a dose of 20 mg/kg once a day for 1.5 months by gavage, respectively. The administration is done one and half hours before the beginning of the dark period following the measurement of body weight. The amount of food is divided into two meals and given at about 8:00 and 18:00 to avoid a long duration of fasting. Food, and body weight are measured. At the end of the treatment period, animals are fasted overnight and an oral glucose tolerance test is performed.

Effective combinations result in body weight loss of  $\geq 5\%$  and a statistically significant reduction in glucose and/or insulin, and/or improvement in an oral glucose tolerance test in the treated group compared to the vehicle treated group.

## EXAMPLE 2

Human study for combination therapy with a NPY5 antagonist and an anti-diabetic agent (effect on obesity/food intake and glucose/insulin).

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### Materials and Methods

800 people with a BMI  $\geq 30$  who have impaired fasting plasma glucose levels, impaired glucose tolerance, or elevated serum insulin, indicative of a prediabetic insulin resistant state, and who may have elevated serum glucose levels, indicative of type II diabetes, are advised to diet and increase their physical activity. After a two-week placebo run-in period, which includes a standardized program of diet, physical activity, and lifestyle changes, the patients are randomized into 4 treatment groups: placebo; an effective dose of a NPY5 antagonist, such as 1000 mg of Compound A; an effective dose of an anti-diabetic agent such as 2.5 mg of the sulfonylurea glyburide; and an effective dose of the NPY5 antagonist

plus an effective dose of the anti-diabetic agent. The NPY5 antagonist is given once or more per day, as previously determined to be effective. The anti-diabetic agent is given once or more per day, as previously determined to be effective. When the anti-diabetic agent is glyburide, tablets of glyburide are given once per day. Patients are treated for 6 months, body weights are measured biweekly, and appetite, hunger, satiety are measured weekly using standard questionnaires. Serum glucose and insulin levels are determined at day 0, monthly, and after the final dose.

Effective combinations result in body weight loss of  $\geq 5\%$  and an improvement in serum insulin levels, indicative of improved insulin sensitivity and/or lower fasting blood glucose levels.

### EXAMPLE 3

Human study for combination therapy with a NPY5 antagonist and an anti-diabetic agent (effect on Cardiac Hypertrophy and Left Ventricular Hypertrophy)

#### Materials and Methods

800 people with a BMI  $\geq 30$  are advised to diet and increase their physical activity. After a two-week placebo run-in period, which includes a standardized program of diet, physical activity, and lifestyle changes, the patients are randomized into 4 treatment groups: placebo; an effective dose of a NPY5 antagonist, such as 1000 mg of Compound A; an effective dose of an anti-diabetic agent such as a PPAR  $\gamma$  agonist such as rosiglitazone; and an effective dose of the NPY5 antagonist plus an effective dose of the anti-diabetic agent. The NPY5 antagonist is given once or more per day, as previously determined to be effective. The anti-diabetic agent is given once or more per day, as previously determined to be effective. Patients are treated for 6 months, body weights are measured biweekly, and appetite, hunger, satiety are measured weekly using standard questionnaires. Echocardiographic evaluation of the heart including left ventricular mass is performed at randomization and at the end of the study.

Effective combinations result in body weight loss of  $\geq 5\%$  and a statistically significant decrease in left ventricular mass.

### EXAMPLE 4

Non Diabetic Rodent Model of Syndrome X: study for combination therapy with a NPY5 antagonist and an anti-diabetic agent and/or an anti-hypertensive agent and/or an anti-dyslipidemic agent. (Effect blood pressure, serum insulin levels, triglyceride levels, and fatty acid levels)

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5           The following experiment demonstrates the ability of the composition to lower blood pressure in an animal model of Syndrome X. This experiment uses a non-diabetic rodent model where blood insulin levels, blood pressure and serum triglycerides are elevated but serum glucose levels are within normal limits.

#### 10   Materials and Methods

Male, Sprague-Dawley rats (Harlan Sprague Dawley, Indianapolis, IN), initially weighing 175-199 g are used for all experiments. Prior to dietary manipulation, all rats are fed Purina Rat Chow (no. 5012; St. Louis, MO) and water ad libitum and maintained on a 12-h (0600-1800 h) light-dark cycle. The rats are then placed on a diet (TD 78463; Harlan Teklad, Madison, WI) which provides 60% of total  
15   calories as fructose. The fructose-enriched diet is given for 11 days, during which time the rats are acclimated to the procedure of blood pressure measurement. Ambient temperature is kept at 30C. The equipment used includes magnetic animal holders connected with manual scanner (model 65-12, IITC, Inc., Woodland Hills, CA), pulse amplifier (model 59, IITC, Inc.), and dual-channel recorder (model 1202, Linear Intrs. Corp., Reno, Nevada).

20           At the end of the initial dietary period, blood pressure is determined, and rats randomly divided into two groups. Both groups are maintained on the fructose-enriched diet, but one group is gavaged with a combination of anti-obesity agent, such as compound A (such as 100 mpk PO) and an anti-diabetic agent such as pioglitazone, and/or an anti-hypertensive agent such as enalapril, and/or an anti-lipid agent such as simvastatin, whereas the other group is treated in the same manner with vehicle alone. Blood  
25   pressure is measured once per week, before and after doses of either the combination or vehicle (8 weeks of treatment). In both instances, the general procedure is similar. Rats are removed from the animal room and taken to the laboratory at 0900 h. They are allowed free access to water and are kept in a quiet area before the blood pressure is measured at 1300 h. The tail-cuff method, without external preheating, is used to measure the systolic blood pressure. The systolic blood pressure is measured in the conscious  
30   state and has been shown with this technique to be similar to that obtained by direct arterial cannulation. The final blood pressure determinations were performed on the afternoon following the last morning dose of the combination or vehicle. In approximately half of the rats studied, tail vein blood is removed at 1300 h (four hours after removal of food), centrifuged, frozen, and later assayed for plasma glucose, insulin, and triglyceride concentrations. Plasma free fatty acid concentration is assayed enzymatically by  
35   the ACS-ACOD method using a commercial kit (Waro Chemicals Inc., Richmond, VA).

The animal model used in this example has many of the features of Syndrome X. Fructose fed rats do not have increased blood glucose and therefore this is not a diabetic model. However, these rats do show increased serum insulin, increased triglycerides and free fatty acid concentration and increased blood pressure. Thus, this animal model is the animal model for Syndrome X.

5           Effective compositions improve the characteristic cluster of symptoms associated with Syndrome X. Effective compositions lower at least two of the symptoms of Syndrome X: blood pressure, blood insulin, free fatty acid, bodyweight and triglyceride levels in a non-diabetic rat model where blood glucose levels remain normal.

10           Additional animal models can be used, including BRS3 KO mice (Ohki-Hamazaki et al, Nature 390: 165, 1997) and diet-induced obese and hypertensive dogs (Hall et al, Am. J. Hypertension, 2001, 14: 103S-115S).

15           While the invention has been described and illustrated with reference to certain particular embodiments thereof, those skilled in the art will appreciate that various changes, modifications and substitutions can be made therein without departing from the spirit and scope of the invention. For example, effective dosages other than the particular dosages as set forth herein above may be applicable as a consequence of variations in the responsiveness of the subject being treated for any of the indications for the compounds of the invention indicated above. Likewise, the specific pharmacological  
20           responses observed may vary according to and depending upon the particular active compound selected or whether there are present pharmaceutical carriers, as well as the type of formulation and mode of administration employed, and such expected variations or differences in the results are contemplated in accordance with the objects and practices of the present invention. It is intended, therefore, that the invention be defined by the scope of the claims which follow and that such claims be interpreted as  
25           broadly as is reasonable.

WHAT IS CLAIMED IS:

1. A composition comprising an anti-obesity agent, and pharmaceutically acceptable salts and esters thereof, and an anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof.

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2. The composition of Claim 1 comprising  
(a) an anti-obesity agent selected from the group consisting of

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- (1) a 5HT transporter inhibitor;
- (2) a NE transporter inhibitor;
- (3) a CB-1 antagonist/inverse agonist;
- (4) a ghrelin antibody;
- (5) a ghrelin antagonist;
- (6) a H3 antagonist/inverse agonist;
- (7) a MCH1R antagonist;
- (8) a MCH2R agonist/antagonist;
- (9) a NPY1 antagonist;
- (10) a NPY2 agonist,
- (11) a NPY5 antagonist;
- (12) leptin;
- (13) a leptin derivative;
- (14) an opioid antagonist;
- (15) an orexin antagonist;
- (16) a BRS3 agonist;
- (17) a CCK-A agonist;
- (18) a CNTF;
- (19) a CNTF derivative;
- (20) a GHS agonist;
- (21) 5HT2c agonist;
- (22) a Mc3r agonist;
- (23) a Mc4r agonist;
- (24) a monoamine reuptake inhibitor;
- (25) a serotonin reuptake inhibitor;
- (26) topiramate;
- (27) phytopharm compound 57;
- (28) an ACC2 inhibitor;
- (29) a  $\beta$ 3 agonist;

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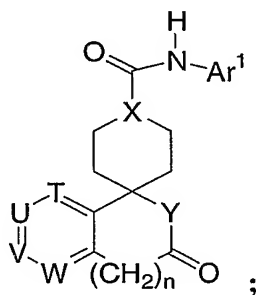
- (30) a DGAT1 inhibitor;  
 (31) a DGAT2 inhibitor;  
 (32) a FAS inhibitor;  
 (33) a PDE inhibitor;  
 5 (34) a thyroid hormone  $\beta$  agonist;  
 (35) an UCP-1, 2, or 3 activator;  
 (36) an acyl-estrogen;  
 (37) a glucocorticoid antagonist;  
 (38) an  $11\beta$  HSD-1 inhibitor;  
 10 (39) a SCD-1 inhibitor;  
 (40) a lipase inhibitor;  
 (41) a fatty acid transporter inhibitor;  
 (42) a dicarboxylate transporter inhibitor;  
 (43) a glucose transporter inhibitor; and  
 15 (44) a phosphate transporter inhibitor;  
 and pharmaceutically acceptable salts and esters thereof; and  
 (b) an anti-diabetic agent selected from the group consisting of  
 (1) a sulfonylurea;  
 (2) a meglitinide;  
 20 (3) an  $\alpha$ -amylase inhibitor;  
 (4) an  $\alpha$ -glucoside hydrolase inhibitor;  
 (5) a PPAR $\gamma$  agonist;  
 (6) a PPAR  $\alpha/\gamma$  agonis;  
 (7) a biguanide;  
 25 (8) glucagon-like peptide 1 agonist;  
 (9) a protein tyrosine phosphatase-1B inhibitor,  
 (10) a dipeptidyl peptidase IV inhibitor;  
 (11) an insulin secretagogue;  
 (12) a fatty acid oxidation inhibitor;  
 30 (13) an A2 antagonist;  
 (14) a c-jun amino-terminal kinase inhibitor;  
 (15) insulin;  
 (16) an insulin mimetic;  
 (17) a glycogen phosphorylase inhibitor;  
 35 (18) a VPAC2 receptor agonist; and  
 (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof;

provided that when the anti-obesity agent is a Mc4r agonist, then the anti-diabetic agent is not selected from a sulfonylurea, an  $\alpha$ -glucoside hydrolase inhibitor, a PPAR  $\gamma$  agonist, a biguanide, a protein tyrosine phosphatase-1B inhibitor, insulin and an insulin mimetic; and further provided that when the anti-diabetic agent is a PPAR  $\alpha$  or a PPAR  $\gamma$  agonist, then the anti-obesity agent is not selected from a NPY5 antagonist, a monoamine reuptake inhibitor, a  $\beta$ 3 agonist, and a lipase inhibitor.

3. The composition of Claim 2 wherein the anti-obesity agent is a NPY5 antagonist, or a pharmaceutically acceptable salt or ester thereof.

4. A composition comprising an NPY5 antagonist and an anti-diabetic agent, wherein the NPY5 antagonist is selected from the group consisting of a compound of formula I



(I)

and pharmaceutically acceptable salts and esters thereof, wherein Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,



- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- (k) carboxyl,
- (l) lower alkanoyl,
- 5 (m) lower alkoxy carbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- 10 (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) cyano,
- 15 (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- 20 (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

25 n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

30 wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- 35 (d) lower alkoxy; and

wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

Y is selected from the group consisting of

- 5 (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- (2) oxygen;

and pharmaceutically acceptable salts and esters thereof, and at least one anti-diabetic agent, and pharmaceutically acceptable salts and esters thereof.

10 5. The composition of Claim 4 wherein the anti-diabetic agent is selected from the group consisting of:

- (1) a sulfonylurea,
- (2) a meglitinide,
- (3) an  $\alpha$ -amylase inhibitor,
- 15 (4) an  $\alpha$ -glucoside hydrolase inhibitor,
- (5) a PPAR $\gamma$  agonist,
- (6) a PPAR  $\alpha/\gamma$  agonist,
- (7) a biguanide,
- (8) glucagon-like peptide 1 agonist,
- 20 (9) a protein tyrosine phosphatase-1B inhibitor,
- (10) a dipeptidyl peptidase IV inhibitor,
- (11) an insulin secreatagogue,
- (12) a fatty acid oxidation inhibitor,
- (13) an A2 antagonist,
- 25 (14) a c-jun amino-terminal kinase inhibitor,
- (15) insulin,
- (16) an insulin mimetic,
- (17) a glycogen phosphorylase inhibitor,
- (18) a VPAC2 receptor agonist, and
- 30 (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof.

6. The composition of Claim 4 wherein the NPY5 antagonist is selected from the group consisting of:

- 35 (1) N-(4-benzoylphenyl)-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide;
- (2) 3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isoindoline-1,4'-piperidine]-1'-carboxamide;

- (3) N-(7-methyl-2-quinolyl)-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide;
- (4) N-(4-benzoylphenyl)-2-methyl-3-oxospiro[isoindoline-1,4'-piperidine]-1'-carboxamide;
- (5) N-(4-benzoylphenyl)-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 5 (6) 3,4-dihydro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (7) 3,4-dihydro-N-(7-methyl-2-quinolyl)-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (8) N-(4-acetylphenyl)-3,4-dihydro-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 10 (9) 3,4-dihydro-3-oxo-N-[1-(2-quinolyl)-4-imidazolyl]-spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (10) 3,4-dihydro-3-oxo-N-(5-oxo-5,6,7,8-tetrahydro-2-naphthyl)spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 15 (11) 3,4-dihydro-N-[5-(2-methyl-1-propenyl)-2-pyrazinyl]-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (12) 3,4-dihydro-3-oxo-N-(3-phenyl-5-isoxazolyl)spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (13) N-[1-(7-benzo[b]furanyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 20 (14) N-[1-(3-difluoromethoxyphenyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (15) 3,4-dihydro-3-oxo-N-[4-(2-pyridylcarbonyl)phenyl]-spiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 25 (16) N-(3,4-dichlorophenyl)-3,4-dihydro-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (17) N-[1-(3-chlorophenyl)-4-imidazolyl]-3,4-dihydro-3-oxospiro[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (18) 3,4-dihydro-3-oxo-N-(5-phenyl-2-thiazolyl)spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 30 (19) 3,4-dihydro-3-oxo-N-[5-(2-pyridyl)-2-pyrazinyl]spiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- (20) 3,4-dihydro-N-(4-methyl-2-benzothiazolyl)-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;
- 35 (21) N-(5-chloro-2-benzoxazolyl)-3,4-dihydro-3-oxospiro-[isoquinoline-1(2H),4'-piperidine]-1'-carboxamide;

- (22) N-(4-benzoylphenyl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (23) 3-oxo-N-(5-phenyl-2-pyrazinyl)-spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (24) N-(7-methyl-2-quinolyl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 5 (25) 3-oxo-N-(3-phenyl-5-isoxazolyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (26) 3-oxo-N-(7-trifluoromethylpyrido[3,2-b]pyridin-2-yl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (27) 3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 10 (28) 3-oxo-N-[1-(3-quinolyl)-4-imidazolyl]spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (29) 3-oxo-N-(5-phenyl-3-pyrazolyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 15 (30) N-[5-(4-chlorophenyl)-3-pyrazolyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (31) 3-oxo-N-[5-(3-quinolyl)-3-pyrazolyl]spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (32) N-[5-(3-fluorophenyl)-2-pyrimidinyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 20 (33) 3-oxo-N-[5-(3-trifluoromethylphenyl)-2-pyrimidinyl]-spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (34) N-[5-(3-chlorophenyl)-2-pyrimidinyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 25 (35) N-(7-difluoromethoxypyrido[3,2-b]pyridin-2-yl)-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (36) 3-oxo-N-(5-phenyl-1,2,4-thiadiazol-3-yl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (37) N-{1-[3-(2-hydroxyethyl)phenyl]-4-imidazolyl}-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 30 (38) N-[4-(1-ethyl-2-imidazolyl)phenyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (39) N-[1-(3-methoxyphenyl)-4-imidazolyl]-3-oxospiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 35 (40) 6-fluoro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

- (41) 6-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (42) 5-fluoro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- 5 (43) 5-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro-[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;
- (44) N-(4-benzoylphenyl)-3,4-dihydro-3-oxospiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide;
- (45) 3,4-dihydro-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide;
- 10 (46) N-(5-benzoyl-2-pyrazinyl)-3,4-dihydro-3-oxospiro[1H-2-benzopyran-1,4'-piperidine]-1'-carboxamide;
- (47) trans-N-(4-benzoylphenyl)-3'-oxospiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- 15 (48) trans-3'-oxo-N-(5-phenyl-2-pyrazinyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (49) trans-3'-oxo-N-(1-phenyl-4-imidazolyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (50) trans-3'-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- 20 (51) trans-N-[1-(3,5-difluorophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (52) trans-3'-oxo-N-(5-phenyl-3-pyrazolyl)spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- 25 (53) trans-N-[1-(2-fluorophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (54) trans-N-(4-acetyl-3-trifluoromethylphenyl)-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (55) trans-3'-oxo-N-[1-(3-quinolyl)-4-imidazolyl]-spiro[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- 30 (56) trans-N-[1-(3-cyanophenyl)-4-imidazolyl]-3'-oxospiro-[cyclohexane-1,1'(3'H)-isobenzofuran]-4-carboxamide;
- (57) trans-N-(4-benzoylphenyl)-3-oxospiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;
- 35 (58) trans-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(59) trans-3-oxo-N-(3-phenyl-5-isoxazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(60) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

5 (61) trans-N-(4-benzoylphenyl)-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(62) trans-N-(4-benzoylphenyl)-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

10 (63) N-[5-(4-hydroxyphenyl)-2-pyrazinyl]-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

(64) N-[5-(3-hydroxyphenyl)-2-pyrazinyl]-3-oxospiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

(65) 4-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

15 (66) 7-fluoro-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

(67) 6-ethyl-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

20 (68) 6-hydroxy-3-oxo-N-(5-phenyl-2-pyrazinyl)spiro[isobenzofuran-1(3H),4'-piperidine]-1'-carboxamide;

(69) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(70) trans-N-[5-(3-fluorophenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

25 (71) trans-N-[5-(2-fluorophenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(72) trans-3-oxo-N-(4-phenyl-2-oxazolyl)spiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

30 (73) trans-N-[5-(2-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(74) trans-N-[5-(3-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(75) trans-N-[5-(3-fluoromethoxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

35 (76) trans-N-[5-(3-fluoromethylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(77) trans-N-[5-(3-fluoro-5-methoxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(78) trans-N-[5-(2-fluoro-5-methylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

5 (79) trans-N-[4-(3-fluoromethoxyphenyl)-2-oxazolyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(80) trans-N-[5-(3-hydroxymethylphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

10 (81) trans-N-[5-(3-hydroxyphenyl)-2-pyrimidinyl]-3-oxospiro[5-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(82) trans-3-oxo-N-(5-phenyl-2-pyrimidinyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(83) trans-N-[5-(3-fluoromethylphenyl)-2-pyrimidinyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

15 (84) trans-N-[5-(3-fluoromethoxyphenyl)-2-pyrimidinyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(85) trans-3-oxo-N-(6-phenyl-1,2,4-triazin-3-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

20 (86) trans-N-[5-(2-difluoromethoxyphenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(87) trans-N-[5-(3-difluoromethoxyphenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(88) trans-N-[5-(3-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

25 (89) trans-N-[5-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(90) trans-N-(4-benzoylphenyl)-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

30 (91) trans-N-[1-(3,5-difluorophenyl)-4-imidazolyl]-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(92) trans-3-oxo-N-[2-phenyl-4-pyridyl]spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(93) trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

35 (94) trans-3-oxo-N-(1-phenyl-3-pyrrolyl)spiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(95) trans-N-[1-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[7-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(96) trans-3-oxo-N-(1-phenyl-3-pyrazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

5 (97) trans-3-oxo-N-(1-phenyl-4-pyrazolyl)spiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(98) trans-N-[1-(3-fluorophenyl)-4-pyrazolyl]-3-oxospiro[4-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

10 (99) trans-3-oxo-N-(1-phenyl-3-pyrazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(100) trans-N-[1-(4-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(101) trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

15 (102) trans-3-oxo-N-(5-phenyl-1,2,4-thiadiazol-3-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(103) trans-3-oxo-N-(5-phenyl-3-isoxazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

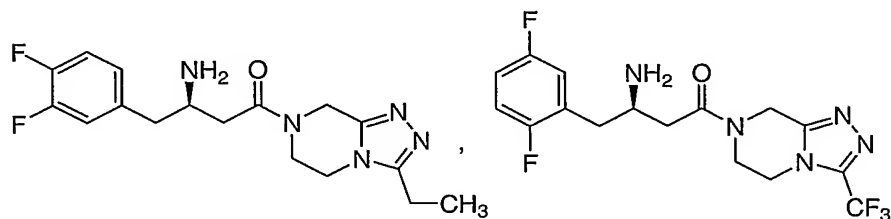
20 (104) trans-3-oxo-N-(6-phenyl-3-pyridyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

(105) trans-3-oxo-N-(2-phenyl-3-thiazolyl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

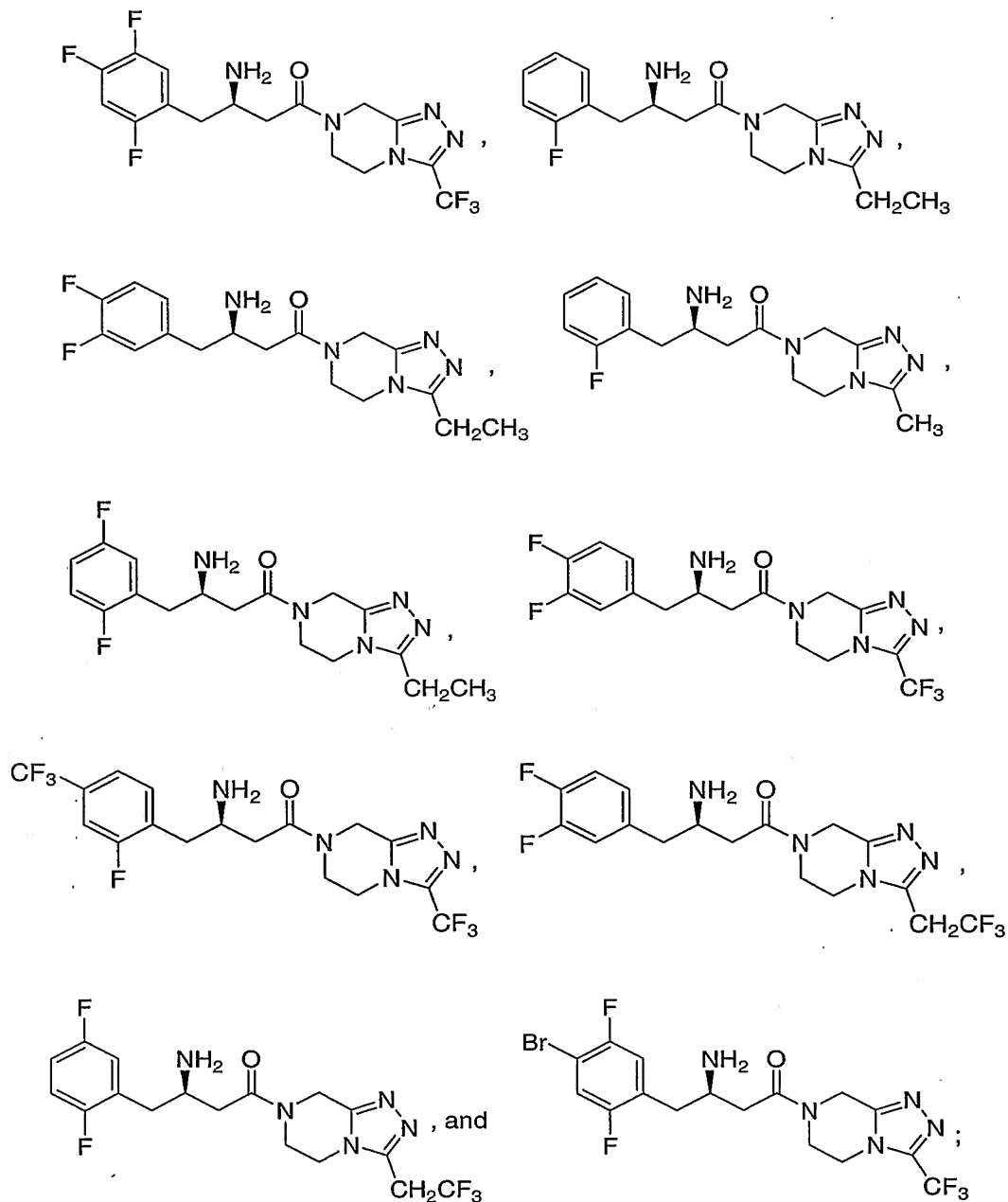
(106) trans-3-oxo-N-(2-phenyl-1,2,3-triazol-4-yl)spiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide;

25 and pharmaceutically acceptable salts and esters thereof.

7. The composition of Claim 4 wherein the anti-diabetic agent is a dipeptidyl peptidase-IV (DP-IV) inhibitor selected from the group consisting of:





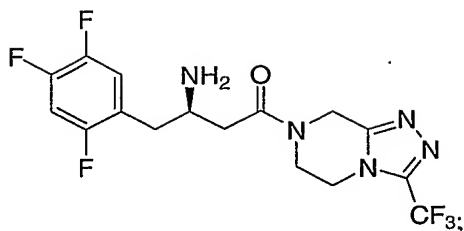


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or a pharmaceutically acceptable salt thereof.

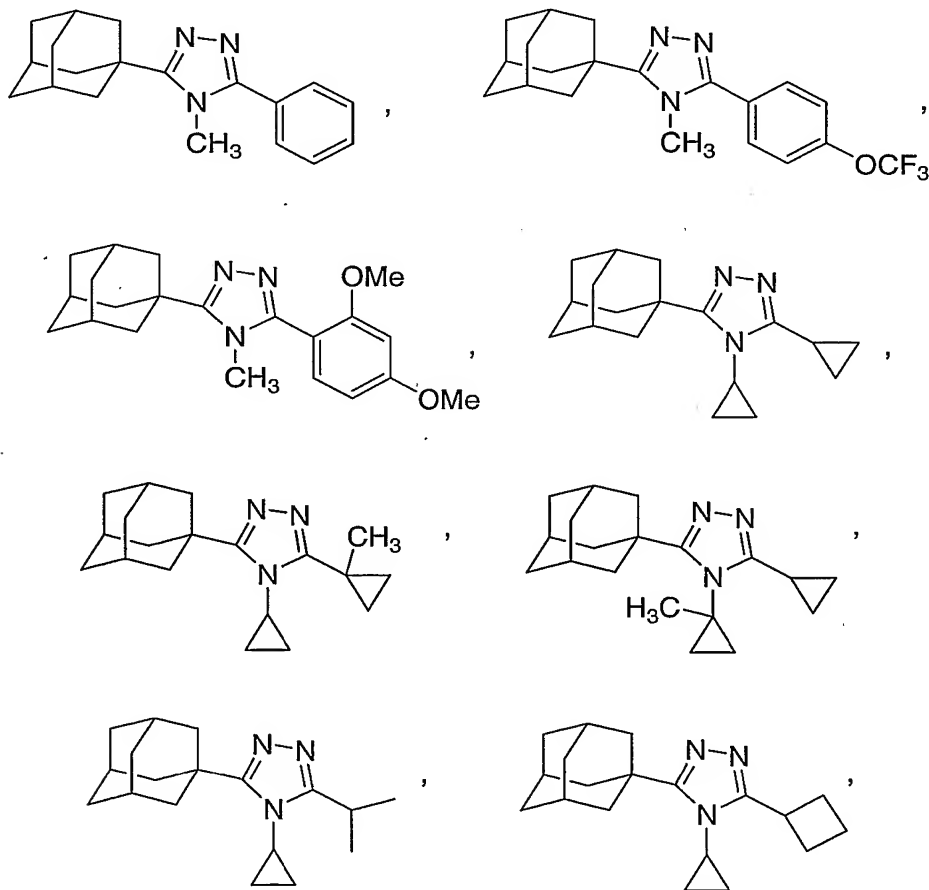
8. The composition of Claim 3 wherein the NPY5 antagonist is trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, or a pharmaceutically acceptable salt thereof, and the anti-diabetic agent is

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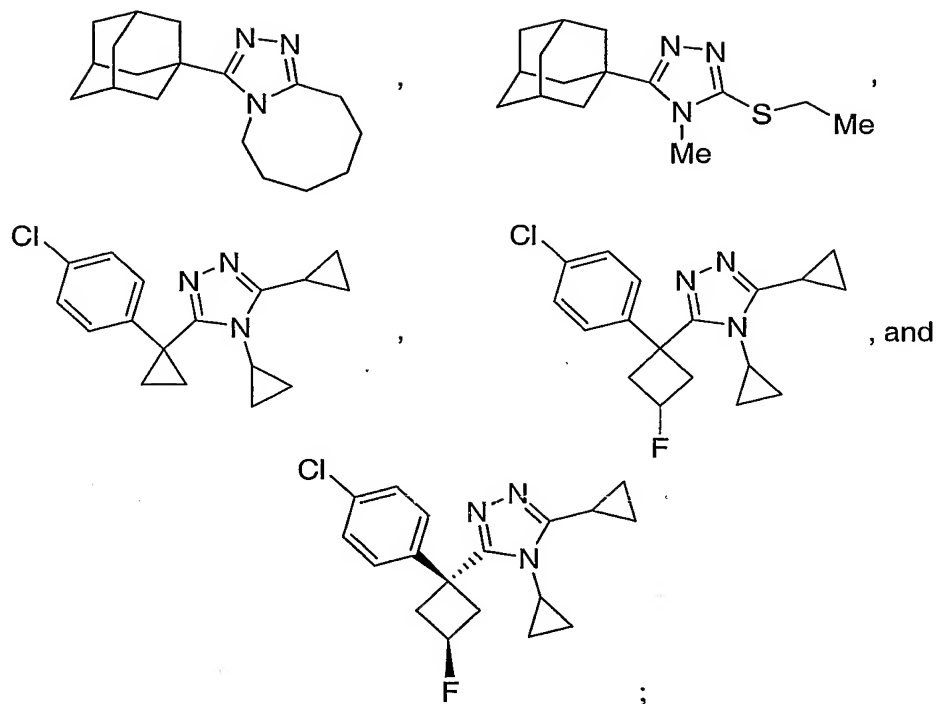


or a pharmaceutically acceptable salt thereof.

9. The composition of Claim 3 wherein the NPY5 antagonist is trans-N-[1-(2-fluorophenyl)-3-pyrazolyl]-3-oxospiro[6-azaisobenzofuran-1(3H),1'-cyclohexane]-4'-carboxamide, or a pharmaceutically acceptable salt thereof, and the anti-diabetic agent is selected from the group consisting of:

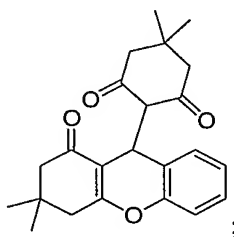


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5 or a pharmaceutically acceptable salt or solvate thereof.

10. The composition of Claim 3 wherein the NPY5 antagonist is selected from the group consisting of a compound of formula II



(II)

and pharmaceutically acceptable salts and esters thereof.

11. The composition of Claim 1 wherein  
 (a) the anti-obesity agent selected from the group consisting of: aminorex; amphechloral; amphetamine; benzphetamine; chlorphentermine; clobenzorex; cloforex; clominorex; clortermine; cyclexedrine;

dexfenfluramine; dextroamphetamine; diethylpropion; diphenmethoxidine; N-ethylamphetamine; fenbutrazate; fenfluramine; fenisorex; fenproporex; fludorex; fluminorex; furfurylmethylamphetamine; levamfetamine; levophacetoperane; mazindol; mefenorex; metamfepramone; methamphetamine; norpseudoephedrine; pentorex; phendimetrazine; phenmetrazine; phentermine; phenylpropanolamine; picilorex; and zonisamide; and pharmaceutically acceptable salts and esters thereof; and (b) the anti-diabetic agent is selected from the group consisting of:

- (1) a sulfonyleurea;
- (2) a meglitinide;
- (3) an  $\alpha$ -amylase inhibitor;
- (4) an  $\alpha$ -glucoside hydrolase inhibitor;
- (5) a PPAR $\gamma$  agonist;
- (6) a PPAR  $\alpha/\gamma$  agonist;
- (7) a biguanide;
- (8) glucagon-like peptide 1 agonist;
- (9) a protein tyrosine phosphatase-1B inhibitor;
- (10) a dipeptidyl peptidase IV inhibitor;
- (11) an insulin secretagogue;
- (12) a fatty acid oxidation inhibitor;
- (13) an A2 antagonist;
- (14) a c-jun amino-terminal kinase inhibitor;
- (15) insulin;
- (16) an insulin mimetic;
- (17) a glycogen phosphorylase inhibitor;
- (18) a VPAC2 receptor agonist; and
- (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof;

and a pharmaceutically acceptable carrier;

provided that when the anti-diabetic agent is a PPAR  $\alpha$  or a PPAR  $\gamma$  agonist, then the anti-obesity agent is not selected from dexfenfluramine, fenfluramine, mazindol, and phentermine.

12. A composition comprising (1) a composition of Claim 1, and (2) one or more compounds selected from the group consisting of:

(a) anti-dyslipidemic agents such as (i) bile acid sequestrants such as, cholestyramine, colesevelam, colestipol, dialkylaminoalkyl derivatives of a cross-linked dextran; Colestid®, LoCholest®, and Questran®, and the like; (ii) HMG-CoA reductase inhibitors such as atorvastatin, itavastatin,

fluvastatin, lovastatin, pravastatin, rivastatin, rosuvastatin, simvastatin, and ZD-4522, and the like; (iii) HMG-CoA synthase inhibitors; (iv) cholesterol absorption inhibitors such as stanol esters, beta-sitosterol, sterol glycosides such as tiqueside; and azetidinones such as ezetimibe, vytorin, and the like; (v) acyl coenzyme A -cholesterol acyl transferase inhibitors such as avasimibe, eflucimibe, KY505, SMP 797, and the like; (vi) CETP inhibitors such as JTT 705, torcetrapib, CP 532,632, BAY63-2149, SC 591, SC 795, and the like; (vii) squalene synthetase inhibitors; (viii) anti-oxidants such as probucol, and the like; (ix) PPAR $\alpha$  agonists such as bezafibrate, ciprofibrate, clofibrate, etofibrate, fenofibrate, gemcabene, and gemfibrozil, GW 7647, BM 170744, LY518674; and other fibric acid derivatives, such as Atromid®, Lopid® and Tricor®, and the like; (x) FXR receptor modulators such as GW 4064, SR 103912, and the like; (xi) LXR receptor such as GW 3965, T9013137, and XTCO179628, and the like; (xii) lipoprotein synthesis inhibitors such as niacin; (xiii) renin angiotensin system inhibitors; (xiv) PPAR  $\delta$  partial agonists; (xv) bile acid reabsorption inhibitors, such as BARI 1453, SC435, PHA384640, S8921, AZD7706, and the like; (xvi) PPAR $\delta$  agonists such as GW 501516, and GW 590735, and the like; (xvii) triglyceride synthesis inhibitors; (xviii) microsomal triglyceride transport inhibitors, such as inplitapide, LAB687, and CP346086, and the like; (xix) transcription modulators; (xx) squalene epoxidase inhibitors; (xxi) low density lipoprotein receptor inducers; (xxii) platelet aggregation inhibitors; (xxiii) 5-LO or FLAP inhibitors; and (xiv) niacin receptor agonists; and

(b) anti-hypertensive agents such as (i) diuretics, such as thiazides, including chlorthalidone, chlorthiazide, dichlorophenamide, hydroflumethiazide, indapamide, and hydrochlorothiazide; loop diuretics, such as bumetanide, ethacrynic acid, furosemide, and torsemide; potassium sparing agents, such as amiloride, and triamterene; and aldosterone antagonists, such as spironolactone, eplerenone, and the like; (ii) beta-adrenergic blockers such as acebutolol, atenolol, betaxolol, bevantolol, bisoprolol, bopindolol, carteolol, carvedilol, celiprolol, esmolol, indenolol, metoprolol, nadolol, nebivolol, penbutolol, pindolol, propanolol, sotalol, tertatolol, tilisolol, and timolol, and the like; (iii) calcium channel blockers such as amlodipine, aranidipine, azelnidipine, barnidipine, benidipine, bepridil, cinaldipine, clevidipine, diltiazem, efondipine, felodipine, gallopamil, isradipine, lacidipine, lemdidipine, lercanidipine, nicardipine, nifedipine, nilvadipine, nimodipine, nisoldipine, nitrendipine, manidipine, pranidipine, and verapamil, and the like; (iv) angiotensin converting enzyme (ACE) inhibitors such as benazepril; captopril; cilazapril; delapril; enalapril; fosinopril; imidapril; losinopril; moexipril; quinapril; quinaprilat; ramipril; perindopril; perindopril; quanipril; spirapril; tenocapril; trandolapril, and zofenopril, and the like; (v) neutral endopeptidase inhibitors such as omapatrilat, cadoxatril and ecadotril, fosidotril, sampatrilat, AVE7688, ER4030, and the like; (vi) endothelin antagonists such as tezosentan, A308165, and YM62899, and the like; (vii) vasodilators such as hydralazine, clonidine, minoxidil, and nicotynyl alcohol, and the like; (viii) angiotensin II receptor antagonists such as candesartan, eprosartan, irbesartan, losartan, prazosartan, tasosartan, telmisartan, valsartan, and EXP-3137, FI6828K, and RNH6270, and the like; (vii)  $\alpha/\beta$  adrenergic blockers as

nipradilol, arotinolol and amosulalol, and the like; (x) alpha 1 blockers, such as terazosin, urapidil, prazosin, bunazosin, trimazosin, doxazosin, naftopidil, indoramin, WHIP 164, and XEN010, and the like; and (xi) alpha 2 agonists such as lofexidine, tiamenidine, moxonidine, rilmenidine and guanobenz, and the like; and

5 (3) a pharmaceutically acceptable carrier.

13. A pharmaceutical composition comprising a composition of Claim 1 and a pharmaceutically acceptable carrier.

10 14. A method of treating diabetes comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

15 15. A method of treating diabetes comprising administration of a therapeutically effective amount of the composition of Claim 8 to a subject in need of such treatment.

16. A method of treating diabetes comprising administration of a therapeutically effective amount of the composition of Claim 9 to a subject in need of such treatment.

20 17. A method of treating a diabetes-related disorder comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

25 18. The method according to Claim 17 wherein the diabetes-related disorder is selected from the group consisting of: hyperglycemia, impaired glucose tolerance, glucose intolerance, insulin resistance syndrome, obesity, dyslipidemia, hyperlipidemia, hypertriglyceridemia, hypercholesterolemia, low HDL levels, high LDL levels, atherosclerosis, vascular restenosis, irritable bowel syndrome, inflammatory bowel disease, Crohn's disease, ulcerative colitis, other inflammatory conditions, pancreatitis, abdominal obesity, neurodegenerative disease, retinopathy, neoplastic conditions, adipose cell tumors, adipose cell carcinomas, such as liposarcoma, prostate cancer and other cancers, including gastric, breast, bladder, kidney, and colon cancers, angiogenesis, Alzheimer's disease, psoriasis, high blood pressure, metabolic syndrome, polycystic ovary syndrome, and other disorders where insulin resistance is a component.

35 19. The method according to Claim 17 wherein the diabetes-related disorder is selected from the group consisting of hyperglycemia, impaired glucose tolerance, obesity, dyslipidemia, hyperlipidemia, hypertriglyceridemia, insulin resistance syndrome, hypercholesterolemia, low HDL levels, high LDL levels, atherosclerosis, and metabolic syndrome.

20. The method according to Claim 17 wherein the diabetes- related disorder is metabolic syndrome.

5 21. A method of treating cardiac hypertrophy comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

22. A method of treating cardiac hypertrophy comprising administration of a therapeutically effective amount of the composition of Claim 8 to a subject in need of such treatment.

10 23. A method of treating cardiac hypertrophy comprising administration of a therapeutically effective amount of the composition of Claim 9 to a subject in need of such treatment.

15 24. A method of treating diabetes while mitigating the cardiac hypertrophy side effect associated with PPAR  $\gamma$  agonist treatment comprising administration of a therapeutically effective amount of a NPY5 antagonist, or a pharmaceutically acceptable salt thereof, and a therapeutically effective amount of a PPAR  $\gamma$  agonist, or a pharmaceutically acceptable salt thereof, to a subject in need of such treatment.

20 25. The method according to Claim 24 wherein the cardiac hypertrophy side effect is left ventricular hypertrophy.

26. A method of treating obesity comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

25 27. A method of treating obesity comprising administration of a therapeutically effective amount of the composition of Claim 8 to a subject in need of such treatment.

30 28. A method of treating obesity comprising administration of a therapeutically effective amount of the composition of Claim 9 to a subject in need of such treatment.

29. A method of treating an obesity-related disorder comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

35 30. A method of treating metabolic syndrome comprising administration of a therapeutically effective amount of the composition of Claim 8 to a subject in need of such treatment.

31. A method of treating metabolic syndrome comprising administration of a therapeutically effective amount of the composition of Claim 9 to a subject in need of such treatment.

5 32. A method of treating metabolic syndrome comprising comprising administration of a therapeutically effective amount of a composition of Claim 1 and a therapeutically effective amount of an anti-hypertensive agent to a subject in need of such treatment.

10 33. A method of treating metabolic syndrome comprising comprising administration of a therapeutically effective amount of a composition of Claim 1 and a therapeutically effective amount of an anti-dyslipidemic agent to a subject in need of such treatment.

15 34. A method of treating metabolic syndrome comprising comprising administration of a therapeutically effective amount of a composition of Claim 1, a therapeutically effective amount of an anti-dyslipidemic agent, and a therapeutically effective amount of an anti-hypertensive agent to a subject in need of such treatment.

20 35. A method of treating, controlling or preventing metabolic syndrome comprising the administration of an effective amount of a composition of Claim 1, and an effective amount of one or more other compounds selected from the group consisting of:

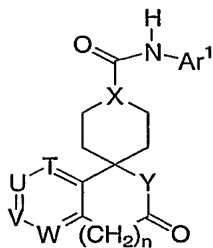
(a) anti-dyslipidemic agents such as (i) bile acid sequestrants such as, cholestyramine, colestevem, colestipol, dialkylaminoalkyl derivatives of a cross-linked dextran; Colestid®; LoCholest®; and Questran®, and the like; (ii) HMG-CoA reductase inhibitors such as atorvastatin, itavastatin, fluvastatin, lovastatin, pravastatin, rivastatin, rosuvastatin, simvastatin, and ZD-4522, and the like; (iii) HMG-CoA synthase inhibitors; (iv) cholesterol absorption inhibitors such as stanol esters, beta-sitosterol, sterol glycosides such as tiqueside; and azetidinones such as ezetimibe, vytorin, and the like; (v) acyl coenzyme A -cholesterol acyl transferase inhibitors such as avasimibe, eflucimibe, KY505, SMP 797, and the like; (vi) CETP inhibitors such as JTT 705, torcetrapib, CP 532,632, BAY63-2149, SC 591, SC 795, and the like; (vii) squalene synthetase inhibitors; (viii) anti-oxidants such as probucol, and the like; (ix) PPAR $\alpha$  agonists such as beclofibrate, benzaifibrate, ciprofibrate, clofibrate, etofibrate, fenofibrate, gemcabene, and gemfibrozil, GW 7647, BM 170744, LY518674; and other fibric acid derivatives, such as Atromid®, Lopid® and Tricor®, and the like; (x) FXR receptor modulators such as GW 4064, SR 103912, and the like; (xi) LXR receptor such as GW 3965, T9013137, and XTCO179628, and the like; (xii) lipoprotein synthesis inhibitors such as niacin; (xiii) renin angiotensin system inhibitors; (xiv) PPAR  $\delta$  partial agonists; (xv) bile acid reabsorption inhibitors, such as BARI 1453, SC435, PHA384640, S8921, AZD7706, and the like; (xvi) PPAR $\delta$  agonists such as GW 501516, and GW 590735, and the



like; (xvii) triglyceride synthesis inhibitors; (xviii) microsomal triglyceride transport inhibitors, such as inplitapide, LAB687, and CP346086, and the like; (xix) transcription modulators; (xx) squalene epoxidase inhibitors; (xxi) low density lipoprotein receptor inducers; (xxii) platelet aggregation inhibitors; (xxiii) 5-LO or FLAP inhibitors; and (xiv) niacin receptor agonists; and

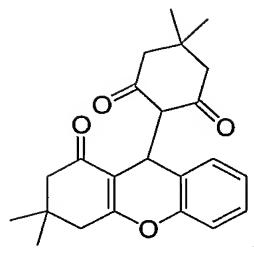
- 5 (b) anti-hypertensive agents such as (i) diuretics, such as thiazides, including chlorthalidone, chlorthiazide, dichlorophenamide, hydroflumethiazide, indapamide, and hydrochlorothiazide; loop diuretics, such as bumetanide, ethacrynic acid, furosemide, and torsemide; potassium sparing agents, such as amiloride, and triamterene; and aldosterone antagonists, such as spironolactone, epi renone, and the like; (ii) beta-adrenergic blockers such as acebutolol, atenolol,  
10 betaxolol, bevantolol, bisoprolol, bopindolol, carteolol, carvedilol, celiprolol, esmolol, indenolol, metaprolol, nadolol, nebivolol, penbutolol, pindolol, propanolol, sotalol, tertatolol, tilisolol, and timolol, and the like; (iii) calcium channel blockers such as amlodipine, aranidipine, azelnidipine, barnidipine, benidipine, bepridil, cinaldipine, clevidipine, diltiazem, efonidipine, felodipine, gallopamil, isradipine, lacidipine, lemildipine, lercanidipine, nicardipine, nifedipine, nilvadipine, nimodepine, nisoldipine,  
15 nitrendipine, manidipine, pranidipine, and verapamil, and the like; (iv) angiotensin converting enzyme (ACE) inhibitors such as benazepril; captopril; cilazapril; delapril; enalapril; fosinopril; imidapril; losinopril; moexipril; quinapril; quinaprilat; ramipril; perindopril; perindopril; quanipril; spirapril; tenocapril;trandolapril, and zofenopril, and the like; (v) neutral endopeptidase inhibitors such as omapatrilat, cadoxatril and ecadotril, fosidotril, sampatrilat, AVE7688, ER4030, and the like; (vi)  
20 endothelin antagonists such as tezosentan, A308165, and YM62899, and the like; (vii) vasodilators such as hydralazine, clonidine, minoxidil, and nicotynil alcohol, and the like; (viii) angiotensin II receptor antagonists such as candesartan, eprosartan, irbesartan, losartan, prazosartan, tasosartan, telmisartan, valsartan, and EXP-3137, FI6828K, and RNH6270, and the like; (viii)  $\alpha/\beta$  adrenergic blockers as nipradilol, arotinolol and amosulalol, and the like; (x) alpha 1 blockers, such as terazosin, urapidil,  
25 prazosin, bunazosin, trimazosin, doxazosin, naftopidil, indoramin, WHIP 164, and XEN010, and the like; and (xi) alpha 2 agonists such as lofexidine, tiamenidine, moxonidine, rilmenidine and guanobenz, and the like.

36. A method of preventing diabetes in a subject in need thereof  
30 comprising administration to said subject  
(a) a prophylactically effective amount of a NPY5 antagonist of Formula I or II:



(I)

or



(II)

and pharmaceutically acceptable salts and esters thereof, wherein

5 Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- 10 (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- 15 (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- 20 (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxy carbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

25 Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- 30 (a) halogen,

- 5 (b) cyano,  
 (c) lower alkyl,  
 (d) halo(lower)alkyl,  
 (e) hydroxy(lower)alkyl,  
 (f) hydroxy,  
 (g) lower alkoxy,  
 (h) halo(lower)alkoxy,  
 (i) lower alkylamino,  
 (j) di-lower alkylamino,  
 10 (k) lower alkanoyl, and  
 (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- 15 (1) nitrogen, and  
 (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- 20 (a) halogen,  
 (b) lower alkyl,  
 (c) hydroxy, and  
 (d) lower alkoxy, and

wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- 25 (1) nitrogen, and  
 (2) methine; and

Y is selected from the group consisting of

- (1) imino, unsubstituted or optionally substituted with lower alkyl, and  
 (2) oxygen; and

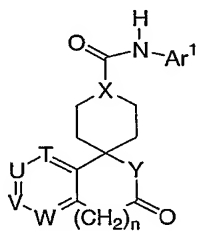
- 30 (b) a prophylactically effective amount of an anti-diabetic agent selected from the group consisting of:

- (1) a sulfonylurea;  
 (2) a meglitinide;  
 (3) an  $\alpha$ -amylase inhibitor;  
 (4) an  $\alpha$ -glucoside hydrolase inhibitor;  
 35 (5) a PPAR $\gamma$  agonist;  
 (6) a PPAR  $\alpha/\gamma$  agonist;

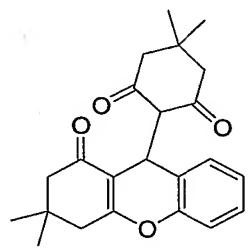
- (7) a biguanide;
- (8) glucagon-like peptide 1 agonist;
- (9) a protein tyrosine phosphatase-1B inhibitor;
- (10) a dipeptidyl peptidase IV inhibitor;
- 5 (11) an insulin secreatagogue;
- (12) a fatty acid oxidation inhibitor;
- (13) an A2 antagonist;
- (14) a c-jun amino-terminal kinase inhibitor;
- (15) insulin;
- 10 (16) an insulin mimetic;
- (17) a glycogen phosphorylase inhibitor;
- (18) a VPAC2 receptor agonist; and
- (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof.

37. A method of preventing a diabetes-related disorder in a subject in need thereof comprising administration to said subject  
(a) a prophylactically effective amount of a NPY5 antagonist of Formula I or II:



or



(I)

(II)

and pharmaceutically acceptable salts and esters thereof, wherein Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- 25 (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- 30 (c) lower alkyl,

- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxycarbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) cyano,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- (d) lower alkoxy, and

5 wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

Y is selected from the group consisting of

- 10 (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- (2) oxygen; and

(b) a prophylactically effective amount of an anti-diabetic agent selected from the group consisting of:

- (1) a sulfonylurea;
- (2) a meglitinide;
- 15 (3) an  $\alpha$ -amylase inhibitor;
- (4) an  $\alpha$ -glucoside hydrolase inhibitor;
- (5) a PPAR $\gamma$  agonist;
- (6) a PPAR  $\alpha/\gamma$  agonist;
- (7) a biguanide;
- 20 (8) glucagon-like peptide 1 agonist;
- (9) a protein tyrosine phosphatase-1B inhibitor;
- (10) a dipeptidyl peptidase IV inhibitor;
- (11) an insulin secreatagogue;
- (12) a fatty acid oxidation inhibitor;
- 25 (13) an A2 antagonist;
- (14) a c-jun amino-terminal kinase inhibitor;
- (15) insulin;
- (16) an insulin mimetic;
- (17) a glycogen phosphorylase inhibitor;
- 30 (18) a VPAC2 receptor agonist; and
- (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof.

38. The method according to Claim 37 wherein the diabetes-related disorder is selected from  
 35 the group consisting of: hyperglycemia, impaired glucose tolerance, glucose intolerance, insulin resistance syndrome, obesity, dyslipidemia, hyperlipidemia, hypertriglyceridemia, hypercholesterolemia,

low HDL levels, high LDL levels, atherosclerosis, vascular restenosis, irritable bowel syndrome, inflammatory bowel disease, Crohn's disease, ulcerative colitis, other inflammatory conditions, pancreatitis, abdominal obesity, neurodegenerative disease, retinopathy, neoplastic conditions, adipose cell tumors, adipose cell carcinomas, such as liposarcoma, prostate cancer and other cancers, including  
5 gastric, breast, bladder, kidney and colon cancers, angiogenesis, Alzheimer's disease, psoriasis, high blood pressure, metabolic syndrome, polycystic ovary syndrome, and other disorders where insulin resistance is a component.

39. The method according to Claim 37 wherein the diabetes-related disorder is selected from  
10 the group consisting of hyperglycemia, impaired glucose tolerance, obesity, dyslipidemia, hyperlipidemia, hypertriglyceridemia, hypercholesterolemia, low HDL levels, high LDL levels, atherosclerosis, and metabolic syndrome.

40. The method according to Claim 39 wherein the diabetes-related disorder is metabolic  
15 syndrome.

41. A method of preventing cardiac hypertrophy comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject in need of such treatment.

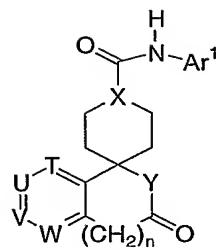
42. A method of preventing diabetes while mitigating the cardiac hypertrophy side effect  
20 associated with PPAR  $\gamma$  agonist treatment comprising administration of a therapeutically effective amount of a NPY5 antagonist, or a pharmaceutically acceptable salt thereof, and a therapeutically effective amount of a PPAR  $\gamma$  agonist, or a pharmaceutically acceptable salt thereof, to a subject in need of such treatment.

43. The method according to Claim 42 wherein the cardiac hypertrophy side effect is left  
25 ventricular hypertrophy.

44. A method of preventing obesity comprising administration of a therapeutically effective  
30 amount of a composition of Claim 1 to a subject at risk thereof.

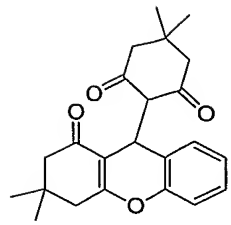
45. A method of preventing an obesity-related disorder comprising administration of a therapeutically effective amount of a composition of Claim 1 to a subject at risk thereof.

46. The use of  
35 (a) a therapeutically effective amount of a NPY5 antagonist of Formula I or II:



(I)

or



(II)

and pharmaceutically acceptable salts and esters thereof, wherein

5 Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- 10 (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- 15 (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- 20 (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxycarbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

25 Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- 30 (a) halogen,



- (b) cyano,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- (d) lower alkoxy, and

wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

Y is selected from the group consisting of

- (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- (2) oxygen; and

(b) a therapeutically effective amount of an anti-diabetic agent selected from the group consisting of:

- (1) a sulfonylurea;
- (2) a meglitinide;
- (3) an  $\alpha$ -amylase inhibitor;
- (4) an  $\alpha$ -glucoside hydrolase inhibitor;
- (5) a PPAR $\gamma$  agonist;
- (6) a PPAR  $\alpha/\gamma$  agonist;

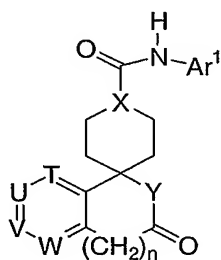
- (7) a biguanide;  
 (8) glucagon-like peptide 1 agonist;  
 (9) a protein tyrosine phosphatase-1B inhibitor;  
 (10) a dipeptidyl peptidase IV inhibitor;  
 5 (11) an insulin secretagogue;  
 (12) a fatty acid oxidation inhibitor;  
 (13) an A2 antagonist;  
 (14) a c-jun amino-terminal kinase inhibitor;  
 (15) insulin;  
 10 (16) an insulin mimetic;  
 (17) a glycogen phosphorylase inhibitor;  
 (18) a VPAC2 receptor agonist; and  
 (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof;

15 for the manufacture of a medicament useful for the treatment of diabetes or a diabetes-related disorder in a subject in need of such treatment.

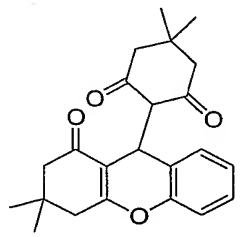
47. The use according to Claim 46 wherein the diabetes-related disorder associated is metabolic syndrome.

20 48. The use of  
 (a) a therapeutically effective amount of a NPY5 antagonist of Formula I or II:



(I)

or



(II)

25 and pharmaceutically acceptable salts and esters thereof, wherein Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and  
 (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxycarbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) cyano,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- (d) lower alkoxy, and

wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

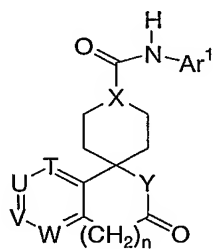
Y is selected from the group consisting of

- (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- (2) oxygen; and

(b) a therapeutically effective amount of a PPAR  $\gamma$  agonist, and pharmaceutically acceptable salts and esters thereof;

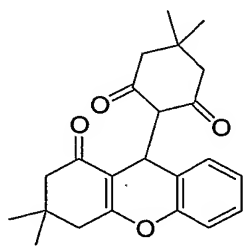
for the manufacture of a medicament useful for the treatment of diabetes while mitigating cardiac hypertrophy in a subject in need of such treatment.

49. The use of an NPY5 antagonist of Formula I or II



(I)

or



(II)

and pharmaceutically acceptable salts and esters thereof, wherein

Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and
- (2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- 5 (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- 10 (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- (k) carboxyl,
- (l) lower alkanoyl,
- 15 (m) lower alkoxycarbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- 20 (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from the group consisting of:

- (a) halogen,
- (b) cyano,
- 25 (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- 30 (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

35 n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected  
5 from the group consisting of

- (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- (d) lower alkoxy, and

10 wherein at least two of T, U, V, and W are methine;

X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

Y is selected from the group consisting of

- 15 (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- (2) oxygen;

and an anti-diabetic agent selected from the group consisting of:

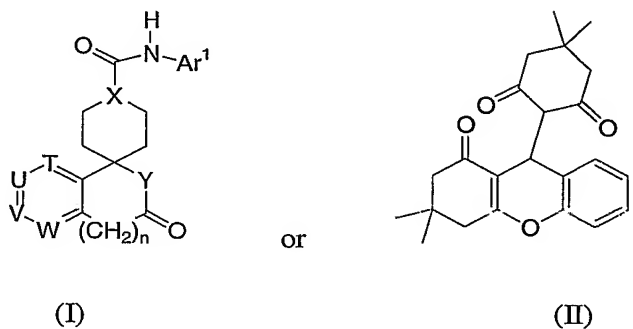
- (1) a sulfonylurea;
- (2) a meglitinide;
- 20 (3) an  $\alpha$ -amylase inhibitor;
- (4) an  $\alpha$ -glucoside hydrolase inhibitor;
- (5) a PPAR $\gamma$  agonist;
- (6) a PPAR  $\alpha/\gamma$  agonist;
- (7) a biguanide;
- 25 (8) glucagon-like peptide 1 agonist;
- (9) a protein tyrosine phosphatase-1B inhibitor;
- (10) a dipeptidyl peptidase IV inhibitor;
- (11) an insulin secreatagogue;
- (12) a fatty acid oxidation inhibitor;
- 30 (13) an A2 antagonist;
- (14) a c-jun amino-terminal kinase inhibitor;
- (15) insulin;
- (16) an insulin mimetic;
- (17) a glycogen phosphorylase inhibitor;
- 35 (18) a VPAC2 receptor agonist; and
- (19) a glucokinase activator;

and pharmaceutically acceptable salts and esters thereof;

for the manufacture of a medicament for treatment of diabetes or a diabetes-related disorder which comprises an effective amount of NPY5 antagonist of Formula I or II and an effective amount of anti-diabetic agent, together or separately.

5

50. The use of an NPY5 antagonist of Formula I or II



10 and pharmaceutically acceptable salts and esters thereof, wherein

Ar<sup>1</sup> is selected from the group consisting of:

- (1) aryl, and  
(2) heteroaryl,

wherein the aryl and heteroaryl groups are unsubstituted or optionally substituted with a substituent

15 selected from the group consisting of:

- (a) halogen,
- (b) nitro,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- (e) hydroxy(lower)alkyl,
- (f) cyclo(lower)alkyl,
- (g) lower alkenyl,
- (h) lower alkoxy,
- (i) halo(lower)alkoxy,
- (j) lower alkylthio,
- (k) carboxyl,
- (l) lower alkanoyl,
- (m) lower alkoxycarbonyl,
- (n) lower alkylene optionally substituted with oxo, and
- (o) -Q-Ar<sup>2</sup>;

Ar<sup>2</sup> is selected from the group consisting of

- (1) aryl, and
- (2) heteroaryl,

wherein aryl and heteroaryl are unsubstituted or optionally substituted with a substituent selected from

5 the group consisting of:

- (a) halogen,
- (b) cyano,
- (c) lower alkyl,
- (d) halo(lower)alkyl,
- 10 (e) hydroxy(lower)alkyl,
- (f) hydroxy,
- (g) lower alkoxy,
- (h) halo(lower)alkoxy,
- (i) lower alkylamino,
- 15 (j) di-lower alkylamino,
- (k) lower alkanoyl, and
- (l) aryl;

n is 0 or 1;

Q is selected from the group consisting of a single bond or carbonyl;

20 T, U, V and W are each independently selected from the group consisting of

- (1) nitrogen, and
- (2) methine,

wherein the methine group is unsubstituted or optionally substituted with a substituent selected from the group consisting of

- 25 (a) halogen,
- (b) lower alkyl,
- (c) hydroxy, and
- (d) lower alkoxy, and

wherein at least two of T, U, V, and W are methine;

30 X is selected from the group consisting of

- (1) nitrogen, and
- (2) methine; and

Y is selected from the group consisting of

- (1) imino, unsubstituted or optionally substituted with lower alkyl, and
- 35 (2) oxygen;



and a PPAR  $\gamma$  agonist, and pharmaceutically acceptable salts and esters thereof;  
for the manufacture of a medicament for treatment of diabetes while mitigating  
cardiac hypertrophy which comprises an effective amount of NPY5 antagonist of Formula I or II and an  
effective amount of anti-diabetic agent, together or separately.